

## ADDITIONAL RESOURCES FOR UNDERSTANDING HISTORICAL AND GENERATIONAL TRAUMA

### Related Videos

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*The Inextricable tie between the Wellness of Alaska's First People and the Land, Climate and Energy* (with Teisha Simmons) [https://www.youtube.com/watch?v=Zh\\_PjIeUQyQ](https://www.youtube.com/watch?v=Zh_PjIeUQyQ)

*How culture connects to healing and recovery* (with Fayth Parks) Tedx Talks  
<https://www.youtube.com/watch?v=q9Tkb879dsY>

*Historical Trauma and Cultural Healing Resources* (University of Minnesota Extension)  
<https://www.extension.umn.edu/family/cyfc/our-programs/historical-trauma-and-cultural-healing/>

### Trauma-Informed Parenting

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*Parenting a Child Who Has Experienced Trauma*

<https://www.childwelfare.gov/pubs/factsheets/child-trauma/>

*Trauma Informed Parenting: What You Should Know*

<http://www.fosteringperspectives.org/fpv18n1/know.htm>

*Trauma, Resilience and the Role of Culture Identification in Healing*

<http://www.heretohelp.bc.ca/visions/culture-vol9/trauma-resilience-and-the-role-of-culture-identification-in-healing>

### Cultural Resources

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Regional Alaska Native Corporations

Local Tribal Councils

Regional Tribal Non-Profit Health Organizations

Alaska Native Knowledge Network <http://www.ankn.uaf.edu/>

Project Jukebox Oral History Project <http://jukebox.uaf.edu/site7/all-projects>

Interior Alaska Language Learning <http://doyonfoundation.com/static/OnlineLanguage.aspx>

Inupiaq (North Slope) Rosetta Stone <http://www.north-slope.org/departments/inupiat-history-language-and-culture/rosetta-stone-inupiatun>

Alaska Native Language Library <https://www.uaf.edu/anla/collections/map/names/>

Inupiaq (Native Village of Kotzebue) Rosetta Stone <http://www.aqqaluktrust.com/language>

Yukon-Koyukuk School District Language Program Contact: Susan Paskvan (907-374-9400)

Alaskool <http://www.alaskool.org/default.htm>

Alaskan Plants Food Is Medicine <https://anthc.org/what-we-do/traditional-foods-and-nutrition/alaskan-plants-as-food-medicine/>

Inupiaq App developed by the Inupiaq Language Commission <http://nana.com/regional/news-and-press/press-releases/inupiaq-language-app-inupiaraaqta-released-on-appstore/>