

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

Professional Materials

Material Title: **2, 4, 6, 8 This is How We Regulate!; 75 Play Therapy Activities to Increase Mindfulness in Children**
 Author: Tracy Turner-Bumberry *Books* 2018 192

Learning verbal mindfulness strategies can be difficult for children and adolescents, let alone when kids have autism, anxiety, ADHD or other emotional regulation issues. That's why play therapist and counselor, Tracy Turner-Bumberry, LPC, RPT-S, CAS, has created 75 simple, playful and on-point interventions that combines mindfulness, expressive arts and play to help kids achieve greater self-regulation, focus more and stress less.

Material Title: **7 Strategies for Developing Capable* Students and Resourceful** ***Responsible, Respectful,**
 Author: H. Stephen and Michael L. Brock Glenn *Books* 1998 320

A Proven Program That Helps Every Child Succeed

The number one goal of every parent and educator is to help children become successful adults. To achieve this goal children must learn self-discipline, responsibility, and judgment—the very same principles that help them become good students. But how do we teach such essential concepts in today's complex and temptation-filled world?

Nationally acclaimed educators H. Stephen Glenn and Michael L. Brock are renowned for their Developing Capable People workshops. Here they show you how to help children become more confident, motivated, respectful, and emotionally stable.

Material Title: **ADHD in Adolescents: Diagnosis and Treatment**
 Author: Arthur Robin *Books* 1998 435 pages

This book, written for "psychologists, physicians, social workers, educators, and other professionals," is about, not only the facts of the disorder, but also its nature and the proper means of clinically evaluating it. And just as important, if not more so, he tells professionals what to do to be of help to these youth, their families, and their educators.

Material Title: **Adoption and Disruption: Rates, Risks, and Responses**
 Author: Marianne Berry and Richard P. Barth *Books* 1988 220 pages

This book analyzes the personal and social economy values of adoption and the changing characteristics of adoptive children and families, while providing models of psychosocial adjustment to adoption. The implications for child welfare policy and services are explored in depth with special attention to methods for identifying risk factors and to strategies for maintaining adoptions that have been identified as at-risk for disruption.

Material Title: **Adoption and Healing: Proceedings of the international conference on Adoption and Healing**
 Author: New Zealand Adoption and Healing Trust *Books* 1997 352 pages

Until perhaps the 1970s, adoption was generally regarded in Western countries as beneficial to all parties involved. It was seen as a one-off event, after which life for the adopting family was assumed to carry on as normal. Over the past 20 years, this attitude has altered significantly. It has become obvious that adoption is a lifelong process. Although many adoptions have benefited those involved, others, notably some birth mothers and adopted people, have experienced a range of psychological and emotional problems. Some of these problems have commonalities with known areas of treatment, some may require a specific and different approach. This book contains papers presented to an international conference held in June 1997 in Wellington, Aotearoa New Zealand on issues resulting from the adoption experience. The authors include many of the leading professional authorities in the adoption field from Holland, the U.S., the U.K., and Australia, as well as New Zealand.

Material Title: **Adoption and Prenatal Alcohol and Drug Exposure: Research, Policy, and Practice**
 Author: Richard P. Barth *Books* 2000 281 pages

This book contains ten extensive essays from a number of experts in the field. It is organized into three major sections: Research on prenatal alcohol and drug exposure and its implications for adoption; programmatic approaches and practice considerations related to serving substance-exposed children and their adoptive families; and policy issues that bear on adoption planning and services for this vulnerable group of children. It is designed as a resource for practitioners, policymakers, researchers, and others with an interest in adoption.

Material Title: **Adoption and the Family System**
 Author: Miriam Reitz, PhD, and Kenneth W. Watson *Books* 1992 320 pages

The authors utilize family systems theory to construct a practical treatment approach for working with families on the myriad issues and interrelationships that surround adoption. The model described is broadly inclusive of all families linked by the adoption triangle. This book offers an entirely new approach to evaluation and treatment designed specifically for families linked in adoption.

Professional Materials

Material Title: **Adoption Nation: How the Adoption Revolution Is Transforming America**
Author: Adam Pertman *Books* 2000 312 pages

Pertman, an adoptive father and former journalist for The Boston Globe, combines research and personal anecdotes in this overview of the trends and cultural ramifications of adoption. His views: families should be "out" about their adoptive status; children should be told they were adopted as early as possible; all members of the adoption "triad" (birth parents, child and adoptive parents) should try to stay in close communication; and much more.

Material Title: **Adoption Resources for Mental Health Professionals**
Author: Pamela Grabe *Books* 1990 348 pages

This revised edition is a valuable resource for professionals who find their diagnoses, assessment, and counseling of foster children misleading because they employ criteria based on experiences of non-adoptive children. The 23 contributors include professionals with extensive teaching and practical experience in the field.

Material Title: **Advocating for Children in Foster and Kinship Care: A Guide to Getting the Best out of the System for Caregivers and Practitioners**
Author: Mitchell Rosenwald *Books* 2010 272

This book is the first to provide strategies for effective advocacy and placement within the foster care and kinship care systems. It also takes a rare look at the dynamics of the foster and kinship relationship, not just among children and the agency workers and service providers who intervene on their behalf, but also between children and those who take in and care for them as permanency develops. Drawing on their experience interacting with and writing about the institution of foster care, Mitchell Rosenwald and Beth N. Riley have composed a unique text that helps practitioners, foster parents, and relative caregivers realize successful transitions for youth, especially considering the traumas these children may suffer both before and after placement.

Advocating for a child's best interests must begin early and remain consistent throughout assignment and adjustment. For practitioners, Rosenwald and Riley emphasize the best techniques for assessing a family's capabilities and for guiding families through the challenges of foster care. Part one details the steps potential foster parents and kinship caregivers must take, with the assistance of practitioners, to prepare themselves for placement. Part two describes tactics for successful advocacy within the court system, social service agencies, schools, and the medical and mental health establishments. Part three describes how to lobby for change at the agency and legislative levels, as well as within a given community. The authors illustrate recommendations through real-life scenarios and devote an entire chapter to brokering positive partnerships among practitioners, families, and other teams working to protect and transition children.

Material Title: **After Adoption: A Manual for Professionals Working With Adoptive Families**
Author: J.P. Bourguignon, Jean-Pierre and Watson *Books* 1987 60 pages

Aimed primarily toward mental health professionals who work with adoptees and their families, this manual addresses the differences between adoptive and biological families, identifies needs of adoptive families, and discusses diagnostic assessment of families following placement and factors to be considered in planning therapeutic intervention.

Material Title: **After Adoption: The Needs of Adopted Youth**
Author: Jeanne A. Howard and Susan Livingston Smith *Books* 2003 139 pages

The authors examine more than 1,000 adoptive families to find out how they are functioning years after the adoption. They analyze risk and resiliency factors associated with adjustment and examine differences in adoptions by kin, foster parents, and those matched with children for the purpose of adoption. "After Adoption" will help child welfare professionals to develop post adoption services to sustain and strengthen adoptive families and to better prepare parents and children for adoption.

Material Title: **After Loss: Parenting in the Next Pregnancy, A Manual for Professionals Working with Families in Pregnancy Following Loss**
Author: Joann O'Leary, Lynnda Parker, and Clare Thorwick *Books* 1998 108 pages

"The purpose of this manual is to suggest a new framework to consider the behaviors of parents in a pregnancy subsequent to a loss. We believe their anxiety, fear and renewed grief are all normal. Concepts are based on the work of psychological theorists, nurses, infant mental health specialists and have been refined through the clinical observations of hundreds of families in our practice." -- from preface

Material Title: **An Activity-Based Approach to Developing Young Children's Social Emotional Competence**
Author: Jane Squires and Diane Bricker *Books* 2007 ges + 1 CD

From the creators of ASQ and ASQ:SE, this practical guidebook gives non-mental health professionals exactly what they need: a ready-to-use, start-to-finish linked system for identifying concerns and improving young children's social-emotional health. This book walks readers through the five-step intervention process called Activity-Based Intervention: Social Emotional (ABI:SE).

Professional Materials

Material Title: **Assessing a Family's Ability to Adopt Transracially (DVD)**
Author: Dr. Joseph Crumbley *DVDs* 36 minutes

This video provides techniques for assessing adoptive parents' experience and understanding with regard to the role of race and ethnic heritage; a family's motivation and support systems; the family's ability to provide a community and opportunities for same-race role models and peer relationships, and life-styles and parenting abilities.

There are three other videos in this series: "The Special Needs of Minority Children Adopted Transracially," "The Impact of Transracial Adoptions on the Adopted Child and Adopted Family," and "Parenting Tasks in Transracial Adoptions."

Material Title: **Assessing a Family's Ability to Adopt Transracially (VHS)**
Author: Dr. Joseph Crumbley *Videotapes* 36 minutes

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Material Title: **Assessing Attachment, Separation and Loss**
Author: Linda Bayless *Books* 1989 32 pages

This booklet will help parents and professionals examine the process of attachment, the needs of children related to attachment, the behaviors that indicate the presence or absence of attachments, and ways to develop attachments.

Material Title: **Assessing Youth Behavior Using the Child Behavior Checklist in Family and Children's Services**
Author: CWLA *Books* 199 pages

A key tool that is available to child welfare agencies is the Child Behavior Checklist (CBCL), which has been used for several years in mental health settings. This book provides many examples of how the CBCL may be used in practice and research, including chapters that highlight different statistical techniques for analyzing data and presenting results. The various chapters discuss the implications of using the CBCL for practice, policy, and administration of child welfare programs. Chapters include: (1) Introduction (N. S. Le Prohn, E. R. Lamont, P. J. Pecora, and K. M. Wetherbee); (2) Using the Child Behavior Checklist 4-18, Teacher's Report Form, Youth Self-Report, and Related Measures in Child and Family Services (T. M. Achenbach, P. J. Pecora, and G. Armsden); (3) The Clinical Status of Children in State Custody (C. A. Heflinger and C. G. Simpkins); (4) Demographic Differences in Children's Residential Treatment Progress (W. A. Shennum, D. C. Moreno, and J. C. Caywood); (5) Use of the Achenbach Child Behavior Checklist in a Longitudinal Study of Treatment Foster Care Outcomes (M. E. Courtney and A. Zinn); (6) Follow-Up of Youth Returned to Home after Treatment in Residential Care (D. B. Hicel); (7) Children Born to Drug-Using Mothers: A Longitudinal Perspective on Maternal Care and Child Adjustment (S. Hans, V. Bernstein, and L. Henson); (8) Professor Achenbach Meets Mick Jagger: Using the Child Behavior Checklist in Foster Care (R. D. Phillips); (9) A Profile of Youth Placed with Casey Family Programs Using the Child Behavior Checklist/4-18 and the Teacher's Report Form (G. Armsden, P. J. Pecora, V. Payne, and C. Joyce); (10) Using the Child Behavior Checklist in Child Welfare Practice: Lessons Learned from One Agency's Experience (K. Lerner); (11) Research with the CBCL: Methodological and Statistical Issues (K. M. Wetherbee and T. M. Achenbach); and (12) Conclusions and Recommendations for Future Research (P. J. Pecora, G. Armsden, N. S. Le Prohn, and T. M. Achenbach). (Each chapter contains references and tables.) (GCP)

Material Title: **Assessment and Treatment Activities for Children, Adolescents, and Families: Practitioners Share Their Most Effective Techniques**
Author: Liana Lowenstein *Books* 2008 181

In this comprehensive resource, highly acclaimed author Liana Lowenstein has compiled an impressive collection of techniques from experienced practitioners. Interventions are outlined for engaging, assessing, and treating children of all ages and their families. Activities address a range of issues including, Feelings Expression, Social Skills, Self-Esteem, and Termination. A must have for mental health professionals seeking to add creative interventions to their repertoire.

Material Title: **Attachment Disorganization**
Author: Judith Solomon and Carol George *Books* 1999 420 pages

Since 1986, when disorganized attachment was first defined by Mary Main and Judith Solomon, a great deal of interest has been shown in this addition to the standard Ainsworth classification system. This groundbreaking volume brings together eminent researchers and clinicians to present current, original theory and data on the nature of disorganized attachment, its etiology, and its sequelae. Contributors report on the social, psychological, and biological contributions to disorganization. Longitudinal findings are presented on developmental outcomes in middle childhood; special populations are examined, including children with disabilities; and new assessment methodologies are described. Advancing our understanding of a significant subgroup of infants and children with attachment-related difficulties, the volume represents an important contribution to the empirical attachment literature.

Professional Materials

Material Title: **Attachment: 60 Trauma-Informed Assessment and Treatment Interventions Across the Lifespan**
Author: Christina Reese *Books* 2018 181

In a society that values independence, self-preservation and individualistic thinking, we are missing the key to fulfillment: Connection through Attachment.

Simple, attachment is the way that we connect to each other. Without attachment, people feel alone to deal with challenges they face, which leads to distress, dysfunction and mental health disorders. It is possible to repair dysfunctional attachment, but first it is necessary to recognize attachment style, unhealthy relationship patterns, and the impact they are having.

Improve your client's relationships by teaching them strategies to feel more connected reestablish trust, and restore positive emotions. Dr. Christina Reese, a recognized attachment and trauma professional, has created a comprehensive guide that explains attachment over a lifetime, and offers trauma-informed approaches to treat attachment at any age.

- Clinical examples, handouts and worksheets to use with clients of all ages
- Recognize attachment styles
- Identify key symptoms of attachment difficulties and their inception
- Interventions that repair attachment traumas to heal stress, shame, and anxiety
- Techniques to help clients improve their relationships (children, parents, friends, and significant others)

Material Title: **Attachment-focused Family Therapy**
Author: Daniel A. Hughes *Books* 2007 266 pages

Attachment theory has been limited primarily to the treatment of individuals. Through his empathy-driven model, and using in-depth clinical vignettes, Hughes equips clinicians with the knowledge and tools to apply ideas of attachment, intersubjectivity, and affect regulation in the context of family therapy.

Material Title: **Attention Deficit/Hyperactive Student at School, The: A Survival Guide for Teachers and Counselors**
Author: John Taylor *Books* 1995 41 pages

This guidebook is designed to help teachers, counselors and administrators to work cooperatively with parents of ADHD students to identify and address the problems that school presents. Topics include Communicating of students' progress through daily reports; Assisting with medication; Improving students' self-esteem; Improving study skills; Homework problems; and others.

Material Title: **Autism and Asperger Syndrome**
Author: Uta Frith *Books* 247 pages

The story of autism contains many puzzles, but none more tantalizing than the problem of the eccentric individual who appears to be both intellectually gifted and mentally handicapped and who finds it difficult to deal with everyday social interaction and communication. Such individuals are increasingly recognized as suffering from Asperger Syndrome. The argument presented in this book is that they suffer from a form of autism, but that they can compensate for this handicap to a remarkable degree. In this volume the foremost experts in the field discuss the diagnostic criteria of the syndrome, richly illustrated with examples from their clinical practices. Clinical accounts are balanced with personal accounts and some as yet preliminary research data. Asperger's classic paper is translated and annotated. The insights of this pioneer of autism have been unjustly neglected but reflect a very modern awareness of the many forms of autism and the wide range of individual differences in the men and women who suffer from this disorder. Asperger Syndrome individuals with their intellectual and linguistic ability and their desire for social adaptation are extremely vulnerable.

Material Title: **Autism Spectrum Disorders, Pervasive Developmental Disorders**
Author: NIMH *Books* 2004 40 pages

This is a detailed booklet that describes Autism symptoms, causes, and treatments, with information on getting help and coping.

In this book, you will learn:

- What Are the Autism Spectrum Disorders?
- The Diagnosis of Autism Spectrum Disorders
- Autism Treatment Options
- Adults with an Autism Spectrum Disorder
- Research into Causes and Treatment of Autism Spectrum Disorders
- References

Material Title: **Becoming Attached: First Relationships and How They Shape Our Capacity to Love**
Author: Robert Karen *Books* 1994 441 pages

Dr. Karen explores such questions as: What do children need to feel that the world is a positive place and that they have value? What are the risks of day care for children under one year of age, and what can parents do to manage those risks? What experiences in infancy will enable a person to develop healthy relationships as an adult?

Professional Materials

Material Title: **Being a Brain-Wise Therapist: A Practical Guide to Interpersonal Neurobiology**
Author: Bonnie Badenoch *Books* 2008 384

Neuroscientific discoveries have begun to illuminate the workings of the active brain in intricate detail. In fact, sometimes it seems that in order to be a cutting-edge therapist, not only do you need knowledge of traditional psychotherapeutic models, but a solid understanding of the role the brain plays as well. But theory is never enough. You also need to know how to apply the theories to work with actual clients during sessions.

In easy-to-understand prose, *Being a Brain-Wise Therapist* reviews the basic principles about brain structure, function, and development, and explains the neurobiological correlates of some familiar diagnostic categories. You will learn how to make theory come to life in the midst of clinical work, so that the principles of interpersonal neurobiology can be applied to a range of patients and issues, such as couples, teens, and children, and those dealing with depression, anxiety, and other disorders. Liberal use of exercises and case histories enliven the material and make this an essential guide for seamlessly integrating the latest neuroscientific research into your therapeutic practice.

Material Title: **Being Adopted: The Lifelong Search for Self**
Author: David Brodzinsky *Books* 1992 193 pages

This book, based on Eric Erikson's seven stage life cycle model, will open doors for adoptees who at one time or another have wondered why they felt a particular way and had no place to turn for the answer. * There is a hard cover and a paperback.

Material Title: **Being in Charge: Reflective Leadership in Infant/Family Programs**
Author: Rebecca Parlakian and Nancy L. Seibel *Books* 2001 21 pages

Explores the experience of being a new leader in an infant-family program. This book describes how to use self-awareness, observation, and flexible responses to manage stress and increase on-the-job effectiveness. Leadership issues, including individualizing one's relationships with staff members and encouraging collegial work, are also discussed.

Material Title: **Beneath the Mask: Understanding Adopted Teens**
Author: Debbie Riley and John Meeks *Books* 2005 207 pages

This book offers parents and professionals a wealth of case histories; and treatment resources and therapy tools. Parents will discover the 6 most common adoption "stuck-spots;" a deeper understanding of identity, abandonment, grief and loss, and relinquishment issues - and how they affect personal and family development; and how therapy may help the adoptive family learn and grow together.

Material Title: **Beneath the Mask: Understanding Adopted Teens (CD)**
Author: Debbie Riley *CDs* 2007 90 minutes

NACAC Conference presenter Debbie Riley addresses complexities of adolescence for the adopted teen - identity, abandonment, grief and loss, relinquishment - and how adolescence affects personal and family development. Discover six common adoption "stuck-spots," a step-by-step assessment on adoption, clinical intervention strategies, and therapy tools.

Material Title: **Bipolar Child, The: The Definitive and Reassuring Guide to Childhood's Most Misunderstood Disorder**
Author: Demetri Papolos *Books* 1999 369 pages

This book balances scientific and clinical knowledge with moving personal accounts of experiences of real families. It is a well-organized, practical and authoritative book that will answer parents' tremendous number of questions and help them find hope.

Material Title: **Blended Perspectives Meeting Training Video (DVD)**
Author: Seneca Family of Agencies *DVDs* 25 minutes

This video provides an example of the Blended Perspectives Meeting tool for the purpose of expanding permanency options for youth. At the center of this DVD is foster teen, Christina. Surrounding her are members of her foster and birth families, and her case worker, as they come together for a blended perspectives meeting in support of her future. They are able to identify an extended support system and address common goals and concerns as Christina approaches adulthood.

Material Title: **Born for Love: why empathy is essential-and endangered**
Author: Maia, Bruce D. Perry, MD., PhD. Szalavitz *Books* 2010 374 pages

From birth, when babies' fingers instinctively cling to those of adults, their bodies and brains seek an intimate connection--a bond made possible by empathy, the remarkable ability to love and to share the feelings of others.

In this unforgettable book, award-winning science journalist Maia Szalavitz and renowned child-psychiatrist Bruce D. Perry explain how empathy develops, why it is essential both to human happiness and for a functional society, and how it is threatened in the modern world.

Professional Materials

Material Title: **Brain, The: Effects of Childhood Trauma (DVD)**
Author: Bruce Perry *DVDs* 2002 29 minutes

Trauma in childhood can have devastating effects on the developing brain. Current research confirms that trauma can activate various systems in the brain that actually change neuron response and cognitive pathways. Children who experience on-going high levels of arousal due to trauma will develop systems in their brains that cause them to be constantly hyper-aroused and hyper-vigilant. These changes can result in severe problems for children, adolescents, and adults in learning ability, mood, bonding, and attachment, and in problem-solving.

Material Title: **Brain, The: Effects of Childhood Trauma (VHS)**
Author: Bruce Perry *Videotapes* 2002 29 minutes

Trauma in childhood can have devastating effects on the developing brain. Current research confirms that trauma can activate various systems in the brain that actually change neuron response and cognitive pathways. Children who experience on-going high levels of arousal due to trauma will develop systems in their brains that cause them to be constantly hyper-aroused and hyper-vigilant. These changes can result in severe problems for children, adolescents, and adults in learning ability, mood, bonding, and attachment, and in problem-solving. ("Understanding Childhood Trauma" Series Part 3.)

Material Title: **Building Strong Foundations: Practical Guidance for Promoting the Social-Emotional Development of Infants and Toddlers**
Author: Rebecca Parlakian and Nancy L. Seibel *Books* 2002 26 pages

This book explores how supportive relationships at all levels of an infant-family program (supervisor and staff, staff and family, parent and child) contribute to children's healthy social-emotional development (infant mental health). The authors present the core concepts of infant mental health, offer strategies that leaders and trainers can use to promote children's mental health, and describe guidelines for referring very young children for assessment and treatment. This publication offers numerous vignettes featuring a mix of infant-family settings and exercises designed to help staff and leaders better understand and apply infant mental health practices.

Material Title: **Case Studies in Infant Mental Health: Risk, Resiliency, and Relationships**
Author: Joan J. Shirilla and Deborah J. Weatherson *Books* 2002 203 pages

Offers 12 real-life stories written by infant mental health specialists about their work with young children and families. Each case study also reveals the supervision and consultation that supported the specialist, and the specialist's interaction with the larger service system.

Material Title: **Casebook: Adoption**
Author: Jerry L. Johnson and George Grant *Books* 2005 122 pages

This entry from the Allyn and Bacon Casebook Series is intended for therapists and students studying to become therapists. It begins with a chapter that introduces a "Multi-Systemic Approach to Practice" followed by four chapters, each of which walks the student through an actual case with questions for the student to answer and commentary every step of the way.

Material Title: **Children's Adjustment to Adoption: Developmental and Clinical Issues**
Author: David M. Brodzinsky *Books* 1998 116 pages

This book presents major issues that affect both the process and outcome of adoption for children and their parents. It offers extensive coverage of theory and research on children and families with clinical vignettes punctuating key points. A discussion of intervention and assessment issues that commonly arise in work with adoptees closes this volume.

Material Title: **Child's Journey Through Placement, A**
Author: Vera Fahlberg *Books* 1991 394 pages

This book provides a foundation of resources and tools to help professionals and parents support children as they move through the foster care system to adoption. At times it can focus on theory and practice but it helps families understand why kids move and how their moves affect them. This is considered a seminal work in the field containing practical and thoughtful information about special needs children. More current material on new neurological research and brain development was not available at the time this was written. However, this is still a valuable resource with insight on various aspects related to foster and adopted children.

Material Title: **Circle of Security Intervention, The: Enhancing Attachment in Early Parent-Child Relationships**
Author: Bert Powell, Glen Cooper, Kent Hoffman, and Bob Marvin *Books* 2014 396 pages

Presenting both a theoretical foundation and proven strategies for helping caregivers become more attuned and responsive to their young children's emotional needs (ages 0-5), this is the first comprehensive presentation of the Circle of Security (COS) intervention. The book lucidly explains the conceptual underpinnings of COS and demonstrates the innovative attachment-based assessment and intervention strategies in rich clinical detail, including three chapter-length case examples. COS is an effective research-based program that has been implemented throughout the world with children and parents experiencing attachment difficulties.

Professional Materials

Material Title: **Clinical and Practice Issues in Adoption: Bridging the Gap Between Adoptees Placed as Infants and as Older Children**
Author: Victor Groza and Karen F. Roseberg *Books* 1998 165 pages

This book is intended for all those affected by and interested in adoption. The contents are written by a variety of experts in the adoption field and examine topics such as treatment issues for adoptees placed at different ages, search and reunion, ethics, infertility, shared identity issues, and the ongoing need for adoption support.

Material Title: **Clinical Handbook/Practical Therapist Manual For Assessing and Treating Adults With Post-Traumatic Stress Disorder (PTSD), A**
Author: Donald Meichenbaum *Books* 1994 600 pages

This comprehensive training manual for mental health professionals presents almost all that is currently known about the assessment and treatment of PTSD. In over 600 pages, Dr. Meichenbaum not only challenges the reader's understanding of PTSD, but presents numerous case studies to enable the reader to understand the subject even further. Over 1500 references.

Material Title: **Contexts of Early Intervention: Systems and Settings**
Author: S. Kenneth Thurman, Janet Cornwell, Sheryl Ridener Gottwald *Books* 1997 249 pages

In a multidimensional, ever-changing field like early intervention, it can be difficult to see the "big picture." But the authors of this book succeed in presenting an understandable overview of the subject while clarifying the relationship between early intervention and the environmental systems that surround them. Beginning with a review of the ecological and sociopolitical factors that influence a child's world, the authors scrutinize typical early intervention environments such as homes, child care centers, and public schools. Based on their collective observations, they proceed to explore the influence that familial, economic, and cultural systems have on program outcomes.

Its illustrative case studies and historical perspective make this text ideal for in-service use. Scholarly as well as practical, Context of Early Intervention is an important professional development tool for improving early intervention programming today and envisioning a model system of service provision for tomorrow.

Material Title: **Conversation Starters for Direct Work with Children and Young People; Guidance and Activities for Talking About Difficult Subjects**
Author: Audrey Tait *Books*

Conversation Starters for Direct Work with Children and Young People provides guidance and support for any adult who needs to talk to children about difficult issues. The issues covered include domestic abuse and drug use, mental health issues, adoption and fostering, family illness and bereavement, as well as giving evidence in court.

Material Title: **Cory Helps Kids Cope with Sexual Abuse**
Author: Liana Lowenstein *Books* 2014 152

This therapeutic story and collection of creative activities are specifically designed to help children cope with sexual abuse and trauma. Therapeutic games, art, puppets, and other engaging techniques address the eight components of Trauma Focused Cognitive Behavioral Therapy (TF-CBT). Includes a reproducible story, assessment and treatment activities, and detailed parent handouts. Geared to children aged 4 to 12.

Material Title: **Creative Ideas for Assessing Vulnerable Children and Families**
Author: Katie Wrench *Books* 6/21/2018 232

For the busy frontline practitioner with little time to plan ahead, this hands-on guide presents imaginative and unique methods to engage families and caregivers throughout the process of assessing vulnerable children.

Setting the context for each area of assessment, including strengths and resilience, risk and needs and the child's lived experience, the book then describes a series of activities or creative techniques to engage young people and their caregivers within this area. It outlines the materials required, aims of the exercise and method. It includes 'handy hints' based upon practical experience, making it a quick go-to guide for every day practice.

It encourages practitioners to focus on building safety into relationships and to adapt their approach to take into account the impact of trauma and abuse on an individual's capacity to engage and to communicate verbally.

Material Title: **Creative Interventions for Troubled Children & Youth**
Author: Liana Lowenstein *Books* 1999 112

This best-selling collection is filled with creative assessment and treatment techniques for use in individual, group, and family settings. The book begins with a variety of engaging assessment activities providing clinicians with diagnostic tools to assist in treatment planning. The remaining four chapters provide activities to help children and teens identify feeling states, cope with emotional difficulties, strengthen interpersonal skills, and enhance self-esteem. The last section of the book describes the graduation ceremony that can be incorporated as part of the child's termination process. Each activity is described within a framework that recommends age suitability, preferred treatment modality, and appropriate stage of treatment. Materials needed to complete the activity are outlined. Several activities include worksheets that may be reproduced for use with clients. The book includes detailed instructions for all activities and a discussion section that further clarifies application and process. Activities are geared to 4-16 year-olds. Mental health professionals and teachers will find this book invaluable.

Professional Materials

Material Title: **Current Thinking in Special Needs Adoption**
Author: Spaulding for Children *Books* 1996 77 pages

This booklet discusses core issues in adoption, trends related to the adoption of children of color, adoption recruitment, transracial adoption, assessment and intervention in post legal adoption services, and the collaboration necessary to provide these services.

Material Title: **CWLA Standards of Excellence for Transition, Independent Living, and Self-Sufficiency Services**
Author: CWLA *Books* 2005 214 pages

Since the inception of its program of standards developments, CWLA has formulated a series of standards based on current knowledge, the developmental needs of children, and tested ways of meeting these needs effectively.

Material Title: **DC:0-3 Casebook : A Guide to the Use of Zero to Three's "Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood" in Assessment and Treatment Planning**
Author: Alicia Lieberman, Serena Wieder, and Emily Fenichel *Books* 1997 393 pages

Helps professionals from various disciplines to put DC:0-3's diagnostic system into practice. Twenty-four detailed case reports, documenting work with children, ages 6 months to 4-1/2 years, and their families, show how highly experienced practitioners from a range of disciplines use Zero to Three's DC:0-3.

Material Title: **Diagnosis and Treatment of Feeding Disorders in Infants, Toddlers, and Young Children**
Author: Irene Chatoor, MD *Books* 2009 141 pages

Delays in development, as well as in growth, can occur when a feeding disorder arises. Irene Chatoor, MD, a world-renowned specialist in feeding disorders at Children's National Medical Center in Washington, DC, offers clinical guidelines for comprehensive diagnosis and treatment of feeding disorders in infants and toddlers. Grounded in the latest research and contemporary practice, the author discusses the consequences of early feeding problems and reviews relevant terminology, etiological factors, and how to distinguish serious feeding disorders from transient and milder feeding difficulties. The book also includes Parent Information Outlines about the feeding disorders.

Material Title: **Diagnostic Conundrums (2 CDs)**
Author: John Sobraske *CDs* 8/6/2011 2 hours

Presented by John Sobraske, adoption psychotherapist, New York at the 37th NACAC Conference 2011 in Denver, Colorado. Rather than describing specific diagnoses, this session looks at the issue of diagnosis in general. The speaker will cover the use and misuse of labels, such as bipolar and reactive attachment disorder, and the need to understand how various influences interact (like developmental delays, identity issues, and chemical exposure in utero) and to determine, in individual cases, which factors are salient and which are not. Finally, the session will help parents become expert advocates who maintain a whole picture of their child and resist diagnostic fragmentation by specialists.

Material Title: **Diagnostic Interviewing of the Misbehaving Child**
Author: John Taylor *Books* 1989 42 pages

This booklet is intended as a guide for school counselors and mental health professionals to use in analyzing misbehavior patterns in children. Included is a section on ways to gather pertinent information from parents, a description of pathological patterns that can occur between parents, a variety of interviewing strategies to use with children, and suggestions for assessing the relationships between children and adults and children with each other.

Material Title: **Domestic Violence and Childhood Trauma (DVD)**
Author: Bruce Perry *DVDs* 2002 29 minutes

This video examines how abused children often become involved later in destructive and problematic adult relationships. In some cases the adult who was abused in childhood becomes a victim again in adult relationships, in other cases they may become the perpetrator of domestic violence. Three personal stories are presented.

Material Title: **Don't Hit My Mommy! A Manual for Child-Parent Psychotherapy With Young Witnesses of Family Violence**
Author: Alicia F. Lieberman and Patricia Van Horn *Books* 2005 146 pages

This practical handbook offers treatment guidelines to address the behavioral and mental health problems of young children whose most intimate relationships are disrupted by the experience of violence. Practitioners from a variety of disciplines will gain an understanding of the impact of violence and will discover concrete intervention strategies to address the consequences of this experience for young children.

Professional Materials

Material Title: Early Childhood Mental Health Consultation

Author: Elena Cohen and Roxane Kaufmann

Books

April 2000 44 pages

This monograph builds upon a two-day roundtable meeting that was funded by the Special Program Development Branch, Center for Mental Health Services, Substance Abuse and Mental Health Services Administration. The meeting brought together key stakeholders from the early education and child care fields with family members, mental health practitioners and administrators, and federal, state, and community agency representatives to share their state-of-the-art thinking on promoting healthy development among infants, toddlers, and preschool-age children, in early childhood settings through mental health consultation. The monograph describes an early childhood mental health perspective, defines types of mental health consultation, and provides examples of the essential features of consultation, including challenges and strategies in the consulting process. A vignette illustrates the nuances of the process, and descriptions of programs implementing early childhood mental health consultation are included.

Material Title: Emancipated Youth Connections Project: Permanency Stories (DVD)

Author: Seneca Family of Agencies

DVDs

10 minutes

This video shares participants' experiences through the 2008 project, "Emancipated Youth Connections Projects." The purpose of the project was to develop a model of service to find permanency for 20 young adults (ranging in age from 17-39 years) who had left the foster care system without having permanent and unconditional lifelong connections to at least one adult. Many participants lost contact with siblings. Each participant was supported to make connections and reach out to birth family or other who are important to them. Each one had a unique experience with the process. A toolkit was developed as a result for this project and is available through the SENECA website.

Material Title: Empowering Children to Cope With Difficulty and Build Muscles for Mental Health

Author: Eric Dlugokinski

Books

1997 216 pages

Providing a conceptual understanding and practical suggestions for educating children in skills that can promote their mental health, this text presents principles for effective delivery of suggested intervention techniques. Chapters in the first section of the text focus on helping children to deal with problem situations. The second section provides information to promote emotionally healthy children, including a knowledge of self, a respect for self and others, healthy habit strength, and a balance between work and play. Suggestions are also provided for enhancing intervention efforts and principles proven effective in mental health education.

Material Title: Empowering the Black Family

Author: Sylvia Sims Gray, Ann Hartman, & Ellen S. Saalberg

Books

1985 107 pages

This book presents excerpts from five presenters, Barbara Bryant Solomon, Carol B. Stack, Elaine Pinderhughes, James W. Leigh, and Jacquelynn A. Moffett, at a seminar at the University of Michigan and also a roundtable discussion among the same five and editor, Ann Hartman.

Material Title: Enhancing Early Attachments: Theory, Research, Intervention, and Policy

Author: Lisa J. Berlin, Y. Ziv, L. Amaya-Jackson, and M. Greenberg

Books

2005 357 pages

Synthesizing the latest theory, research, and practices related to supporting early attachments, this volume provides a unique window into the major treatment and prevention approaches available today. Chapters address the theoretical and empirical bases of attachment interventions; explore the effects of attachment-related trauma and how they can be ameliorated; and describe a range of exemplary programs operating at the individual, family, and community levels. Throughout, the authors consider cross-cutting issues such as the core components of effective services and appropriate outcome measures for attachment interventions. Also discussed are policy implications, including how programs to enhance early child-caregiver relationships fit into broader health, social service, and early education systems.

Material Title: Family Diversity in Education: Foster Care, Kinship Care, Adoption and the Schools (2 CDs)

Author: Shelly Linenberger and Emily Tracy

CDs

8/6/2011 30 minutes

Presented by Shelly Linenberger & Emily Tracy of The Adoption Exchange, Colorado at the 37th NACAC Conference 2011 in Denver, Colorado. Children in adoptive, foster, and kinship families have unique experiences and needs—often founded on separation, grief, loss, and trauma. These needs and experiences can negatively affect their development and ability to learn and feel safe in a school setting. Families and child advocates can educate the schools and partner with them to reduce potentially traumatic school assignments, uncaring remarks, educational gaps, and conflicts.

Material Title: Family Influences on Childhood Behavior and Development: Evidence-Based Prevention and Treatment Approaches

Author: Thomas Gullotta and Gary M. Blau

Books

2008 327 pages

This collection of 13 essays intended for clinicians examines factors associated with families in distress and factors that promote healthy coping skills and resilience. The first 5 chapters explore what family means today, circumstances that can make family life challenging or painful, and how prevention and treatment approaches can help. The next 8 chapters focus on potentially distressing events, including adoption, divorce, stepfamilies, lesbian and gay families, foster care, parents with mental illnesses, physical abuse, and sexual abuse.

Professional Materials

Material Title: **Family-centered early intervention: supporting infants and toddlers in natural environments**
Author: Sharon A., Dana C. Childress Raver *Books* 2015 298

Aligned with DEC recommended practices and CEC standards!

A must for future early interventionists, this introductory text prepares professionals to support infants and toddlers with special needs and their families--and address the OSEP child outcomes so critical to a program's success. Focusing on the needs and challenges of children from birth to 3 who have or are at risk for developmental delays, the book teaches readers the foundations of:

- addressing the three OSEP Child Outcome Indicators: positive social-emotional skills, acquisition and use of knowledge and skills, and using appropriate behaviors to meet needs
- developing and implementing IFSPs
- weaving intervention strategies into a family's established routines
- empowering parents to successfully guide and support their child's development
- conducting interventions that support motor, cognitive, social-emotional, communication, and adaptive skills
- making the most of natural learning opportunities in natural environments
- working in teams with professionals from diverse disciplines
- meeting the specific needs of children with all disabilities and/or risk areas, including autism, sensory disabilities, and cognitive and/or motor disabilities

Featuring the expertise of a dozen contributors, this book will get professionals ready to conduct family-centered, evidence-based intervention--and ensure the best possible outcomes for infants and young children.

Material Title: **FASD and the Online World: The Seductive Power of False Friendships, False Promises, and False Rewards**
Author: Ira Chasnoff *Books* 2019 59 pages

The Internet and its door to a world of unregulated communication and information can entrap any young person, but especially those affected by prenatal alcohol exposure. The brain-based neurodevelopmental difficulties associated with Fetal Alcohol Spectrum Disorders (FASD) present a special challenge to children and teens and can place the young person at high risk for not only victimization but also for becoming an unwitting perpetrator of harm. The online world is very real, but the friendships, promises, and rewards young people with FASD find there are for the most part false. This book is for any parent or professional who must find a balance between the young person's quest for independence and the need to protect that young person from harm in the online world.

Material Title: **Fawn's Touching Tale: A story for children who have been sexually abused**
Author: Irene Wineman-Marcus and Agnes Wohl, LCSW, ACSW *Children's Books* 5/26/18 30

i.Introduction to Parents, School Personnel and Psychotherapists: There are many books aimed at the prevention of sexual abuse; few story books are geared for children that deal with the profound emotional aftermath. This book is unique because it offers the use of engaging animal protagonists, which allows the child to work through painful emotions in a less threatening and more effective manner. Among the most universal issues for the sexually abused child are: the mixed feelings toward the abuser, the dread and wish to be loved, the difficulties of disclosing the abuse, the fear of being blamed and/or of not being believed. The effects frequently culminate in a sense of vulnerability, damaged self-esteem, guilt and faulty defenses against the feelings of being hurt. This can lead to a wide range of self-destructive behavior in childhood and adulthood. This gentle, "child friendly", animal tale provides children with a story they can listen to again and again. Parents, psychotherapists and school professionals can use this book as a point of entry into complex feelings that the youngster, or any sexually abused person might experience. Our hope is that with the help of this book, the child will begin the process of healing and gradual resumption of his or her healthy psychological development.

Material Title: **Finding Hope in Despair: Clinical Studies in Infant Mental Health**
Author: Marian Birch *Books* 2008 340 pages

One of the most difficult challenges face by infant mental health professionals is that not all cases have happy endings. Most case studies describe successful interventions, leaving few resources to help professionals deal with cases that can feel like "heartbreaking failures." Whatever the cause – an abrupt end to therapy or an unsuccessful case can leave a professional with feelings of confusion, despair, and even anger. Finding Hope in Despair uses a unique format to present a series of detailed case studies of interventions that were not successful. The author of each case study provides the facts of the case and, even more important, reflects on feelings generated by the failure of the intervention. Each case study is followed by a chapter of analysis by another clinician who reviews the case, discusses the challenges and obstacles that prevented a successful resolution, highlights the emotional impact on the clinician, and summarizes the lessons that can be learned.

Professional Materials

Material Title: **Foster Care Children; A Guide for Parents and Teachers**
Author: Anita and Richard Brozovich and Linda Chase Bosky *Books* 2000 101

This booklet is written to acquaint interested persons with issues related to foster care in the hope that several positive things will occur:

-Potential foster care families and individuals will be able to make an informed decision about applying to become foster parents.

-School personnel and other agency personnel will better understand issues related to foster children.

-Individuals involved in foster care can use some of the ideas and procedures discussed in the booklet to add to the positive things they contribute to the care of foster children.

Material Title: **Foster Care Therapist Handbook**
Author: Robert E. Lee and Jason B. Whiting *Books* 2008 480 pages

Divided into three parts, "The Culture and Environment of Foster Care," "Family Therapy Approaches," and "Important 'Other' Issues," this book, through 21 essays by experts in the field, focuses on the "relational therapy approach" which considers the whole relational environment for each child and endeavors to get all parts of it to work together for the child's sake.

Material Title: **Functional Emotional Assessment Scale (FEAS) for Infancy and Early Childhood, The: Clinical and Research Applications**
Author: Stanley I. Greenspan, Georgia DeGangi, and Serena Wieder *Books* 2001 427 pages

The Functional Emotional Assessment Scale by Stanley Greenspan, Georgia DeGangi, & Serena Wieder enables clinicians, educators, and researchers to observe and measure emotional and social functioning in infants, young children, and their families. Historically, the complexity of emotional functioning has been difficult to measure and assess. The FEAS meets this longstanding need of the field. The FEAS conceptualizes, operationalizes, and measures in a reliable and valid manner.

Material Title: **Ghosts from the Nursery: Tracing the Roots of Violence**
Author: Robin Karr-Morse and Meredith S. Wiley *Books* 2013 326 pages

When this book was published in 1997, it was lauded for providing scientific evidence that violence can originate in the womb and become entrenched in a child's brain by preschool. This revised edition continues to shift the conversation among parents and policy makers toward more preventative measures, incorporating significant advances in the field of neurobiological research over the past decade.

Material Title: **Handbook For Treatment of Attachment-Trauma Problems in Children**
Author: Beverly James *Books* 1994 268 pages

An honest and practical guide for parents and professionals to the problems faced by traumatized kids who may never have had a stable, caring relationship in their lives.

Material Title: **Handbook of Adoption: Implications for Researchers, Practitioners, and Families**
Author: Rafael Javier, et al *Books* 2007 536 pages

Although most mental health and behavioral health professionals have encountered adoption triad members—birth parents, adoptive parents, and adopted persons—in their clinical practice, the vast majority have had no formal or informal training on adoption issues. The Handbook of Adoption is the first text designed for mental health practitioners to specifically address the many dimensions of adoption-related issues which can and do affect adoption triad members, specifically in the United States.

Material Title: **Handbook of Attachment: Theory, Research, and Clinical Applications**
Author: Jude Cassidy, PhD and Phillip R. Shaver, PhD *Books* 1999 882 pages

This compilation of 37 essays by various experts is divided into six parts, "Overview of Attachment Theory," "Biological Perspectives," "Attachment in Infancy and Childhood," "Attachment in Adolescence and Adulthood," "Clinical Applications of Attachment Theory and Research," and "Emerging Topics and Perspectives." It is intended for professionals.

Material Title: **Handbook of Early Childhood Intervention, Second Edition**
Author: Jack P. Shonkoff and Samuel J. Meisels *Books* 2000 734 pages

This second edition of the Handbook of Early Childhood Intervention provides a comprehensive overview of this complex and continually evolving field by an outstanding group of contributing authors. Eighteen of the twenty-eight chapters are new to this edition; chapters from the first edition have been updated. It combines rigorous scholarship with state-of-the-art content on policy and service delivery. It is designed to address a broad, multidisciplinary audience including psychologists, early childhood educators, social workers, pediatricians, nurses, child psychiatrists, physical and occupational therapists, speech and language pathologists, and professionals interested in public health and social policy. The Handbook is a valuable resource for both graduate students and experienced professionals.

Professional Materials

Material Title: **Handbook of Infant Mental Health**

Author: Charles Zeanah Jr.

Books

622 pages

Widely regarded as the standard reference in the field, this handbook offers a comprehensive analysis of developmental, clinical, and social aspects of mental health from birth to the preschool years. Leading authorities explore models of development; biological, family, and sociocultural risk and protective factors; and frequently encountered disorders and disabilities. Evidence-based approaches to assessment and treatment are presented, with an emphasis on ways to support strong parent-child relationships. The volume reviews the well-documented benefits of early intervention and prevention and describes applications in mental health, primary care, childcare, and child welfare settings.

Material Title: **Handbook of Infant Mental Health, Second Edition.**

Author: Charles Zeanah, Jr.

Books

2000

558 pages

This revised and expanded edition consists of 36 articles from a host of authors presented in six sections. Grounded in a relational perspective, it offers analysis of the developmental, clinical, and social aspects of mental health from birth to age three, reviewing a range of assessment techniques and providing detailed descriptions of specific disorders and clinical problems.

Material Title: **Handbook of Infant, Toddler, and Preschool Mental Health Assessment**

Author: Rebecca Del Carmen-Wiggins and Alice Carter

Books

2004

538 pages

This book brings together, for the first time, leading clinical researchers to provide empirically based recommendations for assessment of social-emotional and behavior problems and disorders in the earliest years. Each author presents state-of-the-art information on scientifically valid, developmentally based clinical assessments and makes recommendations based on the integration of developmental theory, empirical findings, and clinical experience. The editors of this exciting new work have assembled an extraordinary collection of chapters that thoroughly discuss the conceptualizations of dysfunction in infants and young children, current and new diagnostic criteria, and such specific disorders as sensory modulation dysfunction, sleep disorders, eating and feeding disorders, autistic spectrum disorders, anxiety disorders, posttraumatic stress disorder, and ADHD. Chapters further highlight the importance of incorporating contextual factors such as parent-child relationship functioning and cultural background into the assessment process to increase the validity of findings.

Given the comprehensiveness of this groundbreaking volume in reviewing conceptual, methodological, and research advances on early identification, diagnosis, and clinical assessment of disorders in this young age group, it will be an ideal resource for teachers, researchers, and a wide variety of clinicians including child psychologists, child psychiatrists, early intervention providers, early special educators, social workers, family physicians, and pediatricians.

Material Title: **Handbook of Social Work in Child and Adolescent Sexual Abuse**

Author: Carolyn Hilarski

Books

2008

270 pages

This collection of essays for professionals encompasses the spectrum of child and adolescent sexual abuse. It offers practical, up-to-date, and compassionate methods for supporting and treating those immediately affected, and it provides the latest information on assessment, management, prevention, and policy.

Material Title: **Handbook of Training and Practice in Infant and Preschool Mental Health, The**

Author: Karen Moran Finello

Books

2005

512 pages

This comprehensive and highly useful guide offers students and practicing clinicians who work with infant and preschool populations a much-needed resource for developing and honing their professional skills and clinical experiences. The book contains vital information about general training issues and highlights the skills that are needed to be considered a competent professional. Written by top experts in the field from a wide range of disciplines, the authors address basic areas of training and practice with very young children, including observation, assessment, diagnosis, dyadic therapy, and reflective supervision, in addition to unique areas of clinical work such as reunification and adoption evaluations. The book also offers examples of innovative models of training and practice for the delivery of services in nontraditional settings such as homes, day care centers, and preschools, and special strategies for delivering clinical services and providing supervision in rural and remote settings, including the use of technology.

Material Title: **Healing Power of Play, The: Working with Abused Children**

Author: Eliana Gil

Books

1991

196 pages

This book, for professionals working with abused children, examines Play Therapy and abused children from the perspective of Gil's work with five specific cases. She offers the backgrounds of these cases and describes her work with the children in each example.

Material Title: **Healing Relational Trauma with Attachment-Focused Interventions: Dyadic Developmental Psychotherapy with Children and Families**

Author: Daniel Hughes

Books

338 pages

DDP is an attachment-focused treatment for children and adolescents who experience abuse and neglect and who are now living in stable foster and adoptive families. Its central interventions are influenced by enhanced knowledge about the structure and functions of the brain, as well as the latest findings regarding developmental trauma and the related attachment problems it brings.

Professional Materials

Material Title: **Healing The Incest Wound: Adult Survivors in Therapy**

Author: Christine A. Courtois

Books

1988

355 pages

This book, written for therapists, begins with a general introduction by category, type, characteristics, and family and individual dynamics. In the next section the symptoms, short-term aftereffects, and long-term elaborations of incest are examined from four perspectives. The final section describes the salient issues and strategies of incest therapy, which may involve a combination of individual, group, couples and family therapy.

Material Title: **Healing trauma: attachment, mind, body, and brain**

Author: Marion F., Daniel J. Siegel Solomon

Books

2003

357 pages

"Healing Trauma" provides readers with a broad, but detailed, framework in which to understand, evaluate, and treat trauma in the context of recent neurobiological understanding about trauma and traumatic attachments. In this book, Daniel Siegel and Marion Solomon have gathered together the work of the foremost researchs, clinicians, and theoreticians working within this new paradigm of trauma treatment to present a comprehensive discussion of trauma and healing, one that involves biological, developmental, and social components.

Each of the eight chapters in this book provides up-to-date information on the research, clinical practice, and theory of trauma. The first four chapters form a conceptual unit with a focus on the developmental origins of the factors that have been determined to place individuals at risk for suffering long-term sequelae of trauma. Beginning with Daniel Siegel's chapter describing the implications of interpersonal neurobiology for developmental theory, these chapters pay particular attention to the attachment relationship and propose how the nature of that critical bond forms the basis for resilience or vulnerability. In this vein, Erik Hesse, Mary Main, Kelley Yost Abrams, and Anne Rifkin explore the "second generation" effects of trauma while Allan Schore considerst the connection between early relatinoal trauma in children and the formation of disorganized attachments. Bessel van der Kolk's chapter considering the current implications of research and theory of PTSD concludes this conceptual unit.

The second four chapters draw upon the resources from developmental research and theory outlined in Chapters 1 through 4, and go on to consider various and complementary approaches to treatment. Francine Shapiro and Lousie Maxfield develop the effective EMDR model of treatment with suboptimal attachment relations. In subsequent chapters, Diana Fosha outlines and provides rich case examples of accelerated experiential-dynamic psychotherapy (AEDP) and Robert Neborsky describes his work with short-term intensive dynamic psychotherapy in which defense mechanisms (often arising from suboptimal attachment) are revealed and reprocessed. Marion Solomon provides the final chapter in which she exhibits a model for couples therapy premised on the repair of disrupted attachment relations at both a neurobiological and social level.

Emerging from the integration of developmental, neurobiological, and social perspectives, "Healing Trauma" provides a collection of essays that will be accessible and valuable to a wide variety of practioners in the medical and psychological healing professions.

Material Title: **Heart of Trauma, The; Healing the Embodied Brain in the Context of Relationships**

Author: Bonnie Badenoch

Books

11/28/2017

368

In this book, Bonnie Badenoch, a gifted translator of neuroscientific concepts into human terms, offers readers brain- and body-based insights into how we can form deep relational encounters with our clients and our selves and how relational neuroscience can teach us about the astonishing ways we are interwoven with one another. How we walk about in our daily lives will touch everyone, often below the level of conscious awareness.

Material Title: **Help for Billy Live: Creating Trauma-Informed Schools (DVD)**

Author: Heather Forbes, LCSW

DVDs

2016

32 minutes

In this 4-disc collection, Heather guides viewers through her trauma-informed model and brings her book, Help For Billy, to life through roleplays, video clips, anecdotes from her years of professional experience, and open Q&A from the audience. Her multi-media presentation along with her light and humorous presentation style makes this DVD not only educational to watch but fun and entertaining.

Heather's trauma-informed approach to meeting the educational needs of our most challenging students (who Heather affectionately refers to the "Billys" of the classroom) will help you understand why students do the things they do from a developmental trauma perspective. Yet more importantly, you will be given the tools you need in order to help the Billys of your school or classroom work through their trauma in a safe, communicative, and caring way so they can reach their full academic potential. This DVD set will restore your hope that there is a way to help your trauma-impacted students. It will also equip and empower you to become your very best when facing the challenges the "Billys" of your classroom present to you on a daily basis.

Professional Materials

Material Title: **Helping Babies and Children Aged 0-6 to Heal After Family Violence: A Practical Guide to Infant- and Child-Led Work**

Author: Dr. Wendy Bunston *Books* 2017 208

After family violence, very young children and babies benefit from child-led therapy, but how do you achieve this? Dr. Wendy Bunston's guide is here to help you to meet the emotional needs of children who are experiencing trauma, and to enable them to form healthy attachments, both within their families and beyond.

As well as clearly explaining the consequences of domestic violence on young developing brains, this book demystifies the practicalities of working effectively with children in their earliest years. Examining real-life cases, it notes the distress that arises when a child is separated from his or her family, advises on the importance and complexities of children's attachments, and shows how to support playfulness as an essential part of children's healthy personal development. Instruction is provided on how to include all family members in the healing process, including the perpetrators of family violence, in a positive way to improve children's chances of recovery.

Dr. Wendy Bunston's unique approach to therapy and care, based on over 25 years' professional experience, promotes the viewing of cases from a 'child-led' perspective. Pragmatic, empathic and accessible, this book will be essential reading for anyone working with those affected by domestic violence.

Material Title: **Helping Children Cope with Separation and Loss**

Author: Claudia Jewett Jarratt *Books* 1982 226 pages

This step-by-step guide for any concerned adult offers warm advice, specific techniques and innovative ideas for helping children overcome the sadness, anger and anxiety resulting from divorce, death, absence, adoption, foster care, and sibling loss.

Material Title: **Helping Your ADD Child: Hundreds of Practical Solutions for Parents and Teachers of ADD Children and Teens (With or Without Hyperactivity) (Revised Third Edition)**

Author: John F Taylor *Books* 2001 346

For the millions of children who have attention deficit disorder (ADD) and for those who are impacted by its resulting behavior, this comprehensive guide to understanding and treating ADD (with or without hyperactivity) offers exciting new hope. Written by a nationally known psychologist and father of ADD children, this groundbreaking book is a lifesaver for kids, parents, and teachers alike. Inside you will find step-by-step tools for helping your ADD or ADHD child - everything from an extensive screening for spotting the initial signs of ADD and making a proper diagnosis to the pros and cons of nutritional, psychological, and drug treatments. This is by far the most up-to-date and compassionate book on ADD and it will make a profound difference for both you and your child.

Material Title: **How Culture Shapes Social-Emotional Development: Implications for Practice in Infant-Family Programs**

Author: Monimalika Day, Ph.D., and Rebecca Parlakian *Books* 2004 26 pages

Suitable for program leaders and practitioners, this book examines how culture shapes children's fundamental learning about themselves, their emotions, and their way of interacting and relating to others. It also includes recommendations for providing culturally responsive services.

Material Title: **Identifying and Responding to Trauma: Ages 0 to 5 Years Old (DVD)**

Author: Dr. Bruce Perry *DVDs* 2002 29 minutes

Trauma in the life of children from birth to five years of age has a profound impact which intensifies the need for early identification and intervention. Young children are either pre-verbal or inexperienced with verbal language and are unable to adequately express their thoughts and feelings or describe threatening life events. In order to understand a child's behavior and plan for care and intervention it is necessary for the caregiver, teacher, or health care provider to determine the child's history and emotional state from other sources.

Material Title: **Identifying and Responding to Trauma: Ages 0 to 5 Years Old (VHS)**

Author: Bruce Perry *Videotapes* 2002 29 minutes

Trauma in the life of children from birth to five years of age has a profound impact which intensifies the need for early identification and intervention. Young children are either pre-verbal or inexperienced with verbal language and are unable to adequately express their thoughts and feelings or describe threatening life events. In order to understand a child's behavior and plan for care and intervention it is necessary for the caregiver, teacher, or health care provider to determine the child's history and emotional state from other sources. ("Understanding Childhood Trauma" Series Part 4.)

Material Title: **Identifying and Responding to Trauma: Ages Six to Adolescence (DVD)**

Author: Dr. Bruce Perry *DVDs* 2002 29 minutes

Misdiagnosed characteristics of trauma are typically gender related, with boys who are hyperactive and act out and girls who dissociate and withdraw. An accurate assessment of the problem is critical to the success of intervention. Common trauma-related problems for adolescents also include learning difficulties, test anxiety, difficulty in forming relationships, difficulty with authority figures, substance abuse, acquiescence to abuse, and violent behavior. This video emphasizes the role of school and community in healing from trauma.

Professional Materials

Material Title: **Identifying and Responding to Trauma: Ages Six to Adolescence (VHS)**
Author: Bruce Perry *Videotapes* 2002 29 minutes

Misdiagnosed characteristics of trauma are typically gender related, with boys who are hyperactive and act out and girls who dissociate and withdraw. An accurate assessment of the problem is critical to the success of intervention. Common trauma-related problems for adolescents also include learning difficulties, test anxiety, difficulty in forming relationships, difficulty with authority figures, substance abuse, acquiescence to abuse, and violent behavior. ("Understanding Childhood Trauma" Series Part 5)

Material Title: **Impact of Transracial Adoptions on the Adopted Child and Adoptive Family (DVD)**
Author: Dr. Joseph Crumbley *DVDs* 54 minutes

This video identifies how transracial adoption impacts the child's feelings about her/himself, the birth family and community of origin; the child's interaction with the adopted family and adopted community; the nuclear and extended family's reaction to the adopted child; and how the family can manage the impact of a transracial adoption.

There are three other videos in this series: "The Special Needs of Minority Children Adopted Transracially," "Parenting Tasks in Transracial Adoptions," and "Assessing a Family's Ability to Adopt Transracially."

Material Title: **Impact of Transracial Adoptions on the Adopted Child and Adoptive Family, The (VHS)**
Author: Dr. Joseph Crumbley *Videotapes* 54 minutes

This video identifies how transracial adoption impacts the child's feelings about her/himself, the birth family and community of origin; the child's interaction with the adopted family and adopted community; the nuclear and extended family's reaction to the adopted child; and how the family can manage the impact of a transracial adoption.

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Material Title: **In the System and In the Life: A Guide for Teens and Staff to the Gay Experience in Foster Care**
Author: Youth Communication *Children's Books* 2003

The special challenges of coming out while in care are explored through stories by gay and straight teens and staff. Activities for every story make this book ideal for staff training or classes.

Material Title: **Infant Mental Health Services: Supporting Competencies/Reducing Risks**
Author: Deborah Weatherston and Betty Tableman *Books* 2002 317 pages

This book is a manual for infant mental health service specialists. Chapters include: Identification, Referral and Enrollment, Arrangements for Services, Assessment and Service Planning, Intervention Strategies, Termination or Transfer of Services, Special Circumstances, Issues of the Mental Health Specialist, Administrators and Organizations.

Material Title: **Infant Previewing: Predicting and Sharing Interpersonal Outcome**
Author: Paul V. Trad *Books* 1990 286 pages

Infant Previewing: Predicting and Sharing Interpersonal Outcome examines the developmental processes of the first two years of life from an innovative perspective that may dramatically alter the way health care professionals view and predict their perceptions of developmental phenomena. The volume introduces the concept of previewing, a developmental principle that organizes our understanding of how infants and caregivers share experience during the first few years of life. Previewing is manifested by virtually all caregivers and is designed to provide the caregiver-infant dyad with insight into imminent maturational trends and with the motivation for continuing on the development journey with a sense of mastery and control. The book not only launches the theory underlying the concept of previewing, but it also offers guidelines for using previewing to enhance the relationship between infant and caregiver. Various applications of previewing - as a means of fostering the infant's predictive abilities, as a catalyst for differentiating and coordinating developmental functions, and as a principle for motivating interpersonal communication - are analyzed.

Professional Materials

Material Title: **Infant-Parent Psychotherapy: A Handbook**

Author: Stella Acquarone

Books

2004

308 pages

Stella Acquarone began her pioneering career as a child psychotherapist and this book is based upon her observations and treatment of over 3,500 parents and their infants throughout several decades. With its roots in the major fields of psychology, emerging from developmental psychology, research in infancy and psychoanalysis of early life, she has created an exciting and ground-breaking new field of psychoanalytic psychotherapy -- infant-parent psychotherapy.

Infant-parent psychotherapy focuses on pre-verbal communication with babies, using the simple tools of experience and observation. Acquarone has developed new concepts, such as The Parenting Space and The Eternal Triangle (the mother-father-infant bond) to explain how the therapy works. This comprehensive handbook is full of vital information on the theory and practice of infant-parent psychotherapy. The history and background of infant-parent psychotherapy are laid out explaining the two vital components underlying the effectiveness of this kind of psychotherapy: neurobiological and psychodynamic. Its application to understanding babies is detailed, demonstrating the psychodynamic approach in theory and in practice. Once the basics are explained, Stella Acquarone presents a step-by-step guide on how to assess, diagnose and treat babies, including case studies for practical illustration. She also provides separate chapters on special needs babies and troubled mothers, again using case studies for examples. At the back of the book, quick reference tables, maps, matrixes and indexes are provided.

Material Title: **Infants in the Child Welfare System: A Developmental Framework for Policy and Practice**

Author: Brenda Jones Harden

Books

2007

341 pages

Every day, maltreated and neglected infants and toddlers are removed from their homes and placed into the child welfare system. Although intended to protect the children, the very act of separating very young children from their parents and familiar caregivers can put those children at greater risk of developmental delays. The importance of quickly finding a permanent placement, especially for infants, cannot be overstated. In *Infants in the Child Welfare System*, Brenda Jones Harden presents a detailed examination of the dangers faced when very young children are unable to bond with a safe dependable caregiver. Using extensive research, her work explains basic theories of child development that are especially relevant to the experiences of infants and toddlers in the child welfare system.

Material Title: **Inside I'm Hurting: Practical Strategies for Supporting Children with Attachment Difficulties in School**

Author: Louise Bomber

Books

2007

320

Inside I'm Hurting provides educational professionals with a much-needed classroom handbook of new strategies, practical tools and the confidence for supporting these children from an attachment perspective, thus promoting inclusion in the school system. Contents include: how attachment difficulties can affect a child's ability to learn; providing an 'additional attachment figure' in schools; the benefits and challenges of getting alongside children who have experienced trauma and loss; transitions during the school day; permanency and constancy; being explicit; regulating arousal levels; handling conflict; wondering aloud; lowering the effects of shame; working with transition from primary to secondary phase; developing effective home/school partnership (includes a photocopyable initial meeting prompt card); providing staff support; recommendations for future action.

Material Title: **Interpersonal Psychotherapy for Depressed Adolescents**

Author: Laura Mufson

Books

218 pages

Fully revised and expanded, the second edition of this popular treatment manual incorporates a decade's worth of scientific and practical advances. Provided are step-by-step guidelines for conducting the authors' evidence-based brief intervention, together with up-to-date information on conceptual and empirical underpinnings. Readers learn how to educate adolescents and their families about depression, work with associated relationship difficulties, and help clients manage their symptoms while developing more effective communication and interpersonal problem-solving skills. Invaluable advice is also given on handling the many challenges and crises that may arise in work with teens. Including many additional clinical vignettes and more detailed instructions throughout, the second edition features two new chapters elucidating specific therapeutic techniques and presenting an extended case example. Helpful session checklists and sample assessment tools are provided in the appendices.

Material Title: **It's Not Me: Understanding Complex Trauma, Attachment, and Dissociation**

Author: Anabel Gonzalez

Books

2018

218 pages

The aspects of our personality that we reject tell us a very important story. The way in which we define who we are - our identity - is shaped by the significant relationships in our life. If we have a history of complex relationships, whether it be with our parents, romantic partners or other significant figures, it can profoundly change the way we see ourselves. Our mind gets fragmented, and a deep conflict arises within us, which sometimes consumes a large part of our energy and keeps us from living a life that is fully satisfying. This book, which is aimed at patients and family members of people who have been through adverse situations that fit with what we call complex trauma, will present and explain some of the psychological problems that these situations can produce. Based on work done with patients who have a history of trauma or attachment disorders, different ideas are presented that can help overcome dysfunctional post-traumatic patterns. The aim of this book is to understand how the reactions that we have, which sometimes may be difficult even for us to explain, come from an accumulation of experiences and things we have learned, of which we may not even be fully aware. This book is about the psychological consequences of all these experiences, but mainly about our freedom to choose what we do with them.

Professional Materials

Material Title: **Legendary: A Tribute to Those Who Honorably Serve Devalued Children**
Author: Jaiya John *Books* 2014 207 pages

Legendary is Jaiya John's celebration of teachers, social service professionals, advocates, caregivers, counselors, mentors, and the like. Those compassionate souls who honorably serve youth devalued by society due to material poverty, heritage, language, family separation; or challenges with learning, behavior, mental health, or physical ability. Here are poetic stories to awaken your spirit, massage your heart, and remind you of the reasons you do this work. Your service touches lives, and miracles are born. Your grace endures forever. Are you experiencing compassionate fatigue, vicarious trauma, burnout, disillusionment, doubt, lack of appreciation and support, lost direction, fear, emptiness? You deserve relief. Legendary is well water drawn from the very soul of your compassionate endeavor, offered back to you in your own yearning voice. Come here and drink to your replenishment. Regain your spark of purpose. Word by word, renew your wholeness, your humanity, and your vital health. Take a dose daily. Soon, you will be breathing freely again, like the first time you answered your sacred calling.

Material Title: **Lesbian and Gay Youth Issues: A Practical Guide for Youth Workers**
Author: Gerald P. Mallon *Books* 2001 121

This book is designed to help youth care providers increase their knowledge and skills in working with gay, lesbian, bisexual, transgendered, and questioning (GLBTQ) youth and their families in a variety of settings. It provides basic information about working with this often invisible population and focuses on important issues surrounding the "coming out" process; family relations; discrimination and antigay violence; creating healthy social environments for GLBTQ youth; relationships and dating; and an array of specific, unique issues.

Material Title: **Losing a Parent to Death in the Early Years: Guidelines for the Treatment of Traumatic Bereavement in Infancy and Early Childhood**
Author: Alicia F. Lieberman, N. Compton, P. Van Horn, C. Ghosh Ippen *Books* 2003 143 pages

Four therapists and psychiatrists at the San Francisco General Hospital's Child Trauma Research Project provide therapists with guidelines for treating infants and children who have experienced the death of a parent. Coverage includes common reactions, caregiver reactions, child responses, and the variables involved.

Material Title: **Medications, Behavioral Management and Child Welfare**
Author: J.P. Bourguignon *Books* 1990 71 pages

This book describes indications and contra-indications for medications prescribed to treat behavioral problems in "systems children."

Material Title: **Mental Health Challenge of Special Needs Adoption, The: A Resource Book for Professionals Working with Adoptive Families**
Author: Children's Psychiatric Day Treatment Center, Orego *Books* 1987 111 pages

This 1987 collection of studies related to post adoption mental health services is intended to aid therapists, counselors, psychiatrists, psychologists and social workers in understanding the differences in children who have experienced adoption.

Material Title: **Mental Health in Early Intervention: Achieving Unity in Principles and Practice**
Author: Giiibert M., Jane D. Hochman Foley *Books* 2006 461 pages

For effective assessment and intervention with infants and young children, professionals need to incorporate psychological, medical, and family factors — but too often, infant mental health and early intervention are dealt with separately rather than together. Integration of these two fields is the goal of this urgently needed text, ideal for introducing mental health concepts to supervisors and students in early intervention and teaching mental health professionals more about early intervention. Readers will understand why mental health should be an integral part of early intervention identify specific mental health principles and practices that can be applied to early intervention work improve relationships with families by dealing sensitively with issues related to loss, grief, culture, class, and diversity get an integrated model of infant mental health and early intervention practice, and examine implications of the model for policy and program organization explore professional development options discover, through enlightening interviews, how both mental health and early intervention specialists define their roles and practices take a candid look at the difficulties professionals have had in the past with integrating the two fields. An ideal textbook and professional development resource for early intervention practitioners—and a useful source of insight for mental health professionals—this comprehensive book fully prepares readers to integrate two interdependent fields and improve practices in both.

Professional Materials

Material Title: **Mindfulness in the Classroom: Strategies for Promoting Concentration, Compassion, and Calm**
Author: Thomas Armstrong *Books* 2019 160

In today's schools, students and teachers feel unprecedented—even alarming—levels of stress. How can we create calmer classrooms in which students concentrate better and feel more positive about themselves and others? Author Thomas Armstrong offers a compelling answer in the form of mindfulness, a secular practice he defines as the intentional focus of one's attention on the present moment in a nonjudgmental way.

In *Mindfulness in the Classroom*, Armstrong

- Explains how mindfulness affects the structure and function of the brain.
- Provides an overview of mindfulness as both a personal practice and a classroom methodology that aligns with such educational models as Social and Emotional Learning (SEL), Positive Behavioral Intervention and Supports (PBIS), and Universal Design for Learning (UDL).
- Shares and explains the extensive research that shows the positive effects of mindfulness practices in the classroom.
- Describes how to adapt mindfulness for different grade levels, integrate it into regular school subjects, and implement it schoolwide.
- Offers guidelines for teaching mindfulness responsibly, without religious overtones.

Dozens of observations from teachers, students, researchers, and practitioners provide striking evidence of the power of mindfulness and offer hope to anyone who wants to make classrooms more productive places of learning.

Material Title: **Mobility Mapping Training Video (DVD)**
Author: Seneca Family of Agencies *DVDs* 15 minutes

In this DVD Kevin Campbell demonstrates using Mobility Mapping with a youth in foster care. A foster teen shares his memories of childhood and kinship care as he is lead through the development of a map of important connections with the purpose of finding significant people from his past.

Material Title: **Model Post Adoption Service Programs (2 CDs)**
Author: NACAC Conference 2006 CD *CDs* 2006 3 hours

Panelists representing four states with effective post-adoption programs discuss the services they offer families. Each program model will be discussed, including successes, challenges and lessons learned. The presenters will also explore adoptive families' needs and which services have the most value for families.

Material Title: **More Creative Interventions for Troubled Children and Youth**
Author: Liana Lowenstein *Books* 2002 148

This sequel is filled with more creative assessment and treatment techniques for use in individual, group, and family settings. The book begins with a variety of engagement and assessment activities providing clinicians with strategies to build therapeutic rapport and diagnostic tools to assist in treatment planning. The remaining four chapters provide activities to help children and teens identify feeling states, cope with emotional difficulties, manage anger, strengthen interpersonal skills, and enhance self-esteem. There are also techniques to deal with challenging client behavior. Each activity is described within a framework that recommends age suitability, preferred treatment modality, and appropriate stage of treatment. Materials needed to complete the activity are outlined. Several activities include worksheets that may be reproduced for use with clients. The book includes detailed instructions for all activities and a discussion section that further clarifies application and process. Activities are geared to 4-16 year-olds. Mental health professionals and teachers will find this book invaluable.

Material Title: **Mothers, Babies, and Their Body Language**
Author: Antonella Sansone *Books* 2004 304 pages

This book explores the complex interaction and the importance of early communication between mother and baby from pregnancy to the first early months of development. It provides a rich and detailed study of this earliest relationship, and makes a significant and valuable contribution to this area of the mental health field.

Material Title: **Motivating the Uncooperative Student: A Guidebook for School Counselors**
Author: John Taylor *Books* 1990 44 pages

This booklet is designed to help school counselors, teachers, administrators and mental health professionals to identify and remediate the resistive student. Strategies are included for those students with physical conditions that slow learning (such as ADD), attitudinal problems, rebellious natures, etc.

Material Title: **Motivational Interviewing: Second Edition**
Author: William R., and Rollnick, Stephen Miller *Books* 2002 428 pages

This bestselling work has introduced hundreds of thousands of professionals and students to motivational interviewing (MI), a proven approach to helping people overcome ambivalence that gets in the way of change. William R. Miller and Stephen Rollnick explain current thinking on the process of behavior change, present the principles of MI, and provide detailed guidelines for putting it into practice. Case examples illustrate key points and demonstrate the benefits of MI in addictions treatment and other clinical contexts. The authors also discuss the process of learning MI. The volume's final section brings together an array of leading MI practitioners to present their work in diverse settings.

Professional Materials

Material Title: **Multiracial Cultural Attunement**

Author: Kelly Jackson Faye

Books

2019 208 pages

In this book, Jackson and Samuels draw from their own research and direct practice with multiracial individuals and families, and also a rich interdisciplinary science and theory base, to share their model of multiracial cultural attunement. Core to this model are the four foundational principles of critical multiraciality, multidimensionality and intersectionality, social constructivism, and social justice. Throughout, the authors demonstrate how to collaboratively nurture clients emerging identities, identify struggles and opportunities, and deeply engage clients strengths and resiliencies. Readers are challenged to embrace this model as a guide to go beyond the comfort zone of their own racialized experiences to disrupt the stigma and systems of racism and monoracism that can inhibit the well-being of multiracial people and families. With case studies, skill-building resources, tool kits, and interactive exercises, this book can help you leverage the strengths and resilience of multiracial people and families and pave the way to your own personal growth and professional responsibility to enact socially just practices.

Material Title: **Mystery of Risk, The: Drugs, Alcohol, Pregnancy, and the Vulnerable Child**

Author: Ira J. Chasnoff

Books

2011 279 pages

The ill effects of a baby's exposure to drugs and alcohol while in the womb are demonstrated in this essential reference with cutting-edge information from the fields of medicine, neuroscience, and child psychology. These findings posit that many of the learning and behavior problems seen in children—from poor school performance to patterns of impulsivity often diagnosed as ADHD—are both treatable and preventable. The book first traces the history of fetal malformation back to the time of Aristotle, then presents a resounding call for integrated systems of care for high-risk children and their families. Methods for applying behavior management and treatment techniques are included for health care practitioners, social workers, early childhood intervention specialists, special education teachers, and parents, whether for use at home, at school, or in the clinical setting.

Material Title: **Neurobehavioral and Social-Emotional Development of Infants and Children, The**

Author: Ed Tronick

Books

2007 571 pages

Tronick has gathered together his most influential writings in a single, essential volume. Organized into five parts—(I) Neurobehavior, (II) Culture, (III) Infant Social-Emotional Interaction, (IV) Perturbations: Natural and Experimental, and (V) Dyadic Expansion of Consciousness and Meaning Making—this book represents his major ideas and studies regarding infant-adult interactions, developmental processes, and mutual regulation.

Material Title: **Neurobiology of Attachment-Focused Therapy, The: Enhancing Connection & Trust in the Treatment of Children & Adolescents**

Author: Jonathan & Daniel Baylin & Hughes

Books

2016 304 pages

This groundbreaking book explores, for the first time, how the attachment-focused family therapy model can respond to this question at a neural level. It is a rich, accessible investigation of the brain science of early childhood and developmental trauma. Each chapter offers clinicians new insights—and powerful new methods—to help neglected and insecurely attached children regain a sense of safety and security with caring adults. Throughout, vibrant clinical vignettes drawn from the authors' own experience illustrate how informed clinical processes can promote positive change.

Professional Materials

Material Title: **Neurodiversity in the Classroom: Strength-Based Strategies to Help Students with Special Needs Succeed in School and Life**

Author: Thomas Armstrong *Books* 2012 184

A new concept on human diversity has emerged over the past 10 years that promises to revolutionize the way educators provide services to students with special needs: neurodiversity. Just as we celebrate diversity in nature and cultures, so too do we need to honor the diversity of brains among our students who learn, think, and behave differently. In *Neurodiversity in the Classroom*, best-selling author Thomas Armstrong argues that we should embrace the strengths of such neurodiverse students to help them and their neurotypical peers thrive in school and beyond.

This innovative book focuses on five categories of special needs: learning disabilities, attention deficit hyperactivity disorder, autism, intellectual disabilities, and emotional and behavioral disorders. For each category, Armstrong provides an in-depth discussion of

- * The positive attributes associated with that category,
- * Acclaimed neurodiverse adults who have excelled in their chosen fields,
- * Computer programs and applications that allow students with special needs to overcome obstacles and achieve success,
- * Rich networks of human resources both inside and outside of school that educators can draw upon to support the social and emotional lives of neurodiverse students,
- * Innovative learning strategies that are tailored to each student's unique strengths,
- * Future career paths for which a student's particular gifts might be a good fit,
- * Modifications in the school environment that allow for seamless inclusion of neurodiverse students in the regular classroom, and
- * Timely information about how to integrate the strategies and assessments for each category with the Common Core State Standards.

It's time that we focused on celebrating rather than pathologizing our students with special needs so that they can fully realize their potential in school and life. This practical and thought-provoking book will inspire teachers and administrators everywhere to make sure that all students with special needs get the support and strength-based instruction they deserve.

Material Title: **Parent-Infant Psychodynamics: Wild Things, Mirrors and Ghosts**

Author: Joan Raphael-Leff *Books* 2003 317 pages

This book focuses on the interweaving psychic realities and unconscious dynamics between family members. These are set in the context of changing patterns of socio-cultural expectations, ethical considerations and biological realities. The broad spectrum of topics encourage self-reflective thinking about the role of health-care professionals working with families at various phases of the life cycle, in illness and health. In particular, recognition of risk factors relating to areas of emotional vulnerability in clients and their impact on the practitioner. It is intended for interested parents, students and professionals working with expectant parents, babies and their families. Contributors include: Acquarone, Balint, Bick, Bion, Bourne, Brazelton, Bryan, Daws, Fraiberg, Green, Grier, Hawthorne, Hopkins, Lewis, Murray, Spitz, Trevarthen, Tronick, Winnicott, Wittenberg, Wright.

Material Title: **Parenting Adopted Adolescents: Understanding and Appreciating Their Journeys (2 CDs)**

Author: Gregory Keck *CDs* 8/5/2011 25 minutes

Presented by Gregory Keck of the Attachment and Bonding Center of Ohio at the 37th NACAC Conference 2011 in Denver, Colorado. Filled with information about typical adolescent development, this session explores how adopted adolescents may deal with developmental issues such as separation and individuation, identity formation, and sexuality. Parents will gain insight into how to help an adolescent make transitions, and professionals will get information they need to work with adopted adolescents and their families.

Material Title: **Parenting Tasks in Transracial Adoptions (DVD)**

Author: Dr. Joseph Crumbley *DVDs* 20 minutes

This video presents a psychosocial rationale explaining the parenting tasks with minority children; parental tasks, resources and capabilities; and information and networks parents must access and provide their adopted child.

There are three other videos in this series: "Assessing a Family's Ability to Adopt Transracially," "The Impact of Transracial Adoptions on the Adopted Child and Adoptive Family," and "The Special Needs of Minority Children Adopted Transracially."

Material Title: **Parenting Tasks in Transracial Adoptions (VHS)**

Author: Dr. Joseph Crumbley *Videotapes* 20 minutes

This video presents a psychosocial rationale explaining the parenting tasks with minority children; parental tasks, resources and capabilities; and information and networks parents must access and provide their adopted child.

There are three other videos in this series: "Assessing a Family's Ability to Adopt Transracially," "The Impact of Transracial Adoptions on the Adopted Child and Adoptive Family," and "The Special Needs of Minority Children Adopted Transracially."

Professional Materials

Material Title: **Parents' Adoption Issues and Their Effect on Attachment (CD)**

Author: Regina Kupecky

CDs

2008

Adoption issues and parents' past experiences often create barriers to healing for their children. While it is not an adoptive parent's fault that the child has attachment difficulties, it is the parent's responsibility to create a family atmosphere in which children can heal. Learn how to help parents face their own issues so they become available for children to change.

Recorded at the 2008 NACAC Conference in Ottawa, Regina Kupecky presents.

Material Title: **Parent's Guide to Identifying and Responding to Childhood Trauma, A (DVD)**

Author: Dr. Bruce Perry

DVDs

2002 44 minutes

The 2001 terrorist attacks rank high on the trauma scale, but there are other kinds of childhood trauma. This video helps parents identify and respond to trauma from parental divorce, the death of a parent or sibling, a life threatening accident or illness, extreme school violence, and natural catastrophic disasters, such as earthquakes, tornados and floods, as well as terrorist attacks. The suddenness of the event, the fear produced, the confusion, and the lack of coping skills make these events traumatic for many children. It is important for parents to know what to do in identifying reactions to these events in their children and the appropriate responses to take. This video features Dr. Bruce D. Perry a pioneer in the research focused on traumatized children. Dr. Perry's work includes examining the long-term cognitive, behavioral, emotional, social, and psychological effects of trauma in children, adolescents and adults.

Material Title: **Parent's Guide to Identifying and Responding to Childhood Trauma, A (DVD)**

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Material Title: **Pediatric Disorders of Regulation in Affect and Behavior: A Therapist's Guide to Assessment and Treatment**

Author: Georgia DeGangi

Books

2000 334 pages

This book, designed for mental health professionals and occupational therapists working with infants and children, describes in detail, specific treatment approaches for problems of mood regulation, sensory processing, attention, sleep, feeding, and play and social interactions. Comprehensive case presentations are included in each chapter to demonstrate this innovative and integrated treatment approach.

Material Title: **Pediatric Disorders of Regulation in Affect and Behavior: A Therapist's Guide to Assessment and Treatment**

Author: Georgia DeGangi

Books

2000 371 pages

This book represents state of the art coverage of the latest theory, research and treatment strategies for infants and children with problems of regulation. Designed for mental health professionals and occupational therapists working with infants and children, this comprehensive book provides the most recent advances in addressing disorders of self-regulation. Screening and assessment procedures are described in detail to help the reader evaluate self-regulation, attention, sensory processing, and parent-child interactions in infants and children. This book is the first of its kind to integrate treatment approaches from the fields of infant/child mental health and sensory integration.

Material Title: **Permutations of Permanency, The: Making Sensible Placement Decisions**

Author: Richard Delaney

Books

1998 21 pages

In this booklet, Dr. Delaney offers an introduction to the process of making sensible and sensitive placement decisions. Attention to the twelve placement principles listed here will reduce the chances of making inappropriate placement decisions and lead to the individual optimum permanency for each child.

Material Title: **Play in Family Therapy**

Author: Eliana Gil

Books

1994 209 pages

Part one of this book for therapists is entitled "The History of and Rationale for Family Play Therapy." Part Two is entitled, "The application of Play Therapy Techniques and Clinical Examples," and it includes chapters on puppet interviews, family art therapy, story-telling techniques, and additional play techniques.

Material Title: **Play Therapy**

Author: Virginia Axline

Books

1969 374 pages

The author discusses the use of play therapy for children with behavioral, emotional or other psychological problems. The bulk of the text consists of highly readable annotated transcripts of therapeutic sessions that illustrate the principles. The transcripts are authentic, and the annotations include comments on errors the therapist makes, as well as positive points.

Professional Materials

Material Title: **Positive Prescriptions for Negative Parenting: The Counselors Guide to Assisting Troubled Parents and Children**
Author: John Taylor *Books* 1995 (revised) 47 pages

This booklet is designed as a quick reference manual for school counselors, educators, school administrators, and mental health professionals. It features step-by-step guidelines for identifying and counterering twelve common destructive parenting styles.

Material Title: **Post Adoption Family Therapy: A Practice Manual**
Author: Cheryl Prew *Books* 1990 40 pages

This resource book provides current information about the unique challenges adoptive families face, describes the Protective Bonding Cycle and its role in the attachment process, and presents a treatment model utilizing six innovative solution-focused intervention techniques that work with adoptive families.

Material Title: **Power of Questions, The: Building Quality Relationships with Families**
Author: Rebecca Parlakian *Books* 2001 11 pages

Focusing on direct service work with parents and children, this resource explores reflective approaches that program leaders and staff can use to establish relationships with families. Strategies for boundary setting and managing one's reactions to families address the complex interpersonal situations that staff face every day.

Material Title: **Power of the Adolescent Brain, The; Strategies for Teaching Middle and High School Students**
Author: Thomas Armstrong *Books* 2016 176

Thoroughly grounded in current neuroscience research, the book explains what we know about how the adolescent brain works and proposes eight essential instructional elements that will help students develop the ability to think, make healthy choices, regulate their emotions, handle social conflict, consolidate their identities, and learn enough about the world to move into adulthood with dignity and grace.

Material Title: **Practice of Psychoanalytic Parent-Infant Psychotherapy, The: Claiming the Baby**
Author: Tessa Baradon, M Biseo, C Broughton, J James, & A Joyce *Books* 2005 215 pages

This comprehensive handbook addresses the provision of therapeutic help for babies and their parents when their attachment relationship is derailed and a risk is posed to the baby's development. Drawing on clinical and research data from the biological and psychological sciences, this book presents a treatment approach that is comprehensive, flexible and sophisticated, whilst also being clear and easy to understand. The first section, The Theory of Parent Infant Psychotherapy, offers the reader a theoretical framework for understanding the emotional-interactional environment within which infant development takes place. It draws upon psychoanalysis, attachment and developmental research to describe how babies' minds and development are sculpted by the dynamics of the relationship with their primary love figures. The second section, The Therapeutic Process, invites the reader into the consulting room to participate in a detailed examination of the relational process in the clinical encounter. The third section, Clinical Papers, provides case material to illustrate the unfolding of the therapeutic process.

Material Title: **Promoting Healthy Attachments: Hands-On Techniques to Use with Your Clients**
Author: Deborah Gray *Books* 2019 307

This book is a hands-on, practical guide to successful attachment-oriented interventions with parents and children who present with a variety of issues, from trauma to depression to anger. It begins with an understanding of attachment's role in stress regulation and relationships. With the basics examined, the book takes a deep dive into the practicalities of clinical work. The book lays out a detailed behavioral checklist for each attachment pattern (secure, avoidant, ambivalent, disorganized). This checklist provides a rich source of interventions for therapists. The author includes sensory-base interventions and how to use body-based methods. Play that strengthens attachments is also discussed.

Material Title: **Promoting Positive Parenting: An Attachment-Based Intervention**
Author: Femmie Juffer, M Bakermans-Kranenburg, M van Ijzendoorn *Books* 2008 238 pages

Video-feedback Intervention to Promote Positive Parenting (VIPP) is a brief and focused parenting intervention program that has been successful in a variety of clinical and non-clinical groups and cultures. The book describes the implementation and testing of a variety of VIPP based interventions highlighting different families in a variety of childcare settings, and in various countries including the Netherlands, Italy, the United Kingdom, and the United States. Chapters present how the VIPP approach was implemented in samples of insecure mothers, mothers with eating disorders, preterm infants, adopted children, and children with early behavior problems.

Material Title: **Promoting Successful Adoptions: Practice With Troubled Families**
Author: Susan Livingston Smith and Jeanne Howard *Books* 1999 254 pages

This book, written for social workers and other professionals, focuses on adoptive families after finalization. The authors incorporate the findings of their own unique research project on troubled adoptive families with other empirical research, theory, and practice knowledge. Using case examples, detailed case histories, and various practice strategies, the authors offer a clear and well-documented overview of the topic.

Professional Materials

Material Title: **Psychoanalytic Therapy with Infants and Parents: Practice, Theory and Results**
Author: Bjorn Salomonsson *Books* 2014 218 pages

Psychoanalytic Therapy with Infants and Parents provides a clear guide to clinical psychoanalytic work with distressed babies and unhappy parents, a numerous clinical group so often in need of urgent help. Although psychoanalytic work is primarily verbal, and infants may have limited language, this form of treatment is receiving increased attention among therapists. Björn Salomonsson explores how such work can be possible and benefit infants, how to work with the parents (especially the mother), and how major psychoanalytic concepts such as primal repression, infantile sexuality and transference can be worked with and understood in these therapies.

Material Title: **Psychological Assessment of Sexually Abused Children and Their Families**
Author: William N. Friedrich *Books* 2002 279 pages

This book for professionals examines purposes of psychological evaluation and sets forth a theoretical framework for assessment of children believed to have been sexually abused and their families. Nineteen appendixes (41 pages) follow the text.

Material Title: **Psychological Trauma**
Author: Bessel A. van der Kolk, M.D. *Books* 1987 232 pages

The chapters in this book for professionals, written by van der Kolk and usually one or more of seven distinguished additional contributors, each deal with a specific aspect of the psychological and/or physiological effects of trauma. Each chapter, though written for its context within this book, also stands alone as an essay on its particular area of focus.

Material Title: **Psychology of Adoption, The**
Author: David M. Brodzinsky *Books* 1990 347 pages

This highly technical book explores theoretical perspectives on adoption adjustment, research and clinical issues, as well as social policy and casework issues in adoption. It brings together the work of researchers and practitioners in the fields of psychiatry, developmental and clinical psychology, and social work in the field of adoption.

Material Title: **Psychotherapy with Infants and Young Children: Repairing the Effects of Stress and Trauma on Early Attachment**
Author: Alicia F. Lieberman and Patricia Van Horn *Books* 2008 366 pages

This eloquent book presents an empirically supported treatment that engages parents as the most powerful agents of their young children's healthy development. Child-parent psychotherapy promotes the child's emotional health and builds the parent's capacity to nurture and protect, particularly when stress and trauma have disrupted the quality of the parent-child relationship. The book provides a comprehensive theoretical framework together with practical strategies for combining play, developmental guidance, trauma-focused interventions, and concrete assistance with problems of living. Filled with evocative, "how-to-do-it" examples, it is grounded in extensive clinical experience and important research on early development, attachment, neurobiology, and trauma.

Material Title: **Raising Biracial Children**
Author: Kerry Ann Rockquemore *Books* 2005 240 pages

As the multiracial population in the United States continues to rise, new models for our understanding of mixedrace children and their conception of racial identity must be developed. Raising Biracial Children provides parents, educators, social workers, and anyone interested in multiracial issues with an accessible framework for understanding healthy mixedrace identity development and to translate those findings into practical caregiving strategies.

Material Title: **Raising Children Who Refuse To Be Raised**
Author: Dave Ziegler *Books* 2000 310 pages

Dr. Ziegler, the founder and Executive Director of SCAR/Jasper Mountain, a treatment program for some of our society's most damaged children, has also been a foster parent to hundreds of challenging children. He provides a mix of wisdom that comes from working in this field for 30 years, humor, and practical tools for families and their therapists/coaches. The safe emotional environment he describes combines optimal structure and appropriate limits with nourishment and compassion.

Material Title: **Relatives Raising Children: An Overview of Kinship Care**
Author: Dr. Joseph Crumbley *Books* 1997 111 pages

This book provides professionals and organizations the information they need to develop and provide services for kinship caregivers, kinship families, children and parents. Topics discussed are common clinical issues, intervention strategies, legal implications, and policy and program recommendations.

Material Title: **Rhythms of Learning: Creative Tools for Developing Lifelong Skills**
Author: Chris Brewer *Books* 1991 317 pages

This book details the importance of rhythm and music for self-development and education. Aimed at the teacher or practitioner, it explores scientific discoveries and describes new and old music therapy techniques.

Professional Materials

Material Title: **Safe Place for Caleb, A: An Interactive Book for Kids, Teens and Adults with Issues of Attachment, Grief, Loss or Early Trauma**

Author: Kathleen & Paul Chara

Books

Jan 1970 128 pages

A Safe Place for Caleb is a comprehensive and richly illustrated resource for individuals of all ages who are dealing with attachment problems. Parents, professionals, and lay people will find this book helpful in understanding and addressing attachment disorders in children, adolescents, and adults.

The first half of the book is an interactive story that follows the experiences of Caleb, a young boy who relates his difficulties and frustrations in forming and sustaining healthy relationships. He learns strategies for coping with attachment issues during his journey to the Safe Tree House, where he is introduced to the four "attachment healing keys". These act as therapeutic tools to unlock difficulties with attachment, and are presented using text and illustrations that are easily accessible for readers of all ages, even for young children.

The second half of the book presents a summary of current scientific thought on attachment styles and disorders, and provides a wide array of assessment tools, photocopiable material and healing techniques to address attachment difficulties. Lists of helpful organizations and relevant reading materials are also presented.

Based on established psychological principles, the book is a unique and imaginative guide for professionals, parents, caregivers, and people of all ages who are dealing with attachment issues.

Material Title: **Scientific Basis of Child Custody Decisions, The**

Author: Robert Orlans

Books

1999 443 pages

This book was written to help lawyers, judges, custody evaluators, social workers, psychologists, policymakers and parents understand the tangle of information and concepts involved in child custody decisions. A seven page chapter by Susan Fisher highlights how to deal sensitively with issues of loss, separation and abandonment.

Material Title: **Secure Relationships: Nurturing Infant/Toddler Attachment in Early Care Settings**

Author: Alice Sterling Honig

Books

2002 78 pages

For healthy adjustment in childhood and later in life, infants and toddlers need secure attachments to the adults who care for them. Loving, responsive, and consistent care from primary caregivers is key to young children learning to form relationships. Alice Honig, with her vast experience and deep knowledge of research and theory, distills key points needed in understanding and building attachment. Vital information and sound advice for caregivers and parents too.

Material Title: **Seeing is Believing: Videotaping families and using guided self-observation to build on parenting strengths**

Author: Martha Farrell Erickson, Julie Endersbe, and Jill Simon

Books

1999 66 pages

Originally developed as part of the STEEP™ program, Seeing is Believing® is a unique practice that helps parents increase their sensitivity and responsiveness to their babies' cues by using a videotaping strategy. Through videotaping and guided viewing, Seeing is Believing® promotes perspective-taking by giving parents a chance to see, from the camera's point of view, what happens between them and their baby. We have found video technology to be a remarkable tool in helping moms and dads gain new insight into their baby's feelings and behavior.

Through Seeing is Believing®, the home visitor or facilitator is trained to:

- videotape parent and baby for a short time as they go about their everyday activities (e.g., feeding, bathing, playing);
- watch the tape together with the parent;
- guide the parent in recognizing the unique characteristics of the baby;
- and enhance the parent's ability to read the baby's cues and signals and meet its needs.

This manual helps trainers to learn and practice the skills that are necessary for this important strategy.

Material Title: **Sensory Integration and Self-Regulation in Infants and Toddlers: Helping Very Young Children Interact with Their Environment**

Author: G. Gordon Williamson and Marie E. Anzalone

Books

2001 130 pages

Every child has a unique pattern of taking in and responding to information from the senses. Written for a multidisciplinary audience of infant-family professionals, the authors integrate knowledge from a variety of fields to help readers understand sensory development, and learn about effective assessment and intervention approaches.

Professional Materials

Material Title: **Seven Core Issues in Adoption and Permanency: A Comprehensive Guide to Promoting Understanding and Healing In Adoption, Foster Care, Kinship Families and Third Party Reproduction**

Author: Sharon Kaplan Roszia & Allison Davis Maxon *Books* 2019 472

Based on a hugely successful US model, the Seven Core Issues in Adoption is the first conceptual framework of its kind to offer a unifying lens that was inclusive of all individuals touched by the adoption experience.

The Seven Core Issues are Loss, Rejection, Shame/Guilt, Grief, Identity, Intimacy, and Mastery/Control. The book expands the model to be inclusive of adoption and all forms of permanency: adoption, foster care, kinship care, donor insemination and surrogacy. Attachment and trauma are integrated with the Seven Core Issues model to address and normalize the additional tasks individuals and families will encounter.

The book views the Seven Core Issues from a range of perspectives including: multi-racial, LGBTQ, Hispanic, Asian, Native American, African-American, International, openness, search and reunion, and others. This essential guide introduces each Core Issue, its impact on individuals, offering techniques for growth and healing.

Material Title: **Sexual Safety in Adoption and Foster Care: A Prerequisite to Healing (2 CDs)**

Author: CD *CDs* 2008

In this presentation, recorded at the 2008 NACAC Conference in Ottawa, adoption workers learn how to help adoptive parents create a healing milieu to counteract the negative impact of past trauma on a child's psychosocial and cognitive development and to enhance positive self-esteem. Learn how to enable adoptive families to become the central ingredient in the recovery of these children.

Material Title: **Sexualized Children: Assessment and Treatment of Sexualized Children and Children Who Molest**

Author: Eliana Gil and Toni Cavanagh Johnson *Books* 1993 325 pages

In this book for professionals, the authors discuss etiologic theories, a continuum of sexual behaviors, clinical evaluation, and individual, group, and family therapies among other concepts.

Material Title: **Short-Term Parent-Infant Psychotherapy**

Author: Paul V. Trad *Books* 1993 350 pages

Uses case studies to elaborate on parent-infant psychotherapy, which brings both parent and infant to the therapist to overcome problems, including postpartum depression, preventing the child's development from being derailed.

Material Title: **Siblings in Late Permanent Placements**

Author: Alan Rushton *Books* 2001 164 pages

This publication from British Agencies for Adoption and Fostering (BAAF), intended for practitioners and researchers in the fields of both social work and children's mental health care, looks at issues surrounding permanent placement of children who have siblings. The research study follows a sample of 133 children placed with 72 new families in middle childhood in the UK and explores the patterns of separation and reunion and compares the outcomes for jointly and singly placed children.

Material Title: **Significant Event Childhood Trauma (DVD)**

Author: Bruce Perry *DVDs* 2002 29 minutes

Sometimes a single significant event can cause trauma in the life of a child. Such events include the death of a parent or sibling, parental divorce, violence, and natural disasters. If not addressed, significant-event childhood trauma will negatively affect normal and healthy childhood development. Typical effects of trauma are the alarm state, re-experiencing, emotional memory, avoidance, and dissociation. Effective intervention involves openness and honesty, nurturing, and the frank discussion of details.

Program segments include Significant Event Trauma Effects, Targeting Resources, In the Classroom, Divorce, Single Parents, Addiction, Violence, and Intervention. Over time and with compassionate care and intervention, children can recover from a traumatic childhood event and be better prepared for similar losses and other trauma later in life.

Material Title: **Significant Event Childhood Trauma (VHS)**

Author: Bruce Perry *Videotapes* 2002 29 minutes

Sometimes a single significant event can cause trauma in the life of a child. Such events include the death of a parent or sibling, parental divorce, violence, and natural disasters. If not addressed, significant-event childhood trauma will negatively affect normal and healthy childhood development. Effective intervention involves openness and honesty, nurturing, and the frank discussion of details. Program segments include Significant Event Trauma Effects, Targeting Resources, In the Classroom, Divorce, Single Parents, Addiction, Violence, and Intervention. Over time and with compassionate care and intervention, children can recover from a traumatic childhood event and be better prepared for similar losses and other trauma later in life. ("Understanding Childhood Trauma" Series Part 2.)

Professional Materials

Material Title: **Spark: The Revolutionary New Science of Exercise and the Brain**
Author: John J. Ratey and Eric Hagerman *Books* 1/1/13 304

Did you know you can beat stress, lift your mood, fight memory loss, sharpen your intellect, and function better than ever simply by elevating your heart rate and breaking a sweat? The evidence is incontrovertible: aerobic exercise physically remodels our brains for peak performance.

In SPARK, John Ratey, MD embarks upon a fascinating journey through the mind-body connection, illustrating that exercise is truly our best defense against everything from depression to ADD to addiction to menopause to Alzheimer's. Filled with amazing case studies (such as the revolutionary fitness program in Naperville, Illinois, that has put the local school district of 19,000 kids first in the world of science test scores), SPARK is the first book to explore comprehensively the connection between exercise and the brain. It will change forever the way you think about your morning run.

Material Title: **Special Needs of Minority Children Adopted Transracially, The (DVD)**
Author: Dr. Joseph Crumbley *DVDs* 52 minutes

This video discusses the minority child's need for cultural and positive racial identity; surrogate role models, cultural and community interaction, skills and explanations to cope with prejudice and discrimination; and parent(s) with specific skills to address the minority child's needs.

There are three other videos in this series: "The Impact of Transracial Adoption on the Adopted Child and Adoptive Family," "Parenting Tasks in Transracial Adoption," and "Assessing a Family's Ability to Adopt Transracially."

Material Title: **Special Needs of Minority Children Adopted Transracially, The (VHS)**
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Material Title: **Students Like Me: Teaching Children with Fetal Alcohol Syndrome (VHS)**
Author: Video *Videotapes* 2000 39 minutes

This video gives elementary and special education teachers a clear understanding of what Fetal Alcohol Syndrome is, how it affects children's learning and behavior, and what can be done to modify classroom environments and teaching methods to allow children with FAS to learn.

Material Title: **Supporting Foster and Adoptive Families Through Crisis (2 CDs)**
Author: Jayne Schooler and Betsy Keefer Smalley *CDs* 8/5/2011 2 hours

Presented by Jayne Schooler & Betsy Keefer Smalley of the Institute for Human Services, Ohio at the 37th NACAC Conference 2011 in Denver, Colorado. When a child who has experienced abuse, neglect, or trauma enters a foster or adoptive family, the family will be transformed. Most often, this transformation is positive for the whole family. Occasionally, however, the challenge of keeping the child in the home feels insurmountable. This interactive workshop addresses what happens in these foster/adoptive families and how workers can be prepared to guide families from the pain to the other side. This workshop tackles tough and realistic issues faced by families and helps professionals fully understand these issues. Participants will leave the workshop with practical tools to help families assess the impact of fostering or adopting and find strategies to overcome a crisis.

Professional Materials

Material Title: **Tackling the tough stuff: a home visitor's guide to supporting families at risk**
Author: Angela M., Stephan A. Viehweg Tomlin *Books* 2016 228 pages

Home visits with at-risk families present unique, complex challenges that professionals must be ready to address with skill and sensitivity. The problem-solving framework in this practical guide will help home visitors manage their on-the-job challenges--and support and empower vulnerable families of children birth to 3.

The authors' PAUSE framework (Perceive, Ask, Understand, Strategize, and Evaluate) walks home visitors through the entire process of addressing problems, from recognizing a difficult situation to evaluating the chosen action steps. Readers will learn how to apply the framework in real-world situations as they:

- partner with parents to understand their perspectives
- take direct action to help solve key challenges (self-regulation, sleeping problems, feeding issues, biting and hitting, meltdowns, cooperating and following directions, fears and separation anxiety)
- skillfully blend relationship-based and reflective practice approaches
- understand what's behind children's challenging behaviors
- work sensitively with families facing difficult situations, including domestic violence, substance abuse, and mental illness
- set appropriate boundaries with families
- use self-care strategies to address symptoms of burnout

Readers will get a wealth of practical materials, including helpful sample dialogues and reproducible materials on exploring challenging behaviors, discussing difficult topics, helping parents improve their skills, and more. (Reproducible materials are included in this book and are available online.) With this essential guide, home visitors will provide effective support for at risk families--and equip them with skills they'll use long after the visit is over.

Material Title: **Talking With Young Children About Adoption**
Author: Mary Watkins *Books* 1993 241 pages

This book, for parents of children ages two to ten, discusses what to say to adopted children and when to say it. It also explores how kids respond to the concept of adoption, how they incorporate it into their make-believe play, and what worries they have.

Material Title: **Taming the Tornado In Your Classroom and at Home: A Positive Approach to Management & Discipline for Educators & Parents**
Author: Allan Lifson *Books* 1980 214 pages

This book offers parents and teachers ideas for working with hyperactive children. A lot has been learned about hyperactivity in the last two decades, so this shouldn't be used as an introduction to ADHD or related disabilities, but there are practical tips and strategies here that many parents and teachers might find useful in their day-to-day interactions with the "tornadoes" in their lives.

Material Title: **Teaching With Love & Logic: Taking Control of the Classroom**
Author: Jim Fay & David Funk *Books* 1995 364 pages

The "Love and Logic" techniques that Jim Fay and Foster Cline developed for parents is adapted for use by classroom teachers.

Material Title: **Teen Mental Health in an Online World; Supporting Young People Around Their Use of Social Media, Apps, Gaming, Texting, and the Rest**
Author: Victoria Betton *Books* 10/18/2018 296

This essential book shows practitioners how they can engage with teens' online lives to support their mental health. Drawing on interviews with young people it discusses how adults can have open and inquiring conversations with teens about both the positive and negative aspects of their use of online spaces.

Material Title: **Tender Healing (VHS)**
Author: Spaulding for Children *Videotapes* 1997 45 minutes

A Video Curriculum for Foster, Adoptive and Kinship Care Parents, with Drs. Vera Falhberg, Richard Delaney and Joseph Crumbley. This DVD features three segments designed to help parents and professionals better understand issues related to helping troubled children. The three components include: Part 1: Helping Children Make Transitions; Part 2: Helping Children Build Attachments; and, Part 3: Effective Strategies for Discipline. Designed for parents caring for children in the child welfare system who have been abused or neglected.

Professional Materials

Material Title: **Tender Years, The: Toward Developmentally Sensitive Child Welfare Services for Very Young Children**

Author: Jill Duerr Berrick, B. Needell, R. Barth, and M. Jonson-Reid *Books* 1998 203 pages

Today most children entering the child welfare system are very young, and, in most large states, infants are the largest group of children entering foster care each year. Social service systems are typically not designed for very young children, however, and therefore fail to serve their special needs. This shortcoming is significant because protecting very young children from physical harm is not enough; they must also be protected from developmental harm.

The Tender Years is the first textbook to address this critical situation. Beginning with an overview of child development theory, it examines child abuse reporting patterns and discusses placement in foster care, reunification, and adoption. It also looks at public child welfare practice, featuring vivid examples of the children and families served by this system. The authors analyze the differences between the foster care experiences of very young children and those of older children, with special emphasis on the way the child welfare system deals with infants. Based on a significant body of evidence regarding young children's unique affective, physical, and cognitive development, this text illuminates the interrelationship of child welfare practice, child development outcomes, and public policy. The authors offer a fundamental framework for decision-making in child welfare when young children are involved, and recommend specific changes in policy and practice aimed at moving the system toward greater developmental sensitivity.

Material Title: **Texas Judicial Summit: Improving Outcomes for Children in Care**

Author: TCU Institute *DVDs*

Tragically, many children who are abused or neglected suffer long-term consequences from the early harm, and often follow a path to mental illness/incarceration. This training is focused on how to improve successful placements, and enhance the assessment of children through the use of attachment theory and model safety plans.

Material Title: **The Irreducible Needs Of Children: What Every Child Must Have To Grow, Learn, And Flourish**

Author: T. Berry Brazelton, M.D. & Stanley I Greenspan, M.D. *Books* 2001 248

What do babies and young children really need? For the first time, two famed advocates for children cut through all the theories, platitudes, and controversies that surround parenting advice to define what every child must have in the first years of life. They lay out the seven irreducible needs of any child, in any society, and confront such thorny questions as: How much time do children need one-on-one with a parent? What is the effect of shifting caregivers, of custody arrangements? Why are we knowingly letting children fail in school? Nothing is off limits. This short, hard-hitting book, the fruit of decades of experience and caring, sounds a wake-up call for parents, teachers, judges, social workers, policy makers-anyone who cares about the welfare of children.

Material Title: **Therapeutic Communication With Children: The Mutual Storytelling Technique**

Author: Richard Gardner *Books* 1971 970 pages

Learn the techniques to use in storytelling to do therapy with children. Meticulous examples and research in working with children.

Material Title: **Therapeutic Metaphors for Children and the Child Within**

Author: Joyce Mills *Books* 1986 261 pages

For clinicians, presents a method of applying Erikson's metaphoric interpersonal technique for child therapy. Incorporates theory, technique, and examples to give the reader a full sense of the 'second generation' Eriksonian method of therapy with children of all ages.

Material Title: **Therapeutic Residential Care for Children and Yyoung People; An Attachment and Trauma-Informed Model for Practice**

Author: Susan Barton *Books* 2011 288

Children and young people in care who have been traumatized need a therapeutic environment where they can heal and which meets their emotional and developmental needs.

This book provides a model of care for traumatized children and young people, based on theory and practice experience pioneered at the Lighthouse Foundation, Australia. The authors explain the impact of trauma on child development, drawing on psychodynamic, attachment and neurobiological trauma theories. The practical aspects of undertaking therapeutic care are then outlined, covering everything from forming therapeutic relationships to the importance of the home environment and daily routines. The book considers the totality of the child's experience at the individual, group, organization and community levels and argues that attention to all of these is essential if the child is to achieve wellness. Case material from both children and carers are used throughout to illustrate both the impact of trauma and how children have been helped to recovery through therapeutic care.

This book will provide anyone caring for traumatized children and young people in a residential setting with both the understanding and the practical knowledge to help children recover. It will be essential reading for managers and decision-makers responsible for looked after children, child care workers such as residential and foster carers, youth workers, social workers, mental health workers and child welfare academics.

Professional Materials

Material Title: **Therapeutic Treasure Box, A ; for Working with Children and Adolescents with Developmental Trauma**

Author: Karen Treisman *Books* 9/21/2017 424

Like a treasure chest, this resource overflows with valuable resources - information, ideas and techniques to inspire and support those working with children who have experienced relational and developmental trauma.

Drawing on a range of therapeutic models including systemic, psychodynamic, trauma, sensory, neurobiological, neurocognitive, attachment, cognitive behavioural, and creative ideas, Dr Karen Treisman explains how we understand trauma and its impact on children, teens and their families. She details how it can be seen in symptoms such as nightmares, sleeping difficulties, emotional dysregulation, rage, and outbursts.

Theory and strategies are accompanied by a treasure trove of practical, creative, and ready-to-use resources including over 100 illustrated worksheets and handouts, top tips, recommended sample questions, and photographed examples.

Material Title: **Theraplay: Innovations in Attachment Enhancing Play Therapy**

Author: Evangeline Munn *Books* 2000

This structured compilation of essays is aimed at play therapists and other professionals who work with children and families. Theraplay is a form of structured play therapy designed to strengthen the attachment between parents and their child. It is applicable to children of all ages, with a wide range of emotional, social and behavioral problems. It is short term and cost effective. Theraplay techniques are clearly and creatively presented with rich clinical detail in this volume.

Material Title: **Toolbox No. 3: Facilitating Permanency for Youth**

Author: Gerald P. Mallon *Books* 2005 81 pages

This book from Child Welfare League of America offers a permanency assessment approach that identifies the youth's current relationships and attitudes toward permanency, provides guidelines that promote permanency, and includes an array of practices, including family group decision making, circles of support, digital portraiture, person-centered planning, lifebooks, mentoring programs, permanency retreats, youth empowerment programs, etc.

Material Title: **Tools for Tots: Sensory Strategies for Toddlers and Preschoolers**

Author: Diana A. Henry, Maureen Kane-Wineland, and Susan Swindem *Books* 2007 53 pages

This book is designed to offer practical sensory options to improve the ability of toddlers and preschoolers to function in their environments at home, in child care centers and in school.

Material Title: **Transracial Adoption and Foster Care: Practical Issues for Professionals**

Author: Dr. Joseph Crumbley *Books* 1999 114 pages

The purpose of this book is to show professionals how to help children and families make transracial adoptions and foster placements work. It describes specific ways that practitioners can work with transracial families to ensure that children develop positive racial and cultural identities. Cultural competence, recruitment of minority adoptive parents, and myths of transracial adoption are also addressed.

Material Title: **Transracial Adoptive Parenting: A Black/White Community Issue**

Author: Leora Neal and Al Stumph *Books* 2003 25 pages

The authors discuss the state of adoption for black children in the U.S., addressing such issues as why a disproportionate number of the children in the child welfare system are African American; problems encountered by African Americans when they attempt to adopt; the importance of preserving racial connections and identity; etc.

Material Title: **Trauma and Healing (DVD)**

Author: Dr. Bruce Perry *DVDs* 2002 29 minutes

Adults who have suffered trauma in childhood often have difficulty expressing anger. This program features trauma expert Jane Middleton-Moz, who states that "Anger can be like a balloon. You keep blowing it up until it finally pops, and then only look at the result of the popping. But we also have to look at the blowing up process, which is often the pain and rage caused by childhood trauma."

This program also features interviews with Vickie, Cynthia, and Curtis, adults recovering from childhood trauma. Curtis, for example, is battling addiction and is beginning to explore the connections between a violent childhood and his current substance-abuse problems. Recovery from childhood trauma ultimately depends on accepting and understanding the original trauma, and then relying on the same survival skills that one had as a child.

Professional Materials

Material Title: **Trauma and Healing (VHS)**

Author: Bruce Perry *Videotapes* 2002 29 minutes

Adults who have suffered trauma in childhood often have difficulty expressing anger. This program features trauma expert Jane Middleton-Moz, who states that "Anger can be like a balloon. You keep blowing it up until it finally pops, and then only look at the result of the popping. But we also have to look at the blowing up process, which is often the pain and rage caused by childhood trauma." This program also features interviews with adults recovering from childhood trauma. Recovery from childhood trauma ultimately depends on accepting and understanding the original trauma, and then relying on the same survival skills that one had as a child. ("Understanding Childhood Trauma" Series Part 7.)

Material Title: **Traumatic Experience and the Brain**

Author: Dave Ziegler *Books* 2002 164 pages

From the author of *Raising Children Who Refuse to be Raised*, this book describes the human brain, its structure and function. It describes the role of the brain in adaptation and how trauma affects perception of self, of others, and of events. Ziegler provides case examples and offers treatment suggestions. Though slanted toward professionals, it is written in a way that parents might also gain insight into their traumatized children.

Material Title: **Treating Abused Adolescents**

Author: Eliana Gil *Books* 1996 206 pages

This book offers practical, step-by-step guidance for mental health professionals, demonstrating how they can communicate and work more effectively with adolescents who have suffered from abuse.

Material Title: **Treating ADHD/ADD in Children and Adolescents; Solutions for Parents and Clinicians**

Author: Gene Carrocia, Psy. D. *Books* 2019 270

Treating ADHD/ADD in Children and Adolescents: Solutions for Parents and Clinicians was written for parents, clinicians, and teachers to learn a deeper understanding of ADHD and implement specific, clear, and effective ways to successfully evaluate and treat ADHD problems at home and school. Readers will learn not only research-based and traditional approaches for treating ADHD, but also proven newer and alternative methods. This book provides the tools for readers to feel more informed and competent in addressing the many challenges that children and adolescents with ADHD experience. Whether new or previously exposed to ADHD, readers should find the information to be very useful and effective in transforming ADHD. This book is comprehensive in addressing the complete range of challenges that ADHD presents to children, teens, and families, including accurately diagnosing ADHD and identifying the frequent co-existing conditions, better understandings of the condition, powerful parental behavioral management skills for home and school difficulties, ways to improve family and peer challenges, enhancing homework and learning problems, obtaining appropriate school services and addressing classroom issues, better partnerships with physicians for effective ADHD medication treatments, and utilizing a number of additional and alternative approaches to decrease and treat ADHD. The book has three main aims. The first is to provide a deeper understanding of ADHD. Without accurate perspectives, families may not address the difficulties and challenges appropriately, and treatment approaches may not be as successful or can fail. The second goal is to learn the fundamentals about managing and treating the many ADHD challenges at home and school. The third is for readers to learn a number of additional and alternative approaches to help treat ADHD symptoms and challenges. Some of these proven approaches are newer, while others have a history of effectiveness.

Material Title: **Treating Attachment Disorders: From Theory to Therapy**

Author: Karl Heinz Brisch *Books* 2002 255 pages

This book for therapists begins with basic theories and research on attachment, then demonstrates how attachment-oriented interventions can effectively be used to treat a wide range of clinical issues. Extended case examples involving clients of a wide range in age and circumstance form its core and illustrate Brisch's unusually flexible approach to intake, treatment and termination.

Material Title: **Treating Children with Sexually Abusive Behavior Problems**

Author: Jan Burton *Books* 1998 254 pages

This book provides "Guidelines For Practice" in the first part, which describes different approaches and treatments. The second part offers activities in each of the areas of Accountability, Empathy, Coping with Trauma, Relationship Skills, Sexuality, and the power of the Treatment Plan. The book links together individual, group and family treatment into one integrated, comprehensive program that treats both the perpetrator and victim in tandem.

Material Title: **Treating Explosive Kids: The Collaborative Problem-Solving Approach**

Author: Ross W. Greene and J. Stuart Ablon *Books* 2005 246 pages

This book for clinicians, based on the approach popularized in Ross Greene's "The Explosive Child" provides a framework for effective, individualized intervention with highly oppositional children and their families. Sections show how to identify specific cognitive factors that contribute to explosive and noncompliant behavior, remediate these factors, and teach children and their adult caregivers how to solve problems collaboratively.

Professional Materials

Material Title: **Treating Parent-Infant Relationship Problems: Strategies for Intervention**

Author: Arnold J. Sameroff, Susan McDonough, and Katherine Rosenblum *Books* 2004 304 pages

Within a developmental framework, this book guides the clinician to understand the different types of problems that parents have with infants and to determine how a given family might best be served--whether by addressing health concerns that are affecting infant behavior, modifying parental beliefs or expectations, or improving key caregiving skills. Leading interdisciplinary experts detail their respective therapeutic models in a practical, clinician-friendly format, including intervention guidelines and illustrative case material. Special topics covered include working with families of infants with special needs and with those at risk for child maltreatment.

Material Title: **Treating Sexually Abused Children in Adoptive Families**

Author: Helen L. Swan *Books* 1993 71 pages

This book presents the "Adoption/Sexual Abuse Treatment Model" (ASAT), an approach designed to integrate sexual abuse treatment and adoption theory into a systemic framework. The treatment progresses through four phases beginning before placement, and at each phase, the roles and tasks of each team member (parents, therapist, case worker, etc.) are spelled out. Although therapists are the intended audience, adoptive parents and adoption workers will also benefit from the insights and structure laid out in this book.

Material Title: **Treating the Aftermath of Sexual Abuse: A Handbook for Working with Children in Care**

Author: Osmond *Books* 1998 144 pages

This handbook is intended to guide caregivers and other professionals as they learn to understand the child's story in the signs and signals that he or she gives them through behavior. As caregivers become careful, thoughtful listeners, they will be able to use day-to-day events in helping the child tell his or her story, understand how abuse has shaped the child's life, and find the path to healing.

Material Title: **Treating Traumatized Children: New Insights and Creative Interventions**

Author: Beverly James *Books* 1989 223 pages

This book offers innovative, insightful, and compassionate approaches to helping children work through their traumatic experiences regardless of the nature of the event.

Material Title: **Treating Troubled Children and Their Families**

Author: Ellen F. Wachtel *Books* 1994 282 pages

Drawing on clinical insights from family systems thinking, psychodynamic play therapy, and cognitive-behavioral perspectives, this work presents an innovative approach to therapeutic work with young children and their families. This book is aimed at clinical and family therapists.

Material Title: **Treatment Strategies for Childhood Apraxia of Speech (DVD)**

Author: David Hammer *DVDs*

This DVD, designed for speech-language pathologists, discusses a wide range of treatment ideas including strategies for family involvement and a multisensory treatment approach based on the principles of motor learning. Hammer uses extensive film clips of children with CAS in treatment sessions to highlight practical speech therapy techniques and clinical decision making.

Material Title: **Twenty Things Adopted Kids Wish Their Adoptive Parents Knew**

Author: Sherrie Eldridge *Books* 1999 211 pages

This book, written by a woman who was adopted, herself, gives voice to children's unspoken concerns and shows adoptive parents how to free their kids from feelings of fear, abandonment and shame. Eldridge reveals twenty complex emotional issues you must understand to nurture the child you love.

Material Title: **Understanding Fetal Alcohol Spectrum Disorder; A Guide to FASD for Parents, Carers, and Professionals (JKP Essentials Series)**

Author: Maria & Liam Catterick & Curran *Books* 8/21/2014 168

Understanding Fetal Alcohol Spectrum Disorder (FASD) is a useful introduction to the most common non-genetic learning disability, which is caused by alcohol consumption during pregnancy.

Written by two FASD experts, it describes how alcohol can harm the foetus and disrupt development, and explains how FASD affects individuals at different stages of their lives. With the aid of simple, illustrative diagrams, photographs and charts, it shows how you can identify FASD and gives guidance on how mothers at risk can be helped. It also provides advice for parents or carers on how children, young people and adults with FASD can be best supported.

Accessible and informative, this is the essential guide to FASD for social workers, family placement teams, child protection workers, foster carers, adoptive parents, midwives and teachers.

Professional Materials

Material Title: **Understanding Race, Ethnicity, and Power: The Key to Efficacy in Clinical Practice**
Author: Elaine Pinderhughes *Books* 1989 241 pages

This book explores the pervasive influence of race, ethnicity and power on the practitioner's own identity and in interactions with others--peers, subordinates and superiors, as well as clients. The author emphasizes the role of power in the dynamics of cross-cultural communication.

Material Title: **Watch, Wait, and Wonder: A Manual Describing a Dyadic Infant-led Approach to Problems in Infancy and Early Childhood**
Author: Elisabeth Muir, Mirek Lojkasek, and Nancy J. Cohen *Books* 1999 174 pages

This manual is a presentation of the knowledge we have gained through our clinical and research experience using an infant/child-led approach to intervention delivered as a program called Watch. Wait. And Wonder. Our approach to early intervention is a relational one and stems from our efforts to find ways both to fully involve the infant and young child as agents of change in their own treatment and also to enable the parents to directly work therapeutically with their own child. We see Watch. Wait. And Wonder as a psycho-ecologically based way to intervene. By this we mean, that just as it is important to be aware of the ecological implications of intervening in the environmental system, it is also important to consider the ecological implications of intervening in the parent-infant system.

Material Title: **What Children Can Tell Us: Eliciting, Interpreting, and Evaluating Critical Information from Children**
Author: James Garbarino *Books* 1992 315 pages

This book is a guide to help professionals in diverse fields—including law, social work, pediatrics, education and psychology—better understand, interview and assess children in order to make well-informed decisions regarding their welfare and treatment.

Material Title: **What is a Thought? (A Thought is a Lot)**
Author: Jack Pransky & Amy Kahofer *Children's Books* 2011 42

This poetic and engaging book introduces children (K-5th) to the amazing, creative power within us all: thought. It is not a book about changing thoughts or changing behaviors, but rather a story to help children (and adults!) see how their own thinking creates their lives, moment to moment, day to day. Wonderfully illustrated, this children's book not only introduces young readers to the concept of thought but also the amazing power of their own thoughts. Authors Amy Kahofer and noted prevention specialist Jack Pransky tell a simple yet profound message: that our thinking creates our feelings and behavior, and when our minds are calm we have access to natural wisdom and healthy feelings. Includes a downloadable 10 Lesson Plans and Activities that transform a simple children's story into a teaching tool that explores perspective taking, abstract/inferential language, and introduces abstract visual images to its readers. Whether we are parents, teachers, or clinicians, we strive to help our children grow and develop social competencies. Before we can fully support different types of learners and social communicators, it is important to understand where communication originates: from our own creative power of thought!. The book introduces children to the amazing, creative power with-in us all, called thought. It is not a book about changing thoughts or changing behaviors, but rather a story to help children (and adults!) see how their own thinking creates their lives, moment to moment, day to day.

Material Title: **What Is Childhood Trauma? (DVD)**
Author: Bruce Perry *DVDs* 2002 29 minutes

There are sixteen to twenty million children and adolescents currently at risk for developing trauma-related problems. These problems include anxiety, depression, substance abuse, failure at school, susceptibility to victimization and abuse, and criminality. Many healthcare systems, teachers, and caregivers are only now beginning to recognize and address the problem. This program presents an overview of the effects of childhood trauma on the individual and on society.

Material Title: **What is Childhood Trauma? (VHS)**
Author: Bruce Perry *Videotapes* 2002 29 minutes

There are sixteen to twenty million children and adolescents currently at risk for developing trauma-related problems. These problems include anxiety, depression, substance abuse, failure at school, susceptibility to victimization and abuse, and criminality. Many healthcare systems, teachers, and caregivers are only now beginning to recognize and address the problem. This program presents an overview of the effects of childhood trauma on the individual and on society. ("Understanding Childhood Trauma" series Part 1.)

Material Title: **What to Do When You Grumble Too Much: A Kid's Guide to Overcoming Negativity**
Author: Dawn Huebner *Children's Books* 2006 88

What to Do When You Grumble Too Much guides children and their parents through the cognitive-behavioral techniques used to treat negative thinking. Lively metaphors and illustrations help kids see life's hurdles in a new way, while drawing and writing activities help them master skills to get over those hurdles. And step-by-step instructions point the way toward becoming happier, more positive kids. This interactive self-help book is the complete resource for educating, motivating, and empowering children to work toward change.

Professional Materials

Material Title: **What's Going on in There? How the Brain and Mind Develop in the First Five Years of Life**
Author: Lise Eliot, Ph.D. *Books* 1999 533 pages

Drawing upon the exploding research in this field as well as the stories of real children, *What's Going On in There?* is a lively and thought-provoking book that charts the brain's development from conception through the critical first five years. In examining the many factors that play crucial roles in that process, *What's Going On in There?* explores the evolution of the senses, motor skills, social and emotional behaviors, and mental functions such as attention, language, memory, reasoning, and intelligence.

Material Title: **Why love matters (2nd Edition) how affection shapes a baby's brain**
Author: Sue Gerhardt *Books* 2015 303 pages

"Why Love Matters" explains why loving relationships are essential to brain development in the early years, and how these early interactions can have lasting consequences for future emotional and physical health. This second edition follows on from the success of the first, updating the scientific research, covering recent findings in genetics and the mind/body connection, and including a new chapter highlighting our growing understanding of the part also played by pregnancy in shaping a baby's future emotional and physical well-being.

Sue Gerhardt focuses in particular on the wide-ranging effects of early stress on a baby's or toddler's developing nervous system. When things go wrong with relationships in early life, the dependent child has to adapt; what we now know is that his or her brain adapts too. The brain's emotion and immune systems are particularly affected by early stress and can become less effective. This makes the child more vulnerable to a range of later difficulties such as depression, anti-social behaviour, addictions or anorexia, as well as physical illness.

"Why Love Matters" is an accessible, lively account of the latest findings in neuroscience, developmental psychology and neurobiology - research that matters to us all. It is an invaluable and hugely popular guide for parents and professional alike.

Dr Sue Gerhardt has been a psychoanalytic psychotherapist in private practice since 1997. She co-founded the Oxford Parent Infant Project (OXPIP), a pioneering charity that today provides psychotherapeutic help to hundreds of parents and babies in Oxfordshire and is now the prototype of many new 'PIPs' around the country. She is also the author of "The Selfish Society" (2010).

Material Title: **Windows to Our Children: A Gestalt Therapy Approach to Children and Adolescents**
Author: Violet Oaklander, Ph.D. *Professional Materials* 1979 324 pages

With over 300 pages of methods, materials, techniques for working with children and adolescents, transcripts, case examples and discussion, this book more than fills a void in the child therapy literature. Counselors and therapists, in schools, mental health centers and private practice embrace this book.

Material Title: **Working With Traumatized Children: A Handbook for Healing**
Author: Kathy Brohl *Books* 2007 96 pages

This simply written and practical handbook examines the mind-body connection between a terrifying experience and a child's adaptive coping mechanisms. It provides the practical knowledge to better help and guide a child suffering from Post Traumatic Stress Disorder (PTSD) and details the trauma recovery process, offering specific treatment intervention techniques.

Material Title: **Working with Traumatized Children: A Handbook for Healing THIRD EDITION - Companion Workbook**
Author: Kathryn Brohl *Books* 7/01/2016 225

This new, revised edition will provide you with insight into how traumatic experiences affect mind and body functioning and what you can do to foster safety and healing in children. Included: recent neuroscience research that more clearly articulates functional brain changes following a traumatic experience; simple and easy-to-follow exercises to soothe and calm children; detailed information on the impact of physical, verbal, and cyber bullying on children; and an expanded chapter on growing up traumatized and later choosing to work with young trauma survivors.

Material Title: **Working with Traumatized Youth in Child Welfare**
Author: Nancy Webb *Books* 10/28/2005 316

Until recently, there has not been a great deal of overlap in the child welfare and trauma literatures. This text bridges that divide by integrating perspectives from both fields to help practitioners understand and address the special needs of maltreated children and adolescents and their families. Current knowledge on attachment, trauma, and risk and resilience is clearly explained, including the impact of abuse on the brain. Readers learn how to conduct assessments and implement a range of effective helping strategies with youth in foster care and other settings. Featuring extensive case illustrations, the book gives particular attention to diversity issues and the importance of supporting child and family strengths.

Professional Materials

Material Title: **Wrongful Adoption: Law, Policy, and Practice**

Author: Madelyn Freundlich

Books

1998

77 pages

In response to cases where adoptive parents fail to receive accurate or complete information about a child's physical, emotional, or developmental problems, or about the child's birth family and history, these authors examine adoption practice (in relation to disclosure of children's health and other background information), cases that have shaped the legalistic definition of wrongful adoption, significant policy and practice issues, and recommendations for quality adoption practices.

Material Title: **Young Children and Foster Care: A Guide for Professionals**

Author: Judith A. Silver, Barbara J. Amster, and Trude Haecker

Books

1999

509 pages

Infants and young children entering the child welfare system often have histories of abuse, neglect, and fragmented medical care. This book helps human services professionals meet these children's special needs as it proposes models for intervention and provides expert advice on often-overlooked aspects of care, including developmental and medical concerns, child advocacy, and early intervention services.

Material Title: **Young Children and Trauma: Intervention and Treatment**

Author: Joy D. Osofsky

Books

2004

348 pages

Recent years have seen significant advances in knowledge about the effects of exposure to psychological trauma on young children from birth to age 5. This volume brings together leading experts to address practical considerations in working with traumatized young children and their caregivers. State-of-the-art assessment and treatment approaches are presented, together with innovative service delivery models. With a focus on building cross-disciplinary collaboration to better serve this vulnerable population, this is an indispensable resource for all mental health and human service professionals working with children at risk.