



## Lying, Opposition & Shutting Down: 3 Questions to Ask When Facing These Challenging Behaviors

What if we could solve challenging behaviors by asking ourselves three questions? It really is that simple- though definitely not that easy! Our children's behaviors are simply what we see on the outside that tell us about what's happening on the inside. If we want to fix a behavior, we need to fix what's happening on the inside and stop playing behavior whack-a-mole- maybe one behavior gets fixed but it just pops up somewhere else. This three-hour webinar will teach parents and professionals the three questions to ask when faced with difficult behaviors. Then together we will ask those questions (and answer them!) with three specific behaviors - lying, opposition, and shutting down.

*This training will occur twice: May 7 and May 24*

### About the Presenter

*Robyn Gobbel, LMSW-Clinical, loves coffee, P!NK, and everything about the brain. Once (recently!) her teenager went ballistic on her for getting ANOTHER (glitter!) coffee mug in the mail. Robyn loves cultivating deep, resonant connections with anyone who is up for it, and is especially fond of all the grown-ups in the world who love and care for kids impacted by trauma- helpers, healers, educators, and parents. Her favorite thing ever (besides glittery coffee mugs) is teaching anyone who will listen to harness the power of neuroscience so they can cultivate deep, resonant connections. What would change in the world if we could all do that? To see, be with, feel, and deeply know each other...and ourselves. Robyn thinks everything could change. You can get your hands on all sorts of free resources at [www.RobynGobbel.com](http://www.RobynGobbel.com), including her podcast, "Parenting after Trauma with Robyn Gobbel."*



This training will occur <u>TWICE</u>	Times	Location	Web Address
Friday, May 7, 2021 Monday, May 24, 2021	10:00am-1:00pm 10:00am-1:00pm	Virtual Training Via Zoom	Zoom link will be sent to registered participants

<b>REGISTRATION</b>	<b>Resource parents (adoptive, foster, guardian), Caregivers and Other Community Partners</b>		
	<b>Dates</b>	<b>Register Online</b>	<b>Register by Phone</b>
	Friday, May 7, 2021 Monday, May 24, 2021	<a href="https://conta.cc/3tP2Z0s">https://conta.cc/3tP2Z0s</a> <a href="https://conta.cc/3tMKRV5">https://conta.cc/3tMKRV5</a>	1-800-764-8367
	<b>Oregon DHS Staff</b>		
<a href="https://ilearn.oregon.gov/dl.aspx?id=A8B459D4D5C348F8AB452A723038EA55">https://ilearn.oregon.gov/dl.aspx?id=A8B459D4D5C348F8AB452A723038EA55</a>			

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ORPARC trainings are free-of-charge to DHS/state adoptive, foster and assisted guardianship families, and DHS/SNAC adoption professionals, and other participants as space allows and welcomes attendees of all ethnicities, genders and sexual orientations. Trainings are held in accessible locations. Auxiliary aids and alternative forms of written materials are available to persons with disabilities. Foreign language interpretation is available upon request. Request services two weeks in advance.