

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

Siblings

Material Title: **A Foster-Adoption Story: Angela and Michael's Journey: A Therapeutic Workbook for Traumatized Children**

Author: Regina M. Kupecky & Christine Mitchell *Children's Books* 2009 30

A Foster-Adoption Story tells the story of a brother and sister experiencing abuse, neglect, multiple foster care moves, sibling separation, and eventually adoption. The goal of this workbook is to open the door to discuss difficult topics; issues like abuse, neglect, birth parents, and loyalty conflicts. It can be used as an aid in helping children heal; one that allows them to read about "kids like me". This workbook will be a useful therapeutic tool to help children process their experiences and grief along the path to healing.

Material Title: **A Kid of Their Own**

Author: Megan Lambert Dowd *Children's Books* 2020 32 pages

Rooster Clyde has just settled in and found his voice when everyone demands that he take his hard-earned crow down a notch so as to not disturb newcomer Rowdy. That doesn't sit well with Clyde. Neither does the fact that motherly goose Roberta seems to have taken the new animals' side. The farm community learning to deal with a young member of the group is the main story in text and is paired with a wordless story in illustrations that shows Farmer Jay and Farmer Kevin getting ready for their adopted child to arrive on the farm.

Material Title: **Adoption Trilogy, The: Three films by Jean Strauss (DVD)**

Author: Jean Strauss *DVDs* 2006 46 minutes

Silver Shorts, Vol. 1: The Adoption Trilogy: Three films by Jean Strauss
 "Holding Hands", 2006, examines the relationship between Strauss and her brother, Bobby. Separated through adoption and reunited as adults, Strauss was with her brother when he died. The film addresses the issue of lifelong sibling severance in adoption and foster care. Multi-award winning short, "The Triumvirate" 2004, tells the story of Strauss's reunion with her birthmother and birth grandmother. "Vital Records" 2005, was created to help legislators understand the debate on legislation which would provide access for adoptees to their original records.

Material Title: **Autism: Living with my Brother Tiger**

Author: Linda Lee *Children's Books* 2006 56

Looks like a book for siblings...but actually for anyone who wants to really understand autism. The compelling true story of an 8-year-old boy whose life at three was suddenly turned upside down by the birth of his young brother, severely affected by autism. Witness his confusion as he describes the hardships he endured daily. Laugh with him at certain ludicrous situations. Feel his sadness as he describes the loss of his life as he once knew it. Watch through Jason's eyes as his brother slowly transforms from a child who had essentially no "human" characteristics, screamed endlessly, was vicious with himself and others, and rarely slept for most of his first two years, to a gentle, loving, five-year-old boy.

Material Title: **Best of Questions & Answers with Heather T. Forbes, LCSW, The (6 CDs)**

Author: Heather T. Forbes, LCSW *CDs* 2015 7 hours

This 6-disc audio CD set is a compilation of the very best Q&A Heather T. Forbes has done with parents through her online parenting classes over the past several years. This one-of-a-kind audio set contains seven hours of practical, effective, & loving solutions for foster, adopted, and traumatized children. Topics include abandonment, arguing, boundaries vs. consequences, chores, disobedience, emotional age, expectations, grieving, healing, hygiene, lying, medical trauma, medication, older children, opposition, overwhelm, parent anger, parent self-care, prenatal trauma, regulatory issues, relatives, shutting down, sibling rivalry, social issues, stealing, tantrums, texting, toddler issues, transitions, trauma and much more!

Material Title: **Between Brothers & Sisters: A Celebration of Life's Most Enduring Relationship**

Author: Adele Faber *Books* 1989 189

Anthology of poems and photographs depicting sibling bonds.

Material Title: **Brothers and Sisters in Adoption**

Author: Arleta James *Books* 2009 480 pages

Adding a child with a history of neglect or trauma to a family that already has children cannot be a seamless transition. The expectations of everyone involved must be realistic. The new child will need special attention and services that may take away time and attention from the already resident kids; family life is likely to be turned topsy-turvy until appropriate counseling and supports are in place; relationships will change. Here are insights and practical tools to help newly configured families prepare, and mobilize to meet the practical, physical and emotional needs of all family members.

Siblings

Material Title: **Callum Kindly and the Very Weird Child: A Story about Sharing your Home with a New Child**
Author: Sarah Naish *Children's Books* 07/21/2017 32

Callum Kindly is a kind and caring boy, who lives alone with his mum. That is until Katie Careful comes to stay with them who Callum thinks is a very weird child!

Katie manages to get in the way whenever Callum wants to speak to his mum or have snuggle time. She cries and sulks on his birthday and she steals his toy car. Luckily, his mum can explain to him why Katie acts differently.

Material Title: **Confusing World of Brothers, Sisters, and Adoption, The; The Adoption Club Therapeutic Workbook on Siblings**
Author: Regina Kupecky *Children's Books* 10/21/2014 48

For children who are adopted families can get complicated, and that's very true when it comes to brothers and sisters, or 'siblings'.

Today The Adoption Club are exploring the confusing world of siblings. Some children have half-siblings, adopted siblings, step-siblings. Michael has a birth sibling, his sister Angela, who he lives with, but many other children who are adopted are separated from their brother or sisters. The Adoption Club talk about their feelings about their own siblings.

Written for counsellors and therapists working with children aged 5-11, as well as adoptive parents, this workbook is designed to help explore sibling relationships. It is one of a set of five interactive therapeutic workbooks featuring The Adoption Club written to address the key emotional and psychological challenges adopted children often experience. Together, they provide an approachable, interactive and playful way to help children to learn about themselves and have fun at the same time.

Material Title: **Emma's Yucky Brother**
Author: Jean Little *Children's Books* 2002 64 pages

Emma has always wanted a little brother. Now her family is adopting Max, and Emma is sure he will be the best brother ever. But Max has his own ideas. He thinks sisters are yucky, and that Emma is the yuckiest! Is this really what having a brother is all about? Emma learns that there is more to having a little brother than she had ever guessed -- and that in order to get the brother she wants, she must first learn to be the sister he needs.

Material Title: **Far from the Tree**
Author: Robin Benway *Children's Books* 2019 400

Being the middle child has its ups and downs.

But for Grace, an only child who was adopted at birth, discovering that she is a middle child is a different ride altogether. After putting her own baby up for adoption, she goes looking for her biological family, including—

Maya, her loudmouthed younger bio sister, who has a lot to say about their newfound family ties. Having grown up the snarky brunette in a house full of chipper redheads, she's quick to search for traces of herself among these not-quite-strangers. And when her adopted family's long-buried problems begin to explode to the surface, Maya can't help but wonder where exactly it is that she belongs.

And Joaquin, their stoic older bio brother, who has no interest in bonding over their shared biological mother. After seventeen years in the foster care system, he's learned that there are no heroes, and secrets and fears are best kept close to the vest, where they can't hurt anyone but him.

Don't miss this moving novel that addresses such important topics as adoption, teen pregnancy, and foster care.

Material Title: **How I Became a Big Brother: An Adoption Story* (Children's Materials)**
Author: Dave Moore *Children's Books* 2008 19 pages

This is a simple adoption story told from the standpoint of a little boy whose biological parents decide to bring another child into the home through adoption. They prepare him for welcoming his new brother, and despite some early apprehension, he enthusiastically welcomes this newcomer into his family.

Material Title: **In Their Siblings' Voices**
Author: Rita J. Simon *Books* 2009 248 pages

In Their Siblings' Voices shares the stories of twenty white non-adopted siblings who grew up with black or biracial brothers and sisters in the late 1960s and 1970s. Belonging to the same families profiled in Rita J. Simon and Rhonda M. Roorda's In Their Own Voices: Transracial Adoptees Tell Their Stories and In Their Parents' Voices: Reflections on Raising Transracial Adoptees, these siblings offer their perspectives on the multiracial adoption experience, which, for them, played out against the backdrop of two tumultuous, politically charged decades. Simon and Roorda question whether professionals and adoption agencies adequately trained these children in the challenges presented by blended families, and they ask if, after more than thirty years, race still matters. Few books cover both the academic and the human dimensions of this issue. In Their Siblings' Voices helps readers fully grasp the dynamic of living in a multiracial household and its effect on friends, school, and community.

Siblings

Material Title: **Jazzy's Quest: Adopted and Amazing!**
Author: Carrie Goldman *Children's Books* 6/7/2015 66

What makes you amazing? That's what Star-Wars-loving adoptee Jazzy Armstrong has to figure out before the big community talent show. Is she musical like her parents and sisters? Can she make dazzling flower arrangements like her birth mother, score goals on the soccer field like her birth brother, or is there something unique about Jazzy that is nothing like her families? Join Jazzy on her quest to discover just what makes her amazing!

Material Title: **Little Heroes: Foster Care and Adoption* (Children's Materials)**
Author: Kristin Condon & Tracy Crabb *Children's Books* 2003 32 pages

This issue focuses on two brothers, Robert and Philip, in the welfare system and their tale of new homes and separation. Little Heroes can help brothers and sisters of a new child in the family be more tolerant of the emotional turmoil of adoption, as well as help them accept the new sibling's behaviors that frustrate them and contribute to conflict in sibling relationships.

Material Title: **Locomotion**
Author: Jacqueline Woodson *Children's Books* 2010 144

When Lonnie was seven years old, his parents died in a fire. Now he's eleven, and he still misses them terribly. And he misses his little sister, Lili, who was put into a different foster home because "not a lot of people want boys-not foster boys that ain't babies." But Lonnie hasn't given up. His foster mother, Miss Edna, is growing on him. She's already raised two sons and she seems to know what makes them tick. And his teacher, Ms. Marcus, is showing him ways to put his jumbled feelings on paper.

Told entirely through Lonnie's poetry, we see his heartbreak over his lost family, his thoughtful perspective on the world around him, and most of all his love for Lili and his determination to one day put at least half of their family back together. Jacqueline Woodson's poignant story of love, loss, and hope is lyrically written and enormously accessible.

Material Title: **Oh Brother!: Growing Up With a Special Needs Sibling**
Author: Natalie Hale *Children's Books* 2004 48 pages

An eleven-year-old girl finds ways to handle the unique challenges presented by her thirteen-year-old mentally disabled brother by looking for his good qualities and taking the rest in stride.

Material Title: **Playful Parenting: An Exciting New Approach to Raising Children that Will Help You**
Author: Lawrence J. Cohen *Books* April 30, 200 307 pages

Have you ever stepped back to watch what really goes on when your children play? As psychologist Lawrence J. Cohen points out, play is children's way of exploring the world, communicating deep feelings, getting close to those they care about, working through stressful situations, and simply blowing off steam. That's why "playful parenting" is so important and so successful in building strong, close bonds between parents and children. Through play we join our kids in their world—and help them to

- Express and understand complex emotions
- Break through shyness, anger, and fear
- Empower themselves and respect diversity
- Play their way through sibling rivalry
- Cooperate without power struggles

From eliciting a giggle during baby's first game of peekaboo to cracking jokes with a teenager while hanging out at the mall, Playful Parenting is a complete guide to using play to raise confident children. Written with love and humor, brimming with good advice and revealing anecdotes, and grounded in the latest research, this book will make you laugh even as it makes you wise in the ways of being an effective, enthusiastic parent.

Material Title: **Pocket Full of Kisses, A**
Author: Audrey Penn *Children's Books* 2004 32

In this tender sequel to the New York Times bestseller and children's classic *The Kissing Hand*, Audrey Penn provides parents with another tale of love and reassurance to share with their children. Chester Raccoon has a baby brother—and the baby brother is taking over his territory. When Chester sees his mother give his baby brother a Kissing Hand—his Kissing Hand—he is overcome with sadness, but Mrs. Raccoon soothes his fears with her own special brand of wisdom, finding just the right way to let Chester know he is deeply loved. Brought to life by Barbara Leonard Gibson's warm illustrations, this story is perfect for families who are adjusting to all the changes new members can bring.

Material Title: **Road to Paris, The**
Author: Nikki Grimes *Children's Books* 2008 160

Siblings

Material Title: **Sibling Abuse: Hidden Physical, Emotional and Sexual Trauma**
Author: Vernon R. Wiehe *Books* 1990 208

Often excused by parents as 'kids will be kids' behaviour, sibling abuse remains largely unrecognized. Symptoms of such abuse and its devastating effects on victims go undetected, victims do not receive appropriate therapeutic intervention, and transgressors do not come to the attention of the courts. The author of this book brings this neglected area 'out of the shadows' with personal accounts of adult survivors, insights into why sibling abuse occurs, suggestions for prevention and implications for treatment.

Material Title: **Sibling Confusion: Were You, Are You, Will You Be My Sister/Brother? (Audiotape)**
Author: Audiotape *Audiotapes* 2002 76 minutes

In this workshop, speaker, Joyce Maguire Pavao outlines some of the critical issues for birth parents, and adoptive parents, with regards to the relationships between their children and those children's siblings.

Material Title: **Siblings Confusion: Were You, Are You, Will You Be My Sister/Brother? (CD)**
Author: CD *CDs* 2002 76 min.

In this workshop, speaker, Joyce Maguire Pavao outlines some of the critical issues for birth parents, and adoptive parents, with regards to the relationships between their children and those children's siblings.

Material Title: **Siblings in Adoption and Foster Care: Traumatic Separations and Honored Connections**
Author: Deborah N. Silverstein and Susan Livingston Smith *Books* 2008

Contributors address not only the importance of nurturing sibling bonds and mental health strategies to support those relationships, but also the legal rights of siblings to be together, as well as issues in international adoptions. Emerging and standing programs to encourage and facilitate adoptions that keep siblings together are featured, as are programs that at least enable them to stay in contact. "Theory and research, practice guidelines, and stories, are all explored." The contributing authors include educators, clinicians, researchers, practitioners, psychologists, and youth.

Material Title: **Siblings in Late Permanent Placements**
Author: Alan Rushton *Books* 2001 164 pages

This publication from British Agencies for Adoption and Fostering (BAAF), intended for practitioners and researchers in the fields of both social work and children's mental health care, looks at issues surrounding permanent placement of children who have siblings. The research study follows a sample of 133 children placed with 72 new families in middle childhood in the UK and explores the patterns of separation and reunion and compares the outcomes for jointly and singly placed children.

Material Title: **Siblings Without Rivalry**
Author: Adele Faber *Books* 2012 240 pages

Drawing on their own experience, the authors have developed simple yet astonishingly effective ways to reduce conflict and generate goodwill between siblings. Each skill is illustrated by the thoughts and stories of real parents. Unprecedented insights into sibling relationships show how we can incorporate these ideas into our everyday lives.

Material Title: **Siblings: Always and Forever (Audiotape)**
Author: Audiotape *Audiotapes* 2002

Hundreds of sibling groups are placed yearly across the country. In many cases siblings are separated. This workshop focuses on the continued contact of a sibling group of three children placed in two separate homes. It explores the creativity of families who have joined in the best interest of their children.

Material Title: **Speranza's Sweater**
Author: Marcy Pusey *Children's Books* 2018 32

Speranza wears her sweater everywhere, hanging onto the last memories of her birth home, until it's threadbare. Like her unraveled sweater, Speranza must weave together a new story, bringing threads from her past and strands from her present, into a future of love, family, and the true meaning of home.

Material Title: **Under the Foster Freak Tree**
Author: Kelley Hicken *Children's Books* 2018 117

When fifteen-year-old Sefina Nafo is kicked out of her latest foster home, she gets separated from her little brothers. Now, she's the only brown kid in her new foster family as she navigates grief from her dad's death, her mom's addictions, and the school bully labeling her Foster Freak.

With the court date looming, Sefina comes up with a plan to reunite with her mom and brothers before it's too late. The biggest challenge is trying not to fall in love with her new foster family. As her relationship with foster mom Jen blossoms, Sefina must decide what "family" really means.

Siblings

Material Title: **Visit, The**
Author: S. Latisha Herbert *Children's Books* 1991 20

A story for children about living in foster care and meeting their brothers and sister that live in a different foster home. Latisha describes her excitement in preparing for a visit with her siblings, and then shares her sadness and disappointment because she knows it may be a long time until the next visit.

Material Title: **Vmeste luchshe! [So Happy Together!] RUSSIAN**
Author: Iutta Langroiter *Russian Language Ma* 2018

(See English Below) Зайчик Джоси поссорился со своими сёстрами: Марта и Мэтти хотят играть с его подружкой Леной без него! Это, конечно, несправедливо и ужасно обидно! Однако когда начинается сильная гроза, Джоси кажется, что его сёстры в опасности, и он спешит к ним на помощь, ведь они - одна семья.Продолжение книги "А дома лучше!"Для дошкольного возраста.

[A warm tale about brothers, sisters, and the importance of family. Brayden Bunny is grumpy. His friend Lena is playing silly games with his sisters, leaving him all alone. Then he hears there is a storm on the way, and he knows his sisters, Minnie and Millie, are frightened of thunder and lightning. Suddenly he's not grumpy anymore. He needs to save his sisters.]

Material Title: **Waiting to Forget**
Author: Sheila Kelly Welch *Children's Books* 2011 170

T.J. has always looked out for his little sister, Angela. When Momma used to go out and leave them home alone, he'd lock the door so they'd be safe, keep Angela entertained, and get out the cereal and milk for her. When Momma's boyfriend got angry at them, he'd try to protect Angela. Later, at their foster homes, T.J. was the only one who knew how to coax his little sister out of her bad moods. The only one who understood why she made origami paper cranes and threw them out the window. But now T.J. is sitting in the waiting room at the hospital, wondering if Angela, unconscious after a fall, will ever wake up. Wondering, too, if he will ever feel at home with his and Angela's new parents—Marlene, who insists on calling him Timothy, and Dan, who seems to want a different son. Going back and forth between Now and Then, weaving the uncertain present with the painful past, T.J.'s story unfolds, and with the unfolding comes a new understanding of how to move forward.

Material Title: **Welcoming a New Brother or Sister Through Adoption**
Author: Arleta James *Books* 2013 338 pages

Welcoming a New Brother or Sister through Adoption is a comprehensive yet accessible guide that describes the adoption process and the impact of adoption on every member of the family, including the adopted child. It prepares families to have realistic expectations and equips them with knowledge to deal with a host of situations that may arise, addressing difficult questions head-on.