

Foster Parent and Relative Caregiver Training

Foundations Training

Individuals who want to continue to learn more or have been initially certified must complete 24 hours of pre-service training, called Foundations training, within 12 months of certification. There are 8 sessions total.

Topics include:

- The importance of birth families
- Child Development and the impact of abuse |
- Behavior management
- How to apply effective child rearing practices
- Discipline vs punishment
- Understanding the effects of abuse, neglect and trauma on children
- Valuing the child's heritage

[How to register for the course - English \(PDF\)](#)

[How to register for the course - Spanish \(PDF\)](#)

Registration occurs in iLearnOregon. At <https://ilearn.oregon.gov>

1. You must create an iLearnOregon account in order to search and register for trainings.
2. Please keep in mind to only enter all required fields (those marked with an *). A confirmation email will be sent to you.
3. Once in iLearn search for the course "CW - Foundations Training - Session 1 (live video conferencing)" in the Search Catalog banner bar.

Please start with Session 1 as it gives introductory information that will be built upon for the remaining sessions.

Each Session # is separate and will need to be searched for in order to register. Example: CW - Foundations Training - Session 2 (live video conferencing); CW - Foundations Training - Session 3 (live video conferencing), etc.

The live/video streamed sessions will be used with the platform Skype for Business.

Skype for Business is a free program and can be accessed anywhere with an Internet connection (via a computer or mobile device). [Installing Skype for Business](#) on your computer/device prior to the session is recommended. We suggest the use of a microphone for participation; text chat features are also enabled.

When you register, you will receive a confirmation email with the link for that live stream session that you can add to your personal calendar.

Instructions on how to [Join a Skype for Business Foundations Training Session](#)

When joining the live stream Foundations Training Session, you will be prompted to enter your name as a guest. Training materials will be emailed to you prior to the start of the session. For any questions about these live stream sessions, you may email FosterFamily.Supports@dhsosha.state.or.us

Information adapted from <https://www.oregon.gov/DHS/CHILDREN/FOSTERPARENT/Pages/Training.aspx>