

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

International

Material Title: **Adopted (DVD)**

Author: Barb Lee *DVDs* 2008 80 minutes

This DVD, by first-time director Barb Lee, reveals the grit rather than the glamour of transracial adoption, going deep into the intimate lives of two well-meaning families and showing us the subtle challenges they face. One family is just beginning the process of adopting a baby from China, the other family's Korean daughter is now 32 years old. Prompted by her adoptive mother's terminal illness, she tries to create the bond they never had. The results are riveting, unpredictable and telling. While the two families are at opposite ends of their respective journeys, their stories converge to show us that love alone isn't enough to make a family work.

Includes the companion DVD, "Adopted: We Can Do Better", with more than two hours of experts' advice to help families clarify their intentions, cope with grief, identify themselves as a mixed-race family, foster identity for their transracial adopted children, and become educated about the politics of international adoption.

Material Title: **At Home in this World ... A China Adoption Story* (Children's Materials)**

Author: Jean MacLeod *Children's Books* 2003 15 pages

This book is a reflection of a pre-adolescent girl on what she knows of her adoption from China, and the strength she gains from her acceptance and experience. It addresses the underlying feelings and emotions that a China adoptee experiences and enables pre-teen readers to put their early lives into perspective, while emphasizing the supportive love that encircles them within their own families.

Material Title: **Baby, We Were Meant for Each Other: In Praise of Adoption**

Author: Scott Simon *Books* 2010 193 pages

In this warm, funny and wise new book, NPR's award-winning and beloved Scott Simon tells the story of how he and his wife found true love with two tiny strangers from the other side of the world. It is a book of unforgettable moments: When Scott and Caroline get their first thumb-sized pictures of their daughters, when the small girls are placed in their arms, and all the laughs and tumbles along the road as they become a real family.

Material Title: **Coffee Can Kid, The* (Children's Materials)**

Author: Jan M. Czech *Children's Books* 2002 24 pages

This is a story about a story. Six-year old Annie asks her adoptive father to tell her again about her Korean birthmother and how she came to be adopted. While Annie listens to her father, the coffee can becomes, in her hands, alternately a drum, a shaker and a chest containing a dear treasure.

Material Title: **Cross-Cultural Adoption: How to Answer Questions from Family, Friends, and Community**

Author: Amy Coughlin and Caryn Abramowitz *Books* 2004 148 pages

This book, geared toward families who have adopted internationally, might offer insights to families who have adopted US kids. The first chapter "The Questions Kids Ask," presents 18 typical questions with ideas for answering them on both a little kid level and on a more mature level. The second chapter, "Do's and Don'ts for Grown-Ups," offers just that. The final chapter gives factual information about 8 countries.

Material Title: **Dark Matter of Love, The (DVD)**

Author: Sarah McCarthy *DVDs* 2013 33 minutes

Masha, an eleven year old Russian girl, learns to love her adoptive American family. Masha is adopted along with five year old twins Marcel and Vadim. Can this family form the bonds of attachment and thrive in their adoption? They are aided by Professor Emeritus Dr. Robert Marvin, who has spent a lifetime developing a program to help children learn to love. An encouraging movie, the audience has the honor of watching the Diaz family triumph.

Material Title: **Dim Sum, Bagels, and Grits: A Sourcebook for Multicultural Families**

Author: Myra Alperson *Books* 2001 183 pages

This book, for families adopting multiculturally, offers personal as well as professional insights into such topics as combining cultures, confronting prejudice, developing role models, and locating multicultural resources. It contains a 47-page list of publications and a 33-page list of "Goods and Services."

International

Material Title: **Families Are Different* (Children's Materials)**
Author: Nina Pellegrini *Children's Books* 1991 26 pages

Nico doesn't like looking different than her parents, who adopted her from Korea, until her mother points out that there are "different kinds of families . . .glued together" by love. Soon Nico starts to notice the differences in the families she sees. Now she doesn't feel so bad. She's just like everyone else – she's different!

Material Title: **Happy Adoption Day* (Children's Materials)**
Author: John McCutcheon and JuliePaschiks *Children's Books* 1996 24 pages

This illustrated book for young children is written in verse and presents images of a happy family who has adopted internationally. It is based on a song by John McCutcheon which can be found, among other songs, on the audiotape "Celebration of Family," which is also available in our library.

Material Title: **I Love You Like Crazy Cakes* (Children's Materials)**
Author: Rose Lewis *Children's Books* 2002 23 pages

This book for very young children, warmly illustrated by Jane Dyer, tells the story of an American woman's adoption of a baby girl from a Chinese orphanage. All runs smoothly for both.

Material Title: **Instant Mom**
Author: Nia Vardalos *Books* 2014 282

"Some families are created in different ways but are still, in every way, a family."

Writer and star of *My Big Fat Greek Wedding*, Nia Vardalos firmly believed she was supposed to be a mom, but Mother Nature and modern medicine had put her in a headlock. So she made a choice that shocked friends, family, and even herself: with only fourteen hours' notice, she adopted a preschooler.

Instant Mom is Vardalos's poignant and hilarious true chronicle of trying to become a mother while fielding nosy "frenemies" and Hollywood reporters asking, "Any baby news?" With genuine and frank honesty, she describes how she and husband Ian Gomez eventually found their daughter . . . and what happened next. Vardalos explores innovative ways to conquer the challenges all new moms face, from sleep to personal grooming, and learns that whether via biology, relationship, or adoption—motherhood comes in many forms.

The book includes laugh-out-loud behind the scenes Hollywood anecdotes, plus an Appendix on how to adopt worldwide. Vardalos will donate proceeds from the book sales to charities.

Vardalos candidly shares her instant motherhood story that is relatable for all new moms (and dads!)

Material Title: **Kak vyrastit' rebenka v mire bez granits [How to Raise a Child in a World Without Borders] RUSSIAN**
Author: Olga Makhovskaya *Books* 2017 267

(See English Below) В своей книге известный психолог и писатель Ольга Маховская не только анализирует и сравнивает три во многом различные системы воспитания, но и проводит увлекательный экскурс по семейным, культурным, образовательным, бытовым традициям трех стран. Это не просто книга о воспитании и психологии детей - это и увлекательное исследование, значительно расширяющее кругозор. Автор рассказывает, что полезного могут почерпнуть родители у иностранных "коллег", дает полезные и четкие советы для разных ситуаций, приводит живые примеры, обращается к литературным и фольклорным источникам. Очень интересно преподносится тема национального темперамента, который во многом определяет отношение к воспитанию детей. О чем эта книга В книге не только анализируются и сравниваются три во многом различные системы воспитания, но и проводится увлекательный экскурс по семейным, культурным, образовательным, бытовым традициям трех стран. Автор рассказывает, что полезного могут почерпнуть родители у иностранных "коллег", дает полезные и четкие советы для разных ситуаций. Читайте, сравнивайте, выбирайте лучшее.

[In her book, the well-known psychologist and writer Olga Makhovskaya not only analyzes and compares three largely different educational systems, but also conducts an exciting excursion into the family, cultural, educational, and everyday traditions of the three countries. This is not just a book about the upbringing and psychology of children - it's an exciting study that greatly broadens the horizon. The author says that parents can benefit from foreign "colleagues", gives useful and clear advice for different situations, gives live examples, turns to literary and folklore sources. It is very interesting to present the theme of national temperament, which largely determines the attitude towards the upbringing of children.]

International

Material Title: **Outer Search Inner Journey: An Orphan and Adoptee's Quest**
Author: Peter F. Dodds *Books* 1997 274 pages

In this riveting memoir a woman in post World War II Germany relinquishes her infant son Peter to an orphanage where he's adopted by American parents and brought to the United States. Separated from family of origin and ancestral homeland, Peter grows up alienated in a family and culture he doesn't understand. He returns to Germany believing happiness will come when finding his German family and reclaiming ethnic identity. But Peter's hopes are crushed as his search twists into a desperate struggle to escape a labyrinth of total despair. Set against the backdrop of the Cold War, this is the story of a man's spiritual transformation where the protagonist must ultimately confront himself.

Material Title: **Parenting Your Internationally Adopted Child: From Your First Hours Together Through the Teen Years**
Author: Patty Cogen *Books* 2008 412 pages

Though written with international adoptions in mind, this book has much that is relevant to domestic adoptions as well, including bonding; development of a positive self image; telling the child's story from the child's point of view; handling sleep problems, meal time problems, and resistance to house rules; etc.

Material Title: **Sister for Matthew, A* (Children's Materials)**
Author: Pamela Kennedy and Amy Wummer *Children's Books* 2006 28 pages

This illustrated book tells of Mathew, a young boy whose parents decide to adopt a baby girl from China. At first Matthew doesn't know if he likes the idea. Things are fine the way they are, his friend has a little sister "and she was a pain." Furthermore, he worries that his parents are adopting because they aren't happy with him. Eventually he comes around and likes the idea of an adopted younger sister.

Material Title: **Through Moon and Stars and Night Skies**
Author: Ann Turner *Children's Books* 1992 32

A little boy living in a distant country is lonely. He needs a bed of his own, a room of his own, a house of his own -- and most of all, a momma and poppa of his own. But he must travel far to get them. He must fly for a day and a night through blue skies and clouds and stars before he comes to a place he can call home... with his loving new adopted family.

Material Title: **Understanding Southeast Asian Cultures: Guidance from Cultural Perspectives and Behavioral Health and Social Work Practice (Second Edition)**
Author: Chareundi Van-Si *Books* 1999 94 pages

This book for professionals, examines the cultures of Indochina (Vietnam, Cambodia, and Laos) and how they differ from Western culture. Chapters include, "Historical Background;" "General Cultural Traits and Implications;" "Cultural Values in Comparison;" "Identifying Indochinese Names;" "Offensive Behaviors: Do's and Don'ts;" "Culturally Sensitive Approaches;" etc.

Material Title: **We See the Moon* (Children's Materials)**
Author: Carrie A. Kitze *Children's Books* 2003 30 pages

This book is designed to help adopted children talk and ask questions about their birthparents, using the moon as an imaginative tool to help them connect to their feelings. The book is affirming of both adoptive and birth families. Jinshan Peasant Paintings from China provide colorful illustrations.
