

There are abbreviated materials - "Information Packets" - that are included in this list. This list represents only materials primarily on this topic. However, there are other materials that speak to this topic available in the library (i.e., brief "Articles," etc.). Contact ORPARC for additional materials.

Violence

Material Title: **Domestic Violence 2000: An Intergrated Skills Program for Men**
 Author: David B. Wexler *Books* 2000 191 pages

Developed over 13 years with thousands of spouse abusers in the United States Navy, this 32-session program integrates cognitive behavior skills and education about the politics of abuse with a primary emphasis on respect for the abuser himself. The manual provides the background, interventions and guidelines to implement the program.

The CD "DV2000: Relaxation Exercises" can be used as a supplemental resource for this book.

Material Title: **Domestic Violence and Childhood Trauma (DVD)**
 Author: Bruce Perry *DVDs* 2002 29 minutes

This video examines how abused children often become involved later in destructive and problematic adult relationships. In some cases the adult who was abused in childhood becomes a victim again in adult relationships, in other cases they may become the perpetrator of domestic violence. Three personal stories are presented.

Material Title: **Don't Hit My Mommy! A Manual for Child-Parent Psychotherapy With Young Witnesses of Family Violence**
 Author: Alicia F. Lieberman and Patricia Van Horn *Books* 2005 146 pages

This practical handbook offers treatment guidelines to address the behavioral and mental health problems of young children whose most intimate relationships are disrupted by the experience of violence. Practitioners from a variety of disciplines will gain an understanding of the impact of violence and will discover concrete intervention strategies to address the consequences of this experience for young children.

Material Title: **DV2000: Relaxation Exercises (CD)**
 Author: David Wexler *CD-ROMs* 1999 27 minutes

Divided into three portions: "The Quieting Reflex"; "The Brief Quieting Reflex"; and "The Anger Ladder", these relaxation exercises are designed to help men deal with the powerful issues with which they are struggling. Can be used with the book "Domestic Violence 2000: An Integrated Skills Program for Men".

Material Title: **Family Influences on Childhood Behavior and Development: Evidence-Based Prevention and Treatment Approaches**
 Author: Thomas Gullotta and Gary M. Blau *Books* 2008 327 pages

This collection of 13 essays intended for clinicians examines factors associated with families in distress and factors that promote healthy coping skills and resilience. The first 5 chapters explore what family means today, circumstances that can make family life challenging or painful, and how prevention and treatment approaches can help. The next 8 chapters focus on potentially distressing events, including adoption, divorce, stepfamilies, lesbian and gay families, foster care, parents with mental illnesses, physical abuse, and sexual abuse.

Material Title: **Feet Are Not For Kicking**
 Author: Elizabeth Verdick *Children's Books* 2004 24

"Look at those feet! Aren't they sweet?" Yes—when they're walking, standing, leaping and landing. And when they're kicking balls or leaves. But not when they're kicking people! In simple words and charming full-color illustrations, this book helps little ones learn to use their feet for fun, not in anger or frustration. It also includes tips for parents and caregivers on how to help toddlers be sweet with their feet.

Material Title: **Ghosts from the Nursery**
 Author: Robin Karr-Morse *Books* 1997 298 pages

This book offers startling new evidence that violent behavior is fundamentally linked to abuse and neglect in the first two years of life. Using case histories of "children who kill," along with the latest in brain development research, the authors show how infancy is the stage during which foundations for trust, empathy, conscience and lifelong learning and thinking are laid down or during which a predisposition to violent behavior is "hardwired" into the brain.

Material Title: **Ghosts from the Nursery: Tracing the Roots of Violence**
 Author: Robin Karr-Morse and Meredith S. Wiley *Books* 2013 326 pages

When this book was published in 1997, it was lauded for providing scientific evidence that violence can originate in the womb and become entrenched in a child's brain by preschool. This revised edition continues to shift the conversation among parents and policy makers toward more preventative measures, incorporating significant advances in the field of neurobiological research over the past decade.

Violence

Material Title: **Helping Babies and Children Aged 0-6 to Heal After Family Violence: A Practical Guide to Infant- and Child-Led Work**
Author: Dr. Wendy Bunston *Books* 2017 208

After family violence, very young children and babies benefit from child-led therapy, but how do you achieve this? Dr. Wendy Bunston's guide is here to help you to meet the emotional needs of children who are experiencing trauma, and to enable them to form healthy attachments, both within their families and beyond.

As well as clearly explaining the consequences of domestic violence on young developing brains, this book demystifies the practicalities of working effectively with children in their earliest years. Examining real-life cases, it notes the distress that arises when a child is separated from his or her family, advises on the importance and complexities of children's attachments, and shows how to support playfulness as an essential part of children's healthy personal development. Instruction is provided on how to include all family members in the healing process, including the perpetrators of family violence, in a positive way to improve children's chances of recovery.

Dr. Wendy Bunston's unique approach to therapy and care, based on over 25 years' professional experience, promotes the viewing of cases from a 'child-led' perspective. Pragmatic, empathic and accessible, this book will be essential reading for anyone working with those affected by domestic violence.

Material Title: **I don't want to go to Justin's house anymore**
Author: Heather Klassen *Children's Books* 1999

PreSchool-Grade 2-When children go to play at a friend's house, they may see and experience things they have trouble articulating. Collin tries to tell his busy mom that he doesn't want to go to Justin's house, but like many preoccupied adults, she doesn't really listen. At his friend's house, the boys' play is disturbed, first when Collin sees bruises on Justin's back, and then when the child's angry father calls him into another room. Collin is upset by the sounds he overhears. Uncertain what to do, he calls his mother and asks her to come and get him. As they walk home, he tells her what has happened. While no unrealistic promises are made, Collin's mother takes responsibility to "make the call today to someone who can help Justin and his parents" and there is a hopeful ending.

Material Title: **Rebuilding Attachments with Traumatized Children: Healing from Losses, Violence, Abuse and Neglect**
Author: Richard Kagan *Books* 2004 374 pages

Rebuilding Attachments with Traumatized Children: Healing from Losses, Violence, Abuse, and Neglect is a therapeutic guide to helping troubled children move beyond the traumatic experiences that haunt them. Author Dr. Richard Kagan, Director of Psychological Services for Parsons Child and Family Center in Albany, New York, presents comprehensive information on how to understand—and surmount—the impact of loss, neglect, separation, and violence on children's development, how to discover and foster strengths in children and their families, and how to rebuild connections and hope for children who are at risk of harm to themselves and others. This unique book is designed to be used in tandem with Real Life Heroes: A Life Storybook for Children (Haworth), an innovative workbook that helps children develop the self-esteem they need to overcome the worries and fears of their past through a creative arts approach that fosters positive values and a sense of pride.

Rebuilding Attachments with Traumatized Children helps children move from negative or suppressed memories to a more positive perspective, not by denying hardships, but by drawing strength from the supportive people in their lives. Practitioners can use the book as a framework and detailed guide to assessment, engagement, development of service plans, and implementation of attachment and trauma therapy. The book is a comprehensive model for working to build the trust necessary before other trauma therapy approaches can be successfully initiated.

Topics examined in Rebuilding Attachments with Traumatized Children include:

- attachment theory and research
- types of attachment problems
- PTSD behaviors
- permanency work with children in placement
- ADHD, bipolar, and RAD
- cognitive behavioral therapies
- storytelling therapies
- the myth of perfection
- neuropsychological patterns
- and much more!

Rebuilding Attachments with Traumatized Children is a rich resource for practitioners, academics, parents, adoptive parents, foster parents, grandparents, and anyone working to show troubled children how to learn from the past, resolve problems in the present, and build a better future.

Material Title: **Something is Wrong at My House: A Book about Parents Fighting**
Author: Diane Davis *Children's Books* 1985 40

A young boy describes the frequent fights his parents have, explains how they make him feel scared and confused, and tells what he does to make himself feel better

Violence

Material Title: **Teens and Gangs: Real Life Teens (DVD)**

Author: DVD

DVDs

2007

17 min

In this DVD, Teens discuss violence, why teens join gangs, racism and gangs, why gang involvement can lead to personal risk or imprisonment. On the flip side, teens also discuss positive groups that can provide support, and positive role modeling. Hear from real teens as they tell us how they perceive gangs.

Material Title: **Things I Want Most, The: The Extraordinary Story of a Boy's Journey to a Family of His Own**

Author: Richard F. Minitier

Books

September 1, 1 273 pages

Since his removal from an abusive home, eleven-year-old Mike had been placed with a dozen foster families and institutions. Medication could not control his defiant, violent behavior. The overwhelming conclusion: nothing more could be done. Mike was labeled severely emotionally disturbed and a hopeless case by the children's home in which he lived. When Richard and Sue Minitier, who'd raised six children of their own, read his file they found no indication that Mike even wanted help. Then, almost by accident, they came across a single sheet of blue paper labeled "The Things I Want Most." Beneath that headline, written in a child's sprawling, smudgy scrawl, were the words: "A Family, A Fishing Pole, A Family." They decided to take him in.

Portraying the unpredictability, frustration, and heartbreak of everyday life with a bright but uncontrollable child scarred by abuse, *The Things I Want Most* is the engaging and earnest story of the Minitiers' first year with Mike. Despite the broken windows, attention demands, temper tantrums, and even fires, Mike and his new family survived their difficult first year together. Sustained by prayer, imagination, and the love of other family members (not the least of whom was Mike himself), they managed to turn the challenges into changes. Drawing readers into the hearts and minds of the Minitier family, *The Things I Want Most* is a testament to the reserves of strength and love it took to convince Mike that it just might be possible to have what he wanted most--a loving family.