

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

## FASD/Drug Affected

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Material Title: **8 Magic Keys: Strategies for Students with Fetal Alcohol Spectrum Disorders**  
 Author: National Organization on Fetal Alcohol Syndrome *DVDs* 21 minutes

This 21-minute animated video introduces the topic of Fetal Alcohol Spectrum Disorders (FASD) and demonstrates key strategies that have been proven to help students who experience brain-based disorders become more successful in school and in life. Scenarios depicted in this video represent both secondary and elementary situations. Join Mario as he talks about what it is like to live with an FASD. Mario collects all of the 8 Magic Keys with the support of friends, educators, and his family.

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Material Title: **Adoption and Prenatal Alcohol and Drug Exposure: Research, Policy, and Practice**  
 Author: Richard P. Barth *Books* 2000 281 pages

This book contains ten extensive essays from a number of experts in the field. It is organized into three major sections: Research on prenatal alcohol and drug exposure and its implications for adoption; programmatic approaches and practice considerations related to serving substance-exposed children and their adoptive families; and policy issues that bear on adoption planning and services for this vulnerable group of children. It is designed as a resource for practitioners, policymakers, researchers, and others with an interest in adoption.

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Material Title: **Assessing, Treating and Living with FAS/ARND (VHS)**  
 Author: Ed-Net Series *Videotapes* 1996 2 hours

This panel format presents three very knowledgeable individuals—a nationally recognized physician, a social work expert in the field, and an adoptive mother of four alcohol affected children – with special skills in accessing educational resources. (Note: Since taping there was a 1997 change in the Federal statute, Individuals with Disabilities Education Act--IDEA) The physiological issue is the organic brain damage of these children. The frustrating behaviors result from their brains working differently. Their environment must be adapted for improved behavior.

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Material Title: **Best I Can Be, The : Living with Fetal Alcohol Syndrome or Effects**  
 Author: Liz Kulp *Books* 2000 84 pages

Written by Liz, a teenager exposed prenatally to alcohol, and Liz's adoptive mom, Jodee, this book is packed with information, lists of resources, quotes from others, illustrations, and, most prominently, the story of the mother and her daughter who lived through trials, setbacks, and successes. There are journal entries in Liz's hand and several pages of useful appendixes at the end.

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Material Title: **Best of Adopted Child: For Parents Adopting Children Affected by Substance or Sexual Abuse**  
 Author: Lois Melina *Journals/Newsletters* 982 to 199.

This collection of articles from 1982 to 1997 includes pieces on how cocaine and alcohol affect the unborn, hereditary vs. environmental influences on alcoholism, hyperactivity, and the effects and symptoms of sexual abuse.

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Material Title: **Best of F.A.S. Times, The**  
 Author: FAS *Journals/Newsletters* 1999 146 pages

This book is a compilation of FAS Times articles over the past 10 years. It is divided into 10 chapters relating to FAS/E. Each chapter is composed of articles pertaining to a particular subject such as History of FAS/E, Identification and Diagnosis of FAS/E, Nurture in the Family, Education and the Student with FAS/E, and Safety and Sanity of Parents and Children.

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Material Title: **Birds of a Feather Play Together\* (Children's Materials)**  
 Author: Marilyn Krueger *Children's Books* 2007 63 pages

This booklet, put together through a collaboration between two British Columbia organizations, offers ten illustrated activities – simple assembly projects using household items – with instructions and a brief explanation of each activity's beneficial aspects. It is for parents who want hands-on activities with their physically and/or developmentally delayed young children.

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Material Title: **Bruised Before Birth: Parenting Children Exposed to Prenatal Substance Abuse**  
 Author: Joan McNamara, et. Al *Books* 1994 115 pages

If you are parenting a drug/alcohol-exposed child, this book will help you to be your child's best advocate. Parents will find a wealth of information, from the technical (how various substances affect the unborn) to the practical (how to cope and answer children's tough questions). Besides being better informed after reading this, parents will come away with a sense of hope about how they can best help children reach their highest potential.

## FASD/Drug Affected

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Material Title: **Caring for Babies with Prenatal Substance Exposure**  
Author: Safe Babies Program *Information Packet* 2014 94

This booklet is a resource for parents and caregivers of babies who have been prenatally exposed to alcohol or other drugs. Information in this booklet was gathered from various sources, including parents, caregivers, professionals and published books and articles. The information in this booklet is about the daily care of babies aged birth to 12 months who may have been exposed to substances in the womb.

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Material Title: **Caring for Drug-Exposed Infants**  
Author: Barbara Drennen *Books* 2010 150 pages

In this comprehensive guide for caregivers, Barbara Drennen and Elaine Purchase crystallize the firsthand knowledge Barbara has acquired as the co-founder and Executive Director of Pediatric Interim Care Center (PICC), the nation's only nursery providing specialized, 24-hour care for newborns prenatally exposed to drugs. It is also the story of an extraordinary woman who opened her home to these vulnerable babies and became their champion. Filled with the heartrending stories of the babies, mothers, and families Barbara has met along the way, this book shares the insight of a pioneer who has given thousands of children a safe and healthy start in life.

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Material Title: **Caring for Drug-Exposed Infants (DVD)**  
Author: DVD *DVDs* 2006 27 minutes

This DVD distills Pediatric Interim Care Center's (PICC) two decades of experience to provide a simple, step-by-step guide to the recognition and therapeutic care of drug-exposed infants. PICC, The Newborn Nursery, is the nation's only 24-hour interim care nursery for drug-exposed newborns. Founded in 1990, this pioneering facility in Kent, Washington, has provided a safe and healthy start in life for thousands of newborns withdrawing from prenatal exposure to heroin, methadone, cocaine, methamphetamine, and dozens of other illicit and prescription drugs.

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Material Title: **Challenge of Fetal Alcohol Syndrome, The: Overcoming Secondary Disabilities**  
Author: Ann Streissguth and Jonathan Kanter *Books* 1997 250 pages

A summary of recent findings and recommendations is presented by the team who conducted the largest study ever done on people of all ages with Fetal Alcohol Syndrome and Fetal Alcohol Effects. Twenty-two experts from the fields of human services, education, and criminal justice respond by describing their solutions to this problem of a birth defect that targets the brain and has lifelong consequences. This book acknowledges the diverse and multifaceted needs of people with FAS/FAE across the lifespan.

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Material Title: **Cheers! Here's to the Baby! A Birth Mother's Discovery of Fetal Alcohol Syndrome**  
Author: Linda Belle La Fever *Books* 2000 250 pages

This book reveals the struggles and heartbreaks of a loving single mother who unknowingly made a terrible mistake that forever altered the potential of her youngest son, Danny. She discovered that it was necessary to educate Danny's teachers and other service providers about his birth defect, even though it was the direct result of her consumption of alcohol during pregnancy.

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Material Title: **Children with Prenatal Alcohol and/or Other Drug Exposure: Weighing the Risks of Adoption**  
Author: Susan Edelstein *Books* 1995 105 pages

The decision to adopt should be made with thought and care; the decision to adopt a child with prenatal drug exposure involves added challenges. Designed primarily for professionals, this book offers practical suggestions for preparing and working with families considering adoption of a child prenatally exposed.

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Material Title: **Damaged Angels: An Adoptive Mother Discovers the Tragic Toll of Alcohol in Pregnancy**  
Author: Bonnie Buxton *Books* 2004 298 pages

Part heartfelt memoir, part practical guide, Damaged Angels recounts Bonnie Buxton's struggles to raise an adopted daughter whom she didn't realize was afflicted with Fetal Alcohol Spectrum Disorder. This book offers guidance to parents who have children with FASD and can aid and comfort all those affected by it. Foreword by Sterling Clarren, M.D.

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Material Title: **Early Years, The: Fetal Alcohol Syndrome Series (VHS)**  
Author: Altschul Group *Videotapes* 1997 20 minutes

Early intervention is the key to helping children with F.A.S. or F.A.E. reach their full potential. Diagnosis and the parent's acceptance of the diagnosis can result in major changes in parent-child interactions. The child is not just being contrary. The parent is not a failure. Viewers learn the importance of developing a routine with the child, communicating feelings, playing and preparing the child for school. Experts explain why children with F.A.S./F.A.E. behave in certain ways and offer advice on how to handle typical situations. (AVAILABLE in SPANISH - "Los Años Preescolares - Series del Síndrome del Alcoholismo Fetal")

## FASD/Drug Affected

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Material Title: **Eden's Secret Journal: The Story of an Older Child Adoption\* (Children's Materials)**  
Author: Brenda McCreight *Children's Books* 2003 59 pages

This fictional journal's title character is a 13-year-old, adopted at age 10, who is writing the journal because her therapist told her to. She talks about her years in foster care, her substance abusing birth parents, and her adoptive parents. Her life is far from perfect, but it is getting better and we learn how she feels about things in her world. Author, Brenda McCreight is a Child & family therapist with more than 20 years experience.

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Material Title: **Every Day is an Adventure: What Parents and Caregivers Need to Know About Fetal Alcohol Spectrum Disorder (FASD)**  
Author: Healthy Child Manitoba *Information Packet* March 2017 61 pages

A resource book for parents and caregivers of children and youth with FASD. This book describes how FASD affects the brain and provides strategies to assist caregivers to decrease their child's frustration and increase opportunities for success. This book includes strategies, stories and quotes from parents and caregivers who are caring for children and youth with FASD.

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Material Title: **F.A.S. Times**  
Author: *Journals/Newsletters*

This quarterly newsletter funded by Washington State Department of Social and Health Services, Division of Alcohol and Substance Abuse features articles by its staff and articles reprinted by permission of other publications, national and international.

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Material Title: **F.A.S. Times 2005 Fall**  
Author: Jocie De Vries *Journals/Newsletters* Fall 2005 12 pages  
Sent to a family 12/08/05.

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Material Title: **Fantastic Antone Grows Up**  
Author: Judith Kleinfeld *Books* 2000 361 pages

In this sequel to *Fantastic Antone Succeeds*, young people with FAS/E and their caregivers report on their experiences coping with the problems of adolescence and young adulthood. The editors have concentrated on the wisdom of practice, as they candidly convey which techniques worked and which did not during the difficult passages of the teenage years and beyond.

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Material Title: **Fantastic Antone Succeeds: Experiences in Educating Children with Fetal Alcohol Syndrome**  
Author: Judith Kleinfeld *Books* 1993 322 pages

Vignettes from parents, teachers and therapists about their experiences with alcohol affected children all point out how these children need to be taught differently and disciplined differently. It offers practical advice about what works and what does not, and it's hopeful, positive and readable and not highly technical.

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Material Title: **FASD & Other Drug Effects Featuring Eileen Devine, LCSW**  
Author: Robyn Gobbel *CDs* 1 hr 15 min

We know that prenatal exposure to alcohol and other drugs kill cells in the developing brain, affecting myelination and organization of the structure, function, and neurochemistry of the brain. Our experience also tells us that many children who have confirmed or suspected prenatal exposure to alcohol and drugs struggle behaviorally. Why is this, exactly? Additionally, why do the standard, commonly accepted parenting techniques fail when applied to these children? And, most importantly, what can parents and providers do to support these children differently (and more successfully)?

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Material Title: **FASD & Other Drug Effects; Featuring Eileen Devine, LCSW**  
Author: Robyn Gobbel *DVDs* 1 hr 16 min

We know that prenatal exposure to alcohol and other drugs kill cells in the developing brain, affecting myelination and organization of the structure, function, and neurochemistry of the brain. Our experience also tells us that many children who have confirmed or suspected prenatal exposure to alcohol and drugs struggle behaviorally. Why is this, exactly? Additionally, why do the standard, commonly accepted parenting techniques fail when applied to these children? And, most importantly, what can parents and providers do to support these children differently (and more successfully)?

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Material Title: **FASD and the Online World: The Seductive Power of False Friendships, False Promises, and False Rewards**  
Author: Ira Chasnoff *Books* 2019 59 pages

The Internet and its door to a world of unregulated communication and information can entrap any young person, but especially those affected by prenatal alcohol exposure. The brain-based neurodevelopmental difficulties associated with Fetal Alcohol Spectrum Disorders (FASD) present a special challenge to children and teens and can place the young person at high risk for not only victimization but also for becoming an unwitting perpetrator of harm. The online world is very real, but the friendships, promises, and rewards young people with FASD find there are for the most part false. This book is for any parent or professional who must find a balance between the young person's quest for independence and the need to protect that young person from harm in the online world.

## FASD/Drug Affected

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Material Title: **Fetal Alcohol and Other Drug Effects (4 VHS)**  
Author: Diane Malbin *Videotapes* 1999 4 hours

In this four-part series, Diane Malbin discusses many facets of the effects of prenatal exposure to drugs and alcohol and the resultant neurodevelopmental disorder. Using charts and numerous anecdotes, she covers in sequence, "Diagnostic Criteria: Effects of Prenatal Exposure"; "Common Learning and Behavioral Characteristics"; "Behaviors and Overlapping Diagnoses"; and "Barriers to Identification: Historical, Cultural, Professional and Personal."

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Material Title: **Fetal Alcohol Spectrum Disorder (FASD)**  
Author: ORPARC *Information Packet* 2003 8 pages

This 8-page, nuts-and-bolts introduction to fetal alcohol exposure and its effects on children and their families is for those who have little or no knowledge of the disorder and need a basic understanding. It can be a good introduction for teachers, out of home relatives, and others the child comes into regular contact with.

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Material Title: **Fetal Alcohol Spectrum Disorder (Understanding Mental Health)**  
Author: Ellen Rodger and Rosie Gowsell *Books* 2014 48

An estimated 40,000 children are born with a Fetal Alcohol Spectrum Disorder in the United States each year. The impacts on school and family, and social life are immense. FASDs are a group of disorders and conditions that occur in people whose mothers drank alcohol during pregnancy. This useful title gives an overview of the mental, behavioral, and physical impairments of FASD, as well as new research, treatments and methods for managing behavioral issues. A chapter on caring for others addresses children dealing with parents, siblings, or foster siblings with an FASD diagnosis.

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Material Title: **Fetal Alcohol Spectrum Disorder: Reasons, Not Excuses, for Behaviors (3 CDs)**  
Author: NACAC Conference *CDs* 8/4/11 45 minutes

This material is a recording of a presentation from the 37th NACAC Conference in August 2011. Presented by Kari Fletcher from the North American Council on Adoptable Children in Minnesota and Eileen Bisgard of NOFAS Colorado. Children with FASD often struggle with behavior. This workshop will explore the connection between brain and behavior in order to help caregivers and professionals develop more effective intervention strategies. Participants also consider the importance of helping the person with FASD learn about their disability and the reason (not excuses!) why they struggle.

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Material Title: **Fetal Alcohol Syndrome: A Guide for Families and Communities**  
Author: Ann Pytkowicz Streissguth *Books* 1997 275 pages

This is a comprehensive look at FAS including a section on the science of FAS, a section on preparing people with FAS for life in the community, a chapter on diagnosis, and a chapter on guidelines for schools.

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Material Title: **Foster Parents Working with Birth Parents (DVD)**  
Author: DVD *DVDs* 2003 50 min

Dr. Vera Fahlberg talks with a panel of experienced foster parents about the issues of increased drug and alcohol related placements, the importance of communication with birth parents, and the need for early permanency planning. While the discussion focuses primarily on infant and preschool placements, the information on this tape can be applied to the care of foster children of all ages.

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Material Title: **Iceberg**  
Author: *Journals/Newsletters*

This quarterly educational newsletter from Fetal Alcohol Syndrome Information Service (FASIS) bills itself as "for people concerned about fetal alcohol syndrome (FAS) and fetal alcohol effects (FAE)...because the problems we see are only the tip of the iceberg."

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Material Title: **In Our Own Words: Children and Adults Living with an FASD**  
Author: Andy Kachor *DVDs* 2015 60 minutes

This video features interviews with children and adults affected by Fetal Alcohol Spectrum Disorders (FASD).

This video is an excellent resource for teachers, FASD trainers and advocates, healthcare providers, and students. Through the sharing of personal stories, viewers learn how FASD affects people in many different ways.

Both the strengths and challenges of living with an FASD are portrayed.

Among the many people that participated in this video, you'll meet Nicholas, a young boy who loves Harry Potter. You'll hear from Tania, a young actress who enjoys speaking about FASD. Listen to Chris talk about overcoming challenges in the classroom. Hear Fran discuss how she got an FASD diagnosis later in life. Get to know these and many other incredible people.

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## FASD/Drug Affected

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Material Title: **Journey Through The Healing Circle (DVD)**  
Author: Washington State Division of Social and Health Services *DVDs* 53 minutes

The Journey Through The Healing Circle DVD includes four stories, "The Little Fox", "The Little Mask", "Sees No Danger", and "Travels in Circles." These stories are related to youth with Fetal Alcohol Syndrome ages birth to 22 years old. Please see series description, "Journey Through the Healing Circle." This video portrays the stories told in the four books, "The Little Fox", "The Little Mask", "Sees No Danger & Wanders Afar" and "Travels in Circles" (see individually under those titles above). It comes with a Discussion Guide and Video Overview.

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Material Title: **Journey Through The Healing Circle: Video Series I (VHS)**  
Author: Washington State Division of Social and Health Services *Videotapes* 2000

For young people ages birth to 11: Please see series description, "Journey Through the Healing Circle." This video portrays the stories told in the first two books, "The Little Fox" and "The Little Mask" (see individually under those titles). It comes with a Discussion Guide and Video Overview.

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Material Title: **Journey Through The Healing Circle: Video Series II (VHS)**  
Author: Washington State Division of Social and Health Services *Videotapes* 2000

For young people ages 12-22: Please see series description, "Journey Through the Healing Circle." This video portrays the stories told in the second two books, "Sees No Danger & Wanders Afar" and "Travels in Circles" (see individually under those titles above). It comes with a Discussion Guide and Video Overview.

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Material Title: **Little Fox, The: Fetal Alcohol Syndrome (CD-ROM)**  
Author: Washington State Division of Social and Health Services *CD-ROMs* 2001

For children five years old and younger: Please see series description, "Journey Through the Healing Circle." This CD-ROM for children five years old and younger, provides a video-telling - in the style of Native American folklore - of the story of Stays in the Moment, a young fox with Fetal Alcohol Syndrome. Additional features include the text of the book and a guide for parents or others reading this book to children who have questions or concerns.

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Material Title: **Little Fox, The: Fetal Alcohol Syndrome\* (Children's Materials)**  
Author: Washington State Division of Social and Health Services *Children's Books* 2000 42 pages

For children five years old and younger: Please see series description, "Journey Through the Healing Circle." This illustrated book for children five years old and younger, tells the story - in the style of Native American folklore - of Stays in the Moment, a young fox with Fetal Alcohol Syndrome. A second section is a guide for parents or others reading this book to children who have questions or concerns.

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Material Title: **Little Heroes FASD\* (Children's Materials)**  
Author: Ira Chasnoff *Children's Books* 2003 32 pages

This booklet is about children who were born to mothers who used alcohol during pregnancy. Through story and pictures, it is meant to guide parents in talking with their children. In higher functioning children with FASD, these discussions can help them better understand their behavior and the way they feel about themselves. It can help brothers and sisters of a child with FASD be more tolerant of the behaviors that drive them up the wall.

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Material Title: **Little Mask, The: Fetal Alcohol Syndrome (CD-ROM)**  
Author: Washington State Division of Social and Health Services *CDs* 2001

For children ages 6-11: Please see series description, "Journey Through the Healing Circle." This CD-ROM for children ages 6-11, provides a video-telling - in the style of Native American folklore - of the story of Little Mask and Best Day Ever, two young raccoons with Fetal Alcohol Syndrome. Additional features include the text of the book and a guide for parents or others reading this book to children who have questions or concerns.

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Material Title: **Little Mask, The: Fetal Alcohol Syndrome\* (Children's Materials)**  
Author: Washington State Division of Social and Health Services *Children's Books* 2000 81 pages

For children ages 6-11: Please see series description, "Journey Through the Healing Circle." This illustrated book for children ages 6-11, tells the story - in the style of Native American folklore - of Little Mask and Best Day Ever, two young raccoons with Fetal Alcohol Syndrome. A second section is a guide for parents or others reading this book to children who have questions or concerns.

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Material Title: **Managing Multiple Diagnoses: Strategies to Differentiate, Identify, and Intervene Effectively (2 CDs)**  
Author: CD *CDs* 2008 90 minutes

Parents and professionals frequently find themselves perplexed by the number of diagnoses their children have. How do we treat each one, what is primary? What about FASD/RAD? What do we do with a depressed child who is oppositional? This workshop, recorded at the 2008 NACAC Conference in Ottawa, offers a basic understanding of how these labels are viewed, medicated, and managed from a practical perspective.

## FASD/Drug Affected

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Material Title: **Mystery of Risk, The: Drugs, Alcohol, Pregnancy, and the Vulnerable Child**

Author: Ira J. Chasnoff

*Books*

2011 279 pages

The ill effects of a baby's exposure to drugs and alcohol while in the womb are demonstrated in this essential reference with cutting-edge information from the fields of medicine, neuroscience, and child psychology. These findings posit that many of the learning and behavior problems seen in children—from poor school performance to patterns of impulsivity often diagnosed as ADHD—are both treatable and preventable. The book first traces the history of fetal malformation back to the time of Aristotle, then presents a resounding call for integrated systems of care for high-risk children and their families. Methods for applying behavior management and treatment techniques are included for health care practitioners, social workers, early childhood intervention specialists, special education teachers, and parents, whether for use at home, at school, or in the clinical setting.

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Material Title: **Nurture: The Essence of Intervention for Individuals with Fetal Alcohol Syndrome**

Author: Victoria/Linda/Jocie McKinney/La Fever/DeVries

*Books*

2005 158 pages

This book profiles, through photographs and descriptive biographical sketches, 56 children and adults medically diagnosed with prenatal exposure to alcohol and 35 parents, birth and adoptive, who care for such children. Its goal is to influence physicians and mental health professionals to diagnose every person with this disability (currently, Fetal Alcohol Syndrome is a clinical diagnosis that applies to only a fraction of those with neurological impairment resulting from prenatal exposure to alcohol).

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Material Title: **Our FAScinating Journey: Keys to Brain Potential Along the Path of Prenatal Brain Injury**

Author: Jodee Kulp

*Books*

2012 200 pages

Our FAScinating Journey will introduce readers to another winding path in working with prenatally exposed children. Jodee illuminates this path with lights that shine the hope of possibilities for these special kids. On your journey through these pages you will:

- Discover creative approaches in reaching and loving children with attachment issues.
- Understand how alcohol affects the growing brains of children.
- Become familiar with brain terminology.
- Uncover ideas to help a child nutritionally.
- Wade through school and behavior issues with tears, laughter and strategies you may not have tried.
- Meet professionals who have helped the Kulp family help Liz grow.
- Loose yourself in a myriad of ideas within the appendix.
- Smile as you get to know Liz, a very real teen who is determined to be the best she can be inspite of FASD.

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Material Title: **Parenting Children Affected by Fetal Alcohol Syndrome: A Guide for Daily Living**

Author: Sara Graefe

*Books*

1998 54 pages

This manual from the Society of Special Needs Adoptive Parents in cooperation with the Adoption Council of Canada, provides definitions and facts, common manifestations, common misconceptions, parenting suggestions and guidelines to help parents of children affected by FAS and the professionals who work with them.

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Material Title: **Parenting Children Who Have Been Exposed To Methamphetamine**

Author: Claudia Hutchison

*Information Packet*

2006 23 pages

This information packet begins with a brief overview of current knowledge regarding the abuse of methamphetamine: what it is, how it effects the user, and how addiction is treated. Part Two contains information about the known and suspected effects on the children of methamphetamine users. It includes both prenatal exposure effects and environmental exposure effects. Part Three offers suggestions for adoptive, guardianship, and foster parents who care for the children from meth abusing homes. Part Four contains reprints of several articles on the topic, written specifically for foster and adoptive parents. Appendix A is a list of recommended resources for more information, and Appendix B contains a list of sources used to compile this information packet.

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Material Title: **Parenting the Medically Fragile/Drug Affected Infant (VHS)**

Author:

*Videotapes*

2 hours

This video contains significant information regarding the biological history and symptoms of alcohol/ drug affected infants, interventions that can be used with such medically fragile children, and the poignant story of one child impacted for life by the use of alcohol/ drugs during fetal development. The tape consists of an expert talking about these issues, and though the information is accurate and useful, some viewers may not find the presentation very engaging.

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Material Title: **Pediatric Disorders of Regulation in Affect and Behavior: A Therapist's Guide to Assessment and Treatment**

Author: Georgia DeGangi

*Books*

2000 334 pages

This book, designed for mental health professionals and occupational therapists working with infants and children, describes in detail, specific treatment approaches for problems of mood regulation, sensory processing, attention, sleep, feeding, and play and social interactions. Comprehensive case presentations are included in each chapter to demonstrate this innovative and integrated treatment approach.

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## FASD/Drug Affected

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Material Title: **Prenatal Exposure to Drugs/Alcohol**  
Author: Jeanette M. Soby *Books* 2006 149 pages

Divided into three sections, this book for professionals and parents describes the characteristics of youngsters affected by prenatal drug/alcohol exposure and explores strategies to circumvent this damage in order to maximize the individual's remaining strengths. Part 3 describes instructional strategies for the learning and everyday life experiences that these children find challenging.

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Material Title: **Raising Resilient Rascals 2008: Disc 3 (DVD)**  
Author: DVD *DVDs* 2008 3 hours

This disk includes the following presentations from the 2008 conference: "Interventions for the Fetal Alcohol Spectrum" with Julia Bledsoe; "Psychiatric Medication Treatments and Their Place in Adoption Medicine" with Margaret Cashman; and a Sleep Discussion & Panel led by Margaret Cashman.

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Material Title: **Reach to Teach: Educating Elementary and Middle School Children with Fetal Alcohol Spectrum Disorders**  
Author: Substance Abuse and Mental Health Services Admin *Non-Return Items* 2007 51 pages

Reach To Teach is a resource guide for parents of a child with an FASD and for teachers in elementary and middle schools who work with children who have an FASD. It provides a basic introduction to these disorders and tools to improve communication between parents and teachers. You can download a copy at [www.ncadi.samhsa.gov](http://www.ncadi.samhsa.gov).

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Material Title: **Reaching Out To Children With FAS/FAE**  
Author: Diane Davis *Books* 1994 198 pages

Written specifically for those who parent, teach or counsel children with fetal alcohol syndrome and fetal alcohol effects. It discusses causes, the diagnosis of FAS/FAE, and characteristics commonly seen in these kids. It also offers hands-on techniques for establishing guidelines at home and school.

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Material Title: **Recovering Hope: Birth Mothers Speak Out About Fetal Alcohol Spectrum Disorders**  
Author: U.S. Department of Health and Human Services *DVDs* 60 minutes

Recovering Hope is an intimate and evocative hour-long video about the mothers and families of children who are affected by Fetal Alcohol Spectrum Disorders (FASD).

The video, created for viewing by women in recovery and their counselors, is divided into two half-hour episodes to allow time for discussion within a treatment session.

Eight women tell poignant, memorable stories. They speak out about how alcohol use during pregnancy affected their children, how they are learning effective new ways to parent, and how they are recovering hope for the future.

Six researchers and clinicians support these stories by explaining the physical, mental, behavioral and learning disabilities associated with FASD and discussing evaluation and intervention services.

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Material Title: **School Years, The: Fetal Alcohol Syndrome Series (VHS)**  
Author: Altschul Group *Videotapes* 1997 20 minutes

This program concentrates on the importance of meeting the needs of children with F.A.S. at both the classroom and school district levels. It stresses that students with F.A.S. or F.A.E. are not necessarily mentally retarded but may process information differently. Practical ways of helping these children learn despite their differences are presented. Parents, teachers and other experts offer their views on the importance of getting to know the child's teachers and educating them about the child's needs. Useful for parents and teachers alike.

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Material Title: **Scrabble Rabble (DVD)**  
Author: DVD *DVDs* 2008 30 minutes.

This DVD is a filmed stage performance in which four actors portray scenarios from "The Game of Life" as though it were a TV game show. It is surreal, funny, sad, and pretty telling about the world of prenatal exposure to alcohol. It demonstrates the dangers of drinking and sex, and the difficulties kids and their parents experience as a result of such exposure.

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Material Title: **Sees No Danger & Wanders Afar: Fetal Alcohol Syndrome (CD-ROM)**  
Author: Washington State Division of Social and Health Services *CD-ROMs* 2001

For young people ages 12-17: Please see series description, "Journey Through the Healing Circle." This CD-ROM for young people ages 12-17, provides a video-telling - in the style of Native American folklore - of the story of Sees No Danger and Wanders Afar, two young bears with Fetal Alcohol Syndrome. Additional features include the text of the book and a guide for parents or others reading this book to children who have questions or concerns.

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## FASD/Drug Affected

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Material Title: **Sees No Danger & Wanders Afar: Fetal Alcohol Syndrome\* (Children's Materials)**  
Author: Washington State Division of Social and Health Services *Children's Books* 2000 112 pages

For young people ages 12-17: Please see series description, "Journey Through the Healing Circle." This illustrated book for young people ages 12-17, tells the story - in the style of Native American folklore - of Sees No Danger and Wanders Afar, two young bears with Fetal Alcohol Syndrome. A second section is a guide for parents or others reading this book to young people who have questions or concerns.

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Material Title: **Storm Riders: A Novel**  
Author: Craig Lesley *Books* 2000 339 pages

This novel from the acclaimed Portland novelist follows the challenges and tragedies of Clark Woods, a foster parent who is raising a Native American son, Wade. From the outset it is clear that Wade, born with Fetal Alcohol Syndrome, is not only disabled but disturbed. It vividly portrays a father and a son struggling to come to terms with each other and endeavoring, above all, to come to terms with the truth.

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Material Title: **Students Like Me: Teaching Children with Fetal Alcohol Syndrome (VHS)**  
Author: Video *Videotapes* 2000 39 minutes

This video gives elementary and special education teachers a clear understanding of what Fetal Alcohol Syndrome is, how it affects children's learning and behavior, and what can be done to modify classroom environments and teaching methods to allow children with FAS to learn.

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Material Title: **Substance-Exposed Infants (DVD)**  
Author: Foster Parent College *DVDs* 2010

Each year more than 400,000 infants are born in the U.S. who were prenatally exposed to illegal substances. Parental drug use is a factor in the placement of the majority of children in foster or kinship care. Dr. Robert Nickel, professor of pediatrics and developmental pediatrician, and Susan Edelstein, MSW, executive director of TIES for Adoption/UCLA discuss the issues and challenges surrounding the care of these infants. This course also covers effects of legal and illegal drugs, risks and protective factors, medical and developmental issues, and parenting strategies.

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Material Title: **Travels in Circles: Fetal Alcohol Syndrome (CD-ROM)**  
Author: Washington State Division of Social and Health Services *CD-ROMs* 2001

For young people ages 18-22: Please see series description, "Journey Through the Healing Circle." This CD-ROM for young people ages 18-22, provides a video-telling - in the style of Native American folklore - of the story of Travels in Circles, a young adult puffin with Fetal Alcohol Syndrome. Additional features include the text of the book and a guide for parents or others reading this book to children who have questions or concerns.

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Material Title: **Travels in Circles: Fetal Alcohol Syndrome\* (Children's Materials)**  
Author: Washington State Division of Social and Health Services *Children's Books* 2000 69 pp

For young people ages 18-22: Please see series description, "Journey Through the Healing Circle." This illustrated book for young people ages 18-22, tells the story - in the style of Native American folklore - of Travels in Circles, a young adult puffin with Fetal Alcohol Syndrome. A second section is a guide for parents or others reading this book to young people who have questions or concerns.

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Material Title: **Trying Differently Rather Than Harder**  
Author: Diane Malbin *Books* 1999 70 pages

This booklet is divided into five sections entitled, "What is Fetal Alcohol Syndrome?"; "Reframing Perceptions from 'Won't' to 'Can't'"; "Application" (which helps parents consider how to proceed in light of their "reframed perceptions"); "Examples of Behavioral Characteristics and Effective Adaptations"; and "Comments, Questions and Resources," respectively.

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Material Title: **Understanding Fetal Alcohol Spectrum Disorder; A Guide to FASD for Parents, Carers, and Professionals (JKP Essentials Series)**  
Author: Maria & Liam Catterick & Curran *Books* 8/21/2014 168

Understanding Fetal Alcohol Spectrum Disorder (FASD) is a useful introduction to the most common non-genetic learning disability, which is caused by alcohol consumption during pregnancy.

Written by two FASD experts, it describes how alcohol can harm the foetus and disrupt development, and explains how FASD affects individuals at different stages of their lives. With the aid of simple, illustrative diagrams, photographs and charts, it shows how you can identify FASD and gives guidance on how mothers at risk can be helped. It also provides advice for parents or carers on how children, young people and adults with FASD can be best supported.

Accessible and informative, this is the essential guide to FASD for social workers, family placement teams, child protection workers, foster carers, adoptive parents, midwives and teachers.

## FASD/Drug Affected

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Material Title: **Understanding the Occurrence of Secondary Disabilities in Clients with Fetal Alcohol Syndrome (FAS) and Fetal Alcohol Effects (FAE)**  
Author: University of Washington *Books* 1996 67 pp

From University of Washington School of Medicine Department of Psychiatry and Behavioral Sciences. This report offers, with graphs, charts, and verbiage, a statistical analysis of a variety of "secondary problems" experienced by clients with FAS/E. Areas analyzed include Mental Health Problems, Disrupted School Experience, Trouble with the Law, Inappropriate Sexual Behavior, Alcohol and Drug Problems, Problems with Employment Over 21 Years, Problems with Parenting, and many others.

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Material Title: **Watch for the Rainbows: True Stories for Educators and other Caregivers of Children with Fetal Alcohol Spectrum Disorders**  
Author: Frances M.E. Kapp *Books* 2002 94 pages

We now have the September 2002 revised first edition. This book is a compilation of true stories about children with FAS. The stories are clustered by subjects such as, The Joy of Creativity, Physical Feat Without Fear, Dealing with Stress, Extroverted Children, The Issue of "Lying," and Teaching Strategies.

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Material Title: **When the Chips Are Down: Strategies for Improving Children's Behavior (VHS)**  
Author: Video *Videotapes* 1997 62 minutes

Richard Lavoie, addressing an audience of parents and teachers at Georgetown University, offers his philosophies and techniques for working positively with children and setting standards they will follow in school and home settings. The video comes with a booklet that summarizes his points.

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\*English SDH subtitles available

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Material Title: **Worth the Trip: Raising and Teaching Children with Fetal Alcohol Syndrome (DVD)**  
Author: DVD *DVDs* 2001 45 min

This is a hopeful and practical outline of suggestions for helping children prenatally affected by alcohol. Intended for parents, teachers and any professional working with kids, it is supportive of caregivers and clearly cherishes the children in the process. The video comes with a booklet that offers tips and further advice on working more successfully with these children.

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Material Title: **Worth the Trip: Raising Children with Fetal Alcohol Syndrome (VHS)**  
Author: *Videotapes* 1999 49 minutes

This is a hopeful and practical outline of suggestions for helping children prenatally affected by alcohol. Intended for parents, teachers and any professional working with kids, it is supportive of caregivers and clearly cherishes the children in the process. The video comes with a booklet that offers tips and further advice on working more successfully with these children.