



ALASKA
center for
RESOURCE FAMILIES

Fostering Early Childhood Mental Health

May 12 and 13, 2021. 9 a.m. to 4 p.m.

SCHEDULE IN A NUTSHELL

Wednesday, May 12, 2021.

9 to Noon MORNING SESSION

OPENING SESSION Introduction to Social and Emotional Development/Early Childhood Mental Health KimAdelia Leff, LCSW, IMHS and Kristen Panamaroff, M.Ed, IMH-D II ®

Noon to 1 p.m. LUNCH

1 to 2:15 AFTERNOON WORKSHOPS

WORKSHOP 1: *Responsive Transitions – Big and Small* (Brenda Ursel, ACRF)

WORKSHOP 2: *Writing Stories: Developing Life Narratives for Young Children*

Kristen Panamaroff, M.Ed, IMH-D II ®

2:45 to 4 p.m. AFTERNOON SESSION

Building Cultural Connection and Identity in the Early Years— Jessica Saniguq, Ullrich, University of Alaska Anchorage

Thursday, May 13, 2021.

9 to Noon MORNING SESSION

- *Overview of Circle of Security -- Strengthening Attachment Between Parents and Children in the Early Years*
- *Resources You Can Use* (Project Launch Project Panel)

Noon to 1 p.m. LUNCH

1:00 to 2:30 AFTERNOON PRESENTATION

Early Intervention: The Power of Infant Learning Programs (ILP Panel)

2:45 to 4 PM AFTERNOON WORKSHOPS

WORKSHOP 1: *Bring It To The Table: Problem Solving Your Own Situations Health* KimAdelia Leff, LCSW, IMHS and Kristen Panamaroff, M.Ed, IMH-D II ®

WORKSHOP 2: *Resilience Building in Little People*—Michelle Boyden, M.Ed.