

Concrete Supports in Alaska

These can all go on handouts or be incorporated into the slides themselves.

<http://dhss.alaska.gov/dsds/Pages/adrc/default.aspx>

Aging and Disability Resource Centers

Alaska's ADRCs connect seniors, people with disabilities, and caregivers with long-term services and supports of their choice. The ADRC network serves Alaskans statewide, regardless of age or income level, through regional sites.

ADRCs are part of a federal effort to help people more easily access the long-term services and supports available in their communities. That might include transportation, assistive technology, or in-home care.

The ADRC goal is to be a trusted resource. ADRC specialists counsel callers and visitors on long-term supports that fit their circumstances. People choose which services they would like, then the ADRC specialists help people access those services.

The State of Alaska administers the ADRC grant through, and in partnership with, the regional sites.

<http://www.alaska211.org/>

Changing the Way Alaskans Find Help

No matter where you live in Alaska, Alaska 2-1-1 is your one-stop resource for connecting with a wide variety of vital resources in your community including emergency food and shelter, disability services, counseling, senior services, healthcare, child care, drug and alcohol programs, legal assistance, transportation needs, educational opportunities, and much more.

Call 2-1-1 or 1-800-478-2221 Monday through Friday from 8:00 am to 5:00 pm to or visit our website 24/7 when you need help finding help. It's free and confidential.

Alaska 2-1-1 is a service of the United Ways of Alaska.

<http://www.seniorvoicealaska.com/page/older-persons-action-group/609.html>

Older Persons Action Group

Established in 1968, OPAG is a nonprofit membership organization dedicated to improving services, developing programs, educating, promoting and implementing changes to help Alaska seniors live healthy, productive lives.

OPAG also produces the Directory for Older Alaskans which is a resource guide of services throughout Alaska by region. It is available from OPAG for a small fee. Although the services in the guide are geared towards Senior citizens, there are many resources listed that are available for people of any age.

http://dhss.alaska.gov/ocs/Documents/icwa/pdf/ICWA_Designated_Agents.pdf

Indian Child Welfare Act; Designated Tribal Agents can be used to assist in identifying the correct Tribal affiliations and to contact the Tribes for any assistance or programs they have available for their Tribal members.

Local churches

Most churches have some resources available in their community. They can be a good referral source if they do not have the resources themselves.

<https://www.acrf.org/>

The Alaska Center for Resource Families provides support and training to Alaska's resource families – foster, adoptive, relative caretakers and guardianship families. We seek to work in collaboration with the State of Alaska Office of Children's Services, Tribes, and others involved in the foster care and adoptive systems. We welcome all prospective parents regardless of race, age, sex, marital status, religious beliefs, physical disability, gender identity, or sexual orientation.