

Dealing with Dis-R-E-S-P-E-C-T

Wondering the best ways to deal with the sassy, swearing, door-slamming behaviors that push all your buttons? Let's get practical in this workshop to:

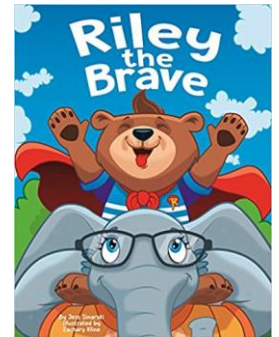
1. Tame your trigger so you don't flip your lid
2. Practice effective ways to teach respect
3. Gain some skills for de-escalating disrespectful moments
4. Build compassion for the pain or fear that might be behind some prickly porcupine behavior



About the Presenter



Jessica Sinarski, LPCMH, is a clinical supervisor, consultant, author and educator. She is a thought-leader in connecting neuroscience with practice in adult-child relationships. Jessica has trained thousands of parents and professionals across the country and maintains a private practice in Delaware, incorporating neurofeedback and attachment-based therapeutic models.



Location	Time & Date	Zoom Link
Virtual Training via Zoom	Monday, June 7, 2021 10:00am-1:00pm	Zoom link will be sent to registered participants

REGISTRATION	Resource parents (adoptive, foster, guardian), Caregivers and Other Community Partners	
	https://conta.cc/3rksc13	1-800-764-8367
	Oregon DHS Staff	
	https://ilearn.oregon.gov/dl.aspx?id=0DA991763C024EB39841C3B57609E6C5	



Cascadia Training is an NBCC-Approved Continuing Education Provider (Provider #: 6475) (recognized by NASW Oregon State Chapter)

ORPARC trainings are free-of-charge to DHS/state adoptive, foster and assisted guardianship families, and DHS/SNAC adoption professionals, and other participants as space allows and welcomes attendees of all ethnicities, genders and sexual orientations. In-person trainings are held in accessible locations. Auxiliary aids and alternative forms of written materials are available to persons with disabilities. Foreign language interpretation is available upon request. Request services two weeks in advance.