

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

Education, School Issues

Material Title: **7 Strategies for Developing Capable* Students and Resourceful** ***Responsible, Respectful,**
 Author: H. Stephen and Michael L. Brock Glenn *Books* *1998* *320*

A Proven Program That Helps Every Child Succeed
 The number one goal of every parent and educator is to help children become successful adults. To achieve this goal children must learn self-discipline, responsibility, and judgment—the very same principles that help them become good students. But how do we teach such essential concepts in today's complex and temptation-filled world? Nationally acclaimed educators H. Stephen Glenn and Michael L. Brock are renowned for their Developing Capable People workshops. Here they show you how to help children become more confident, motivated, respectful, and emotionally stable.

Material Title: **8 Magic Keys: Strategies for Students with Fetal Alcohol Spectrum Disorders**
 Author: National Organization on Fetal Alcohol Syndrome *DVDs* *21 minutes*

This 21-minute animated video introduces the topic of Fetal Alcohol Spectrum Disorders (FASD) and demonstrates key strategies that have been proven to help students who experience brain-based disorders become more successful in school and in life. Scenarios depicted in this video represent both secondary and elementary situations. Join Mario as he talks about what it is like to live with an FASD. Mario collects all of the 8 Magic Keys with the support of friends, educators, and his family.

Material Title: **ADD not B.A.D.**
 Author: Audrey Penn *Children's Books* *2003* *33*

Jimmy Jumpingbean and his teacher, Mr. Jugardor, demonstrate to the class why Jimmy's attention deficit disorder makes it hard for him to sit still.

Material Title: **Adoption and the Schools: Resources for Parents and Teachers**
 Author: Lansing Wood and Nancy Ng *Books* *2001* *239 pages*

This book, from "Families Adopting In Response," addresses a wide range of school situations faced by adoptive families including parent-teacher communication, transcultural considerations, Special Education, graduation, older child adoption, and more.

Material Title: **Adoption Awareness in the Schools (Non-Return Information Packet)**
 Author: *Non-Return Items* *N/A*

Educational packet used by adoptive families to help educate school professionals on issues faced by and related to adopted children. Packet includes several handouts and resources teachers can use when developing their curriculum. Packet includes a 16-minute video (description follows):

Through conversations with adopted children, their families, and education professionals, this video demonstrates ways to address family issues in the classroom that are helpful to adopted children and respectful of their unique sensibilities. It focuses on three observations: certain class assignments can be traumatic for adopted children; adoptive families need teachers as partners; and certain adoption terms can be painful to adopted children and their families.

Material Title: **Adoption: Making it Last (DVD)**
 Author: U.S. Department of Health and Human Services *DVDs* *16 minutes*

This DVD provides a realistic look at frustrations and exhaustion adoptive parents frequently experience. It addresses grief and loss, attachment, anger, aggressiveness, and out-of-control behaviors, emphasizing the need for school advocacy, medical referrals, crisis intervention, support groups, respite care, and therapy by adoption-savvy professionals. It validates kids' feelings of anger and confusion over their situations, gives permission to continue to love one's birth family, and reinforces the idea that making the adoption last is the responsibility of all family members.

Material Title: **Adoption: Making It Last (VHS)**
 Author: U.S. Department of Health and Human Services *Videotapes* *16 minutes*

This video provides a realistic look at frustrations and exhaustion adoptive parents frequently experience. It addresses grief and loss, attachment, anger, aggressiveness, and out-of-control behaviors, emphasizing the need for school advocacy, medical referrals, crisis intervention, support groups, respite care, and therapy by adoption-savvy professionals. It validates kids' feelings of anger and confusion over their situations, gives permission to continue to love one's birth family, and reinforces the idea that making the adoption last is the responsibility of all family members.

Education, School Issues

Material Title: **Advanced Parenting: Understanding Trauma and Activities That Heal (CD)**
Author: Kay Dechario and Kelly Winters *CDs* 8/6/2011 15 minutes

Presented by Kay Dechario and Kelly Winters of the Center for Child and Family Therapy, Colorado at the 37th NACAC Conference 2011 in Denver, Colorado. This session offers an overview of trauma (definitions, causes, and current perspectives) while focusing on issues that affect adoptive families. The presenters will cover behavioral challenges, school difficulties, and family regulation, and will present activities that enrich attachment, and brain development, and create change. Attendees will be able to begin implementing tools immediately.

Material Title: **Ayuda Para Billy [Help for Billy]**
Author: Heather Forbes *Libros en español* 2018 229

"Ayuda para Billy" es un manual pragmático que ayuda a guiar a las familias y a los educadores que están trabajando con niños que han enfrentado el trauma. El libro por Heather Forbes, basado en los conceptos de la neurociencia de las emociones y el comportamiento, provee estrategias lógicas, comprensivas, y detalladas para educadores y padres. Este libro es fácil de leer y explica y ayuda a comprender la verdadera naturaleza en cuando a las experiencias que afectan el cerebro y el aprendizaje. Es un libro vital para cualquier persona que trabaja con niños en la sala de la escuela.

"Help for Billy" is a pragmatic manual to help guide families and educators who are struggling with traumatized children. Based on the concept of the neuroscience of emotions and behavior, Heather Forbes provides detailed, comprehensive, and logical strategies for teachers and parents. This easy to read book, with tables, outlines and lists, clears the way for a better understanding of the true nature regarding traumatic experiences affecting the brain and learning. It is a must read for anyone working with a child in the classroom.

Material Title: **Brain, The: Effects of Childhood Trauma (VHS)**
Author: Bruce Perry *Videotapes* 2002 29 minutes

Trauma in childhood can have devastating effects on the developing brain. Current research confirms that trauma can activate various systems in the brain that actually change neuron response and cognitive pathways. Children who experience on-going high levels of arousal due to trauma will develop systems in their brains that cause them to be constantly hyper-aroused and hyper-vigilant. These changes can result in severe problems for children, adolescents, and adults in learning ability, mood, bonding, and attachment, and in problem-solving. ("Understanding Childhood Trauma" Series Part 3.)

Material Title: **Building Bridges: Improving Educational Outcomes for Foster and Adopted Children and Teens (CD)**
Author: NACAC Conference 2006 CD *CDs* 2006 90 minutes

The Iowa Foster and Adoptive Parents Association, in partnership with Casey Family Programs, developed the "Building Bridges" curriculum to address the challenges foster and adopted youth face in the schools. "Building Bridges" has two components: teaching foster and adoptive parents to advocate for their children in the schools, and informing school personnel about issues facing foster and adoptive youth. This workshop will help you develop a similar low-cost program in your state.

Material Title: **Bully, the Bullied, and the Bystander, The: From Preschool to High School - How Parents and Teachers Can Help Break the Cycle of Violence**
Author: Barbara Coloroso *Books* 2003 203 pages

Everything you always wanted to know about bullying but were afraid you'd get beat up if you asked. This book examines bullying from a number of fresh angles – different types, how to recognize it, how to protect your child, etc – and contains a strong focus on bullying at school and what to do about it.

Material Title: **Challenging Behaviors in Young Children: Techniques and Solutions (DVD)**
Author: DVD *DVDs* 2006 50 min

This insightful DVD gives educators and parents the ability to observe firsthand the techniques used by teachers, in a state of the art preschool and research facility, effectively managing children with challenging behaviors. The esteemed authors from the book, "Challenging Behaviors in Early Childhood Setting; Creating a Place for All Children" offer their expert advice, which is then implemented in the classroom.

Material Title: **Common Sense Parenting: Helping Kids Succeed in School (DVD)**
Author: DVD *DVDs* 2008 27 minutes

This DVD shows what parents can do at home and in partnership with the school to help kids succeed at school. At home, you can encourage your child to read, be positive about school activities, establish a time, place, and rules conducive to doing homework, and ask for tutoring help if needed. This DVD also gives tips on what you can do to help children improve their behavior, follow the school's code of conduct, and meet teacher's expectations. Finally, learn how to stay informed of your child's progress, work cooperatively with school staff to resolve problems, and enlist teachers and administrators as partners in helping your child.

Education, School Issues

Material Title: **Common Sense Parenting; A Proven, Step-by-Step Guide for Raising Responsible Kids and Building Happy Families**

Author: Ray Burke, Ph.D. & Ron Herron *Books* 1996 216

This book presents effective parenting techniques that have been taught in classes worldwide and proven in thousands of homes.

Topics include setting clear expectations, giving positive and negative consequences for behavior, staying calm, teaching self-control, using Effective Praise and Preventive and Corrective Teaching, helping children make decisions and solve problems, reaching goals with charts and contracts, and teaching social skills. Also provided are strategies for dealing with the influence of the media, peer pressure, and problems in school. You will read examples, sample behavior charts, and step-by-step breakdowns of 16 valuable social skills.

Material Title: **Creating Responsive Learning Environments At School & At Home; Featuring Lisa Allen, MA (Audio)**

Author: Robyn Gobbel *CDs* 1h 21min

I once heard schools described as the "final frontier" when it comes to shifting the paradigm for children with complex trauma and toxic in their histories. We've come a long way but there is still SO MUCH TO DO when it comes to supporting our educators so they can support their students - allowing them to thrive.

Join my guest Lisa Allen and me for a conversation about creating responsive learning environments that reduce the chaos and restore the calm when problem-solving challenging behaviors in school-aged children. Lisa will walk us through three examples of how using responsive, trauma-informed practices can positively affect child success in a school or home setting.

Through participation in this webinar you will:

1. Understand the Role & Guiding Principles of a Learning Environment Coordinator
 2. Understand the Role of a Peace Room in a Responsive Elementary School
 3. Hear examples of child-specific problem-solving and school-wide initiatives to address challenging behaviors in school-aged children.
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Material Title: **Creating Responsive Learning Environments At School & At Home; Featuring Lisa Allen, MA (DVD)**

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Education, School Issues

Material Title: **Education and Trauma: Making Sense of Our Complex Children (DVD)**
Author: Dr. Ronald Federici and Heather T. Forbes *DVDs* 2012 42 minutes

Trauma can have an impact on the brain, compromising a child's focus, memory, and ability to retain, retrieve, and organize information. It can negatively impact a child's memory, speech, language, problem solving skills, and informational processing. In this series, Dr. Federici discusses how to best educate children who may present with typical behavioral or learning issues but need to be addressed from a trauma perspective in order to reach their full learning potential.

Material Title: **Failing at Fairness: How Our Schools Cheat Girls**
Author: Myra Sadker and David Sadker *Books*

Material Title: **Family Diversity in Education: Foster Care, Kinship Care, Adoption and the Schools (2 CDs)**
Author: Shelly Linenberger and Emily Tracy *CDs* 8/6/2011 30 minutes

Presented by Shelly Linenberger & Emily Tracy of The Adoption Exchange, Colorado at the 37th NACAC Conference 2011 in Denver, Colorado. Children in adoptive, foster, and kinship families have unique experiences and needs—often founded on separation, grief, loss, and trauma. These needs and experiences can negatively affect their development and ability to learn and feel safe in a school setting. Families and child advocates can educate the schools and partner with them to reduce potentially traumatic school assignments, uncaring remarks, educational gaps, and conflicts.

Material Title: **Family Diversity in the Classroom: The Adopted Child (VHS)**
Author: Arizona's Children Association *Videotapes* 19 minutes

Through conversations with adopted children, their families, and education professionals, this video demonstrates ways to address family issues in the classroom that are helpful to adopted children and respectful of their unique sensibilities. It focuses on three observations: certain class assignments can be traumatic for adopted children; adoptive families need teachers as partners; and certain adoption terms can be painful to adopted children and their families.

Material Title: **Family Diversity in the Classroom: The Adopted Child-DVD**
Author: ORPARC *DVDs* 1990 20

Through conversations with adopted children, their families, and education professionals, this video demonstrates ways to address family issues in the classroom that are helpful to adopted children and respectful of their unique sensibilities. It focuses on three observations: certain class assignments can be traumatic for adopted children; adoptive families need teachers as partners; and certain adoption terms can be painful to adopted children and their families.

Material Title: **Foster Care Children; A Guide for Parents and Teachers**
Author: Anita and Richard Brozovich and Linda Chase Bosky *Books* 2000 101

This booklet is written to acquaint interested persons with issues related to foster care in the hope that several positive things will occur:

-Potential foster care families and individuals will be able to make an informed decision about applying to become foster parents.

-School personnel and other agency personnel will better understand issues related to foster children.

-Individuals involved in foster care can use some of the ideas and procedures discussed in the booklet to add to the positive things they contribute to the care of foster children.

Material Title: **Fundamentals of Home-Schooling: Notes on Successful Family Living**
Author: Ann Lahrson-Fisher *Books* 2003 382 pages

This book offers insight to help parents learn how to nurture joyful learning through play, encourage through conversation, nourish student interest and a love for learning, enjoy a satisfying homeschooling lifestyle, and launch their students into college, work, and adulthood.

Material Title: **Help for Billy**
Author: Heather T. Forbes, LCSW *Books* 2012 198 pages

"Help for Billy" is a pragmatic manual to help guide families and educators who are struggling with traumatized children. Based on the concept of the neuroscience of emotions and behavior, Heather Forbes provides detailed, comprehensive, and logical strategies for teachers and parents. This easy to read book, with tables, outlines and lists, clears the way for a better understanding of the true nature regarding traumatic experiences affecting the brain and learning. It is a must read for anyone working with a child in the classroom.

Education, School Issues

Material Title: **Help for Billy Live: Creating Trauma-Informed Schools (DVD)**
Author: Heather Forbes, LCSW *DVDs* 2016 32 minutes

In this 4-disc collection, Heather guides viewers through her trauma-informed model and brings her book, *Help For Billy*, to life through roleplays, video clips, anecdotes from her years of professional experience, and open Q&A from the audience. Her multi-media presentation along with her light and humorous presentation style makes this DVD not only educational to watch but fun and entertaining.

Heather's trauma-informed approach to meeting the educational needs of our most challenging students (who Heather affectionately refers to the "Billys" of the classroom) will help you understand why students do the things they do from a developmental trauma perspective. Yet more importantly, you will be given the tools you need in order to help the Billys of your school or classroom work through their trauma in a safe, communicative, and caring way so they can reach their full academic potential. This DVD set will restore your hope that there is a way to help your trauma-impacted students. It will also equip and empower you to become your very best when facing the challenges the "Billys" of your classroom present to you on a daily basis.

Material Title: **How To Do Homework Without Throwing Up* (Children's Materials)**
Author: Trevor Romain *Children's Books* 1997 67 pp

Targeted at elementary and middle school children, this book emphasizes the importance of doing your homework. Through the use of jokes and cartoons, it teaches valuable homework skills such as how to make a homework schedule, how to get help with your homework, and especially how to get excited and motivated about doing it.

Material Title: **How to Help Your Child with Homework: Every Caring Parent's Guide to Encouraging Good Study Habits and Ending the Homework Wars, For Parents of Children Ages 6-13**
Author: Marguerite C. Radencich *Books* 1996 208

This well-written, informative book is essential reading for parents. The authors have provided a sound basis for dealing with homework questions and problems. The section on troubleshooting deals with organization, preparing for tests, and handling disagreements with teachers. The rest of the work is divided into chapters for each subject area. Concrete ideas and examples are given. Every chapter also contains a series of questions often asked by parents. The answers are straightforward and practical. The final chapter contains a number of worksheet masters.

Material Title: **How to Prepare Your Child for Kindergarten**
Author: Florence Karnofsky and Trudy Weiss *Books* 1993 77 pages

Material Title: **How to Talk So Kids Can Learn At Home and in School**
Author: Adele Faber *Books* 1995 266 pages

This book offers parents and teachers unique strategies, down-to-earth dialogue, and interesting cartoons to help them help school age children handle the everyday problems that interfere with learning.

Material Title: **Identifying and Responding to Trauma: Ages Six to Adolescence (DVD)**
Author: Dr. Bruce Perry *DVDs* 2002 29 minutes

Misdiagnosed characteristics of trauma are typically gender related, with boys who are hyperactive and act out and girls who dissociate and withdraw. An accurate assessment of the problem is critical to the success of intervention. Common trauma-related problems for adolescents also include learning difficulties, test anxiety, difficulty in forming relationships, difficulty with authority figures, substance abuse, acquiescence to abuse, and violent behavior. This video emphasizes the role of school and community in healing from trauma.

Material Title: **I'm Chocolate, You're Vanilla: Raising Healthy Black and Biracial Children in a Race-Conscious World**
Author: Marguerite A. Wright *Books* 1998 264 pages

This book is intended to teach parents and educators of black and biracial children how to reduce racism's impact on a child's development "from preschool through adolescence" and, in doing so, to raise emotionally healthy children. It is divided into three parts; "That Magical Place: Race Awareness in the Preschool Years;" "The Waning of Racial Innocence: The Early School Years;" and "Reality Bites: Race Awareness in Middle Childhood and Adolescence."

Education, School Issues

Material Title: **Inside I'm Hurting: Practical Strategies for Supporting Children with Attachment Difficulties in School**
Author: Louise Bomber *Books* 2007 320

Inside I'm Hurting provides educational professionals with a much-needed classroom handbook of new strategies, practical tools and the confidence for supporting these children from an attachment perspective, thus promoting inclusion in the school system. Contents include: how attachment difficulties can affect a child's ability to learn; providing an 'additional attachment figure' in schools; the benefits and challenges of getting alongside children who have experienced trauma and loss; transitions during the school day; permanency and constancy; being explicit; regulating arousal levels; handling conflict; wondering aloud; lowering the effects of shame; working with transition from primary to secondary phase; developing effective home/school partnership (includes a photocopyable initial meeting prompt card); providing staff support; recommendations for future action.

Material Title: **Learning How to Learn: Getting into and Surviving College when you have a Learning Disability**
Author: Joyanne Cobb *Books* 2003 138

Written for high school and college students with learning disabilities, this thorough practical manual steers students through the process of preparing for college, choosing the right school, and succeeding academically.

Material Title: **Lost at School: Why Our Kids with Behavioral Challenges Are Falling Through the Cracks and How We Can Help Them**
Author: Ross W. Greene *Books* 2008 286

Dr. Greene describes how his road-tested, evidence-based approach -- called Collaborative Problem Solving -- can help challenging kids at school.

Includes:

- tools to identify the triggers and lagging skills underlying challenging behavior.
- explicit guidance on how to radically improve interactions with challenging kids -- along with many examples showing how it's done.
- dialogues, Q & A's, and the story, which runs through the book, of one child and his teachers, parents, and school.
- practical guidance for successful planning and collaboration among teachers, parents, administrations, and kids.

Backed by years of experience and research, and written with a powerful sense of hope and achievable change, Lost at School gives teachers and parents the realistic strategies and information to impact the classroom experience of every challenging kid.

Material Title: **Lucy's Family Tree* (Children's Materials)**
Author: Karen Halvorsen Schreck *Children's Books* 2001 39 pages

In this illustrated older child's book, Lucy's family doesn't "match" and being different bothers her. A family tree project at school brings Lucy's feelings about her adoption into the open, and she begins to explore what really makes a family. As she comes to understand that being different is part of life, Lucy finds a way to make a family tree that celebrates her past as well as her present.

Material Title: **Me and My Families: A Handbook on Adoption and Foster Care for School Professionals**
Author: Lynne Edwards & Sheelah Sodhi *Books* 1992 19 pages

This booklet for teachers and other school personnel is intended to help educators create a learning environment that is sensitive to the needs of all children while attending to the particular needs of adopted and foster children. In each of seven chapters it describes an issue, classroom situations that raise the issue, suggested responses, and messages children need to hear when we respond to the issue.

Education, School Issues

Material Title: **Mindfulness in the Classroom: Strategies for Promoting Concentration, Compassion, and Calm**
Author: Thomas Armstrong *Books* 2019 160

In today's schools, students and teachers feel unprecedented—even alarming—levels of stress. How can we create calmer classrooms in which students concentrate better and feel more positive about themselves and others? Author Thomas Armstrong offers a compelling answer in the form of mindfulness, a secular practice he defines as the intentional focus of one's attention on the present moment in a nonjudgmental way.

In *Mindfulness in the Classroom*, Armstrong

- Explains how mindfulness affects the structure and function of the brain.
- Provides an overview of mindfulness as both a personal practice and a classroom methodology that aligns with such educational models as Social and Emotional Learning (SEL), Positive Behavioral Intervention and Supports (PBIS), and Universal Design for Learning (UDL).
- Shares and explains the extensive research that shows the positive effects of mindfulness practices in the classroom.
- Describes how to adapt mindfulness for different grade levels, integrate it into regular school subjects, and implement it schoolwide.
- Offers guidelines for teaching mindfulness responsibly, without religious overtones.

Dozens of observations from teachers, students, researchers, and practitioners provide striking evidence of the power of mindfulness and offer hope to anyone who wants to make classrooms more productive places of learning.

Material Title: **Mislabeled Child, The**
Author: Brock Eide, M.D. and Eide, Fernette, M.D. *Books* 2007 510 pages

For parents, teachers, and other professionals seeking practical guidance about ways to help children with learning problems, this book provides a comprehensive look at learning differences ranging from dyslexia to dysgraphia, to attention problems, to giftedness.

In *The Mislabeled Child*, the authors describe how a proper understanding of a child's unique brain-based strengths can be used to overcome many different obstacles to learning. They show how children are often mislabeled with diagnoses that are too broad (ADHD, for instance) or are simply inaccurate. They also explain why medications are often not the best ways to help children who are struggling to learn. The authors guide readers through the morass of commonly used labels and treatments, offering specific suggestions that can be used to help children at school and at home.

This book offers extremely empowering information for parents and professionals alike. *The Mislabeled Child* examines a full spectrum of learning disorders, from dyslexia to giftedness, clarifying the diagnoses and providing resources to help. The Eides explain how a learning disability encompasses more than a behavioral problem; it is also a brain dysfunction that should be treated differently.

Material Title: **Neurodiversity in the Classroom: Strength-Based Strategies to Help Students with Special Needs Succeed in School and Life**
Author: Thomas Armstrong *Books* 2012 184

A new concept on human diversity has emerged over the past 10 years that promises to revolutionize the way educators provide services to students with special needs: neurodiversity. Just as we celebrate diversity in nature and cultures, so too do we need to honor the diversity of brains among our students who learn, think, and behave differently. In *Neurodiversity in the Classroom*, best-selling author Thomas Armstrong argues that we should embrace the strengths of such neurodiverse students to help them and their neurotypical peers thrive in school and beyond.

This innovative book focuses on five categories of special needs: learning disabilities, attention deficit hyperactivity disorder, autism, intellectual disabilities, and emotional and behavioral disorders. For each category, Armstrong provides an in-depth discussion of

- * The positive attributes associated with that category,
- * Acclaimed neurodiverse adults who have excelled in their chosen fields,
- * Computer programs and applications that allow students with special needs to overcome obstacles and achieve success,
- * Rich networks of human resources both inside and outside of school that educators can draw upon to support the social and emotional lives of neurodiverse students,
- * Innovative learning strategies that are tailored to each student's unique strengths,
- * Future career paths for which a student's particular gifts might be a good fit,
- * Modifications in the school environment that allow for seamless inclusion of neurodiverse students in the regular classroom, and
- * Timely information about how to integrate the strategies and assessments for each category with the Common Core State Standards.

It's time that we focused on celebrating rather than pathologizing our students with special needs so that they can fully realize their potential in school and life. This practical and thought-provoking book will inspire teachers and administrators everywhere to make sure that all students with special needs get the support and strength-based instruction they deserve.

Education, School Issues

Material Title: **Organized Student, The: Teaching Children the Skills for Success in School and Beyond**
Author: Donna Goldberg *Books* 2005 246 pages

Here are hands-on strategies to help parents identify and teach organizational skills – assessments about your child's learning style, study habits, and school requirements; guidelines for taming that overstuffed binder and keeping it under control; a 4-step plan for purging and reassembling a backpack or locker; instructions for organizing an at-home work space; special tips for kids with learning disabilities.

Material Title: **Playground Politics: Understanding the Emotional Life of Your School-Age Child**
Author: Stanley I. Greenspan *Books* 8/31/1994 315 pages

Playground Politics is the first book to look at the neglected middle years of childhood--from kindergarten to junior high--and to help parents understand the enormous emotional challenges these children are facing. In witty, vivid stories, Dr. Greenspan brings to life the major emotional milestones of these years, when children move from the shelter of the family to the harsh rivalries of "playground politics," and toward an independent self image. His empathy for the turmoil children bring home from school, and for the parents who try to help, is deep and reassuring.

Material Title: **Power of the Adolescent Brain, The; Strategies for Teaching Middle and High School Students**
Author: Thomas Armstrong *Books* 2016 176

Thoroughly grounded in current neuroscience research, the book explains what we know about how the adolescent brain works and proposes eight essential instructional elements that will help students develop the ability to think, make healthy choices, regulate their emotions, handle social conflict, consolidate their identities, and learn enough about the world to move into adulthood with dignity and grace.

Material Title: **Quirky Kids: Understanding and Helping Your Child Who Doesn't Fit In - When to Worry and When Not to Worry**
Author: Perri Klass, M.D. and Eileen Costello, M.D. *Books* 2003 360 pages

From the fourth-grade girl who never gets invited to a birthday party because classmates think she's "weird", to the geek who is terrific at math but is failing every other subject, quirky children are different from other kids in ways that they – and their parents – have a hard time understanding. They present a host of challenges that standard parenting books fail to address. Seasoned pediatricians Perri Klass and Eileen Costello provide expert guidance that families with quirky children so desperately need. Illuminating the confusing list of terms often applied to quirky children - from Asperger's Syndrome and "nonverbal learning disability" to "obsessive-compulsive behavior" and Sensory Integration Dysfunction, the authors also discuss various therapy options, coping strategies, and available medications. Most of all, they will help quirky kids lead rich, fulfilling lives at home, at school, even on the playground.

Material Title: **Raising Resilient Rascals Takes Flight! 2010: Disc 2 (DVD)**
Author: DVD *DVDs* 2010 3 hours

Disk 2 DVD includes the following presentations from the Raising Resilient Rascals Takes Flight! 2010 Conference: "Understanding and Building Childhood Executive Functioning," presented by Gwen A. Lewis, Ph.D, A.B.Pd.N; "Enhancing Executive Function," presented by Julia M. Bledsoe, MD; "Panel Discussion: Advocating for your child's school needs."

Material Title: **Reach to Teach: Educating Elementary and Middle School Children with Fetal Alcohol Spectrum Disorders**
Author: Substance Abuse and Mental Health Services Admin *Non-Return Items* 2007 51 pages

Reach To Teach is a resource guide for parents of a child with an FASD and for teachers in elementary and middle schools who work with children who have an FASD. It provides a basic introduction to these disorders and tools to improve communication between parents and teachers. You can download a copy at www.ncadi.samhsa.gov.

Material Title: **Read-Aloud Handbook, The**
Author: Jim Trelease *Books* 2006 292 pages

This book tells you why, how, when, and what to read aloud to your children. The why (it helps your kid, helps your relationship with your kid, and it's fun) is reason enough to make a habit of it. The "how" includes a list of do's, don'ts, tips on luring kids away from TV, etc. When? Now! The what includes a 104 page list of recommended read-aloud books (not all good books are ideal for reading aloud) based on type, topic, and age level.

Material Title: **Rhythms of Learning: Creative Tools for Developing Lifelong Skills**
Author: Chris Brewer *Books* 1991 317 pages

This book details the importance of rhythm and music for self-development and education. Aimed at the teacher or practitioner, it explores scientific discoveries and describes new and old music therapy techniques.

Education, School Issues

Material Title: **Settling to Learn: Settling Troubled Pupils to Learn: Why Relationships Matter in School**
Author: Louise Bomber *Books* 2013 354 pages

The way we teach our pupils and the way we run our schools is under scrutiny right now. In the midst of all the change going on, we often end up losing sight of the educative tool that is the most important of all - ourselves Bomber and Hughes' book gives educators permission to engage with pupils relationally. They provide alternative ways to the kinds of behaviourist models, fear-based approaches and increased levels of power, authority and control still exercised in many schools at present, which disturb already troubled pupils and further prevent them from accessing school. Bomber and Hughes have seen pupil attainment increase through their work in supporting school staff by switching their initial focus to the troubled pupil's attachment system, before engaging the pupil's exploratory (learning) system. The authors also challenge the educational myths that somehow relationships are secondary to learning, rather than essential to enabling troubled children's brains to be freed to work at their full capacity.

Material Title: **Social Skills Activities: for Secondary Students with Special Needs**
Author: Darlene Mannix *Books* 1998

A flexible, ready-to-use activities program to help special students in grades 6-12
The updated new edition of this valuable resource offers an exciting collection of 200 ready-to-use worksheets to help adolescents build the social skills they need to interact effectively with others and learn how to apply these skills to various real-life settings, situations, and problems. The book provides 20 complete teaching units focusing on 20 basic social skills, such as being a good listener, "reading" other people, and using common sense.

Material Title: **Survival Guide for Kids with LD (Learning Differences), The* (Children's Materials)**
Author: Gary Fisher, Phd and Rhoda Cummings, EdD *Children's Books* 2002

What is LD? Why do some kids have LD? Why is it hard for kids with LD to learn? Why do other kids sometimes tease kids with LD? What happens when kids with LD get out of school? If you are a kid with LD, you may have lots of questions like these. This book has many answers. It can help you understand LD better. It can also help you understand yourself better.

Material Title: **Taming the Tornado In Your Classroom and at Home: A Positive Approach to Management & Discipline for Educators & Parents**
Author: Allan Lifson *Books* 1980 214 pages

This book offers parents and teachers ideas for working with hyperactive children. A lot has been learned about hyperactivity in the last two decades, so this shouldn't be used as an introduction to ADHD or related disabilities, but there are practical tips and strategies here that many parents and teachers might find useful in their day-to-day interactions with the "tornadoes" in their lives.

Material Title: **Teaching With Love & Logic: Taking Control of the Classroom**
Author: Jim Fay & David Funk *Books* 1995 364 pages

The "Love and Logic" techniques that Jim Fay and Foster Cline developed for parents is adapted for use by classroom teachers.

Material Title: **Tiptoe into Kindergarten**
Author: Jacqueline Rogers *Children's Books* 1999 40

This story about a preschooler's day in her big brother's kindergarten classroom is now in paperback!

Using oil pastels, watercolors, and inks in a loose and friendly painting style, Jacqueline Rogers lovingly depicts a curious preschooler who tiptoes into a kindergarten classroom. There, the little girl discovers a wonderful world of paints and puzzles, blocks and books.

The rhythmic text and warm, happy environment of TIPTOE INTO KINDERGARTEN welcome children who are fearful of kindergarten as well as those who are eager to begin.

Material Title: **Trauma Informed Approach to Behaviors in the Classroom (Audio)**
Author: Robyn Gobbel *DVDs* 2017 78 minutes

Steeped in science yet easy to understand, this webinar will clearly articulate WHY traditional classroom behavior management systems (level systems, color charts, stop lights, etc.) don't work for children with a history of trauma and what teachers can do instead. This trauma-informed approach uses elements of the familiar color system so your child's teacher doesn't feel overwhelmed at having to start from scratch.

Material Title: **Trauma Informed Approach to Behaviors in the Classroom (Video)**
Author: Robyn Gobbel *DVDs* 2017 78 minutes

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Education, School Issues

Material Title: **Welcome to Kindergarten**
Author: Anne F. Rockwell *Children's Books* 2004 32

Join Tim as he visits his future kindergarten classroom and learns what he will be doing during his first year of school! He'll explore the reading, math, and art centers. Sit at the desk where he will practice writing, counting, and telling time. The classroom may look a little too big at first, but after finding out about all the fun ahead, it doesn't seem too big at all. In fact, it's just the right size.

Material Title: **What Every Parent Needs to Know About 1st, 2nd and 3rd Grades: An Essential Guide to Your Child's Education**
Author: Bickart, Toni S. et al *Books* 1997 141 pages

Taking readers inside the classroom of today's 1st, 2nd, and 3rd graders--and inside the minds of the teachers--this guide shows parents how they can help make their child's learning environment an exciting place where children become thinkers, problem-solvers and self-directed learners.

Material Title: **When the Chips Are Down: Strategies for Improving Children's Behavior (VHS)**
Author: Video *Videotapes* 1997 62 minutes

Richard Lavoie, addressing an audience of parents and teachers at Georgetown University, offers his philosophies and techniques for working positively with children and setting standards they will follow in school and home settings. The video comes with a booklet that summarizes his points.

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*English SDH subtitles available

Material Title: **Your Kid's Gonna Be Okay: Building the Executive Function Skills Your Child Needs in the Age of Attention**
Author: Michael Delman *Books* 2018 236

Your Kid's Gonna Be Okay helps parents understand the critical skills needed for effective self-management and provides specific strategies and tools to help kids become motivated, accountable, and independent. Through engaging stories that illustrate how we all build Executive Function skills, Delman demonstrates how kids can change their habits as they pave their own path toward competence today and confidence in their future. Parents of kids with ADHD or other learning differences - or parents worried about how their child can manage distractions will benefit from Delman's experience as an educator, an Executive Function coach, and as a parent.
