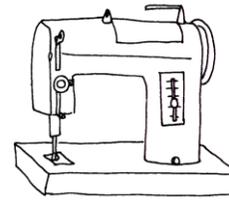


#MaskUpAlaska FOR KIDS IN FOSTER CARE



INSTRUCTIONS:

You can donate disposable or cloth face masks for this project. If you choose to sew, there are lots of good patterns for face masks out there. Below are links to two simple patterns but you may find others you prefer.

Younger children like the fun fabrics but older youth tend to like the solids and simpler designs because they are easier to match to their clothes.. Masks should be 2 to 3 layer, with quality cotton being preferred. Masks can include ties or 1/8 inch elastic ear loops (which might be simpler for children) or ear loops from soft tee shirt material. A built in nose wire can help the mask fit better around the nose and prevent glasses from fogging up. Put a lighter or plain fabric on the inside layer to help children put the mask on the same way each time. Please follow good hygiene and wash your material before and after sewing. Do not work on the masks or handle fabric if you are feeling sick.

We will be packaging up the masks 2-3 to a plastic baggie and distributing them to families so we will take your masks in bulk or separated out this way. In areas outside of the communities where there is an office, call us to find how to ship to us or we can work with your area OCS office.

Alaska Mask Makers has a great website to learn more and has additional opportunities to get involved. <https://www.alaskamaskmakers.org/> We thank them for the instructional video link below.

- Alaska Mask Makers-- Simple Face Masks Video
<https://www.alaskamaskmakers.org/make-masks>

Children's sizes for this pattern would be:

- 3-10 Years: 6 x 5 ½ inch Fabric with 5 ½ to 6 inch elastic ear loops
- 10 to 15 Years: 7 x 6 inch Fabric with 7 inch elastic ear loops
- 15 Years +: 9 x 7 inch Fabric with 7 inch elastic ear loops

- Simple Kids Facemask Tutorial
<https://www.youtube.com/watch?v=Zg0Dy4PTqqY>

Donate to your local Alaska Center for Resource Families Office. Please call to make appointment to drop off at the office nearest you.

Anchorage 907-279-1799

Fairbanks 907-479-7307

Mat Su 907-376-4678



Or email acrf@nwresource.org in advance to make arrangements for drop off.



**THANK YOU
"SEW" MUCH!**

For more information about how to support this project, please contact Aileen McInnis at amcinnis@nwresource.org

